

Health Plan luhn acn Oregon (OHP)



Kol in Sa Muhtwacwacack kuh Ahkfahsrye

September 2020



Health coverage ma state luhn
acn Oregon offer kuh sang te moui

Pain kom nuhke

Health Plan luhn acn Oregon

**Pwepuh in kol se ngwe e kahsrekom
in kuh in orekmakin OHP in pihsrpihsr,
ac oruh kom in te mas.**

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Enenuh kahsruh?

Eis Handbook luhn OHP



Som nuh
OHP.Oregon.gov



800-273-0557
(TTY 711)

Kom orekmakin fuhkah OHP lom an

Pain kom nuhke OHP! Ukwe step tolu ngwe in sokwack kahsruh.

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Etwacлах CCO lom an

2 
Sulaclah mwet kahsruh lom an

3 
Oraclah appointment lom an

1 Etwacлах CCO lom an



Oasr kahsruh luhn OHP ke acn kom muhta we an. Plan ngwe pahngpahng coordinated care organizations kuh CCOs. Inkaiyacn OHP ngwe wih kuh oasr ke CCO.

CCO lom an kuh in kaksrekom sokwack enenuh lom an. CCO lom an orekma wih mwet kahsruh suc pa doctor, counselor, nurse, ac mwet orek wihs muhta infahrom kuh siskom. Kom kuh in sokwack mwet kuh acn kahsruh ngwe ke website luhn CCO lom an. Kom kuh in pahngon pac CCO lom an lohngohk pac.

E fin kom sasuc nuhke OHP, CCO lom an ac supwacoht letter in pain kom ac ID card lom an week luu tukun kom welah OHP.

- **E fin kom enenuh kahsruh met liki,** kom kuh in pahngon acn kuh mwet kahsruh OHP inge.

Kom ac kuh in koflah wih CCO ke srihpen oasr insurance sahyac lom tari kuh mas lom an tena Lelah kom in orekmakin CCO. Etweyuck kain oiyac se ngwe muh “open card” ac “fee-for-service”.

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2

Sulaclah mwet kuh acn kahasruh lom an



Mwet kahasruh kuh primary care provider se pa kom ac fahsri, pe ana pacl eis ono ac karihngihnyuck lom an. Kom kuh in sulaclah sie, kuh CCO lom an kuh in kahasrekom sulaclah sie. Mwet se ngwe kuh in doctor se, nurse se ac kuhtuhpacna sahyac. Nimet muhlkuhnlah in sihyuck sin CCO lom an ke mwet orek wihs kuh mwet kahasruh ke mental health kuh mwet mas kihn sihfac.

E fin kom tena sulaclah mwet kahasruh se kom luhngse liye, CCO lohman el ac sulaclah sie lom. CCO lom an el ac supwacoht lacta se nuhsun wih information luhn mwet kahasruh lom an. Kuhtuh ID card luhn CCO ngwe ahkahlwemye mwet kahasruh lom an.



Kom kuh in suk kahasruh inse bit.ly/COplans.

Sokwack CCO lom an inse ac tanyac “Provider Directory.” **Wacngihn CCO?** Pahngon **800-562-4620** in eis kahasruh kuh sokwack mwet kuh acn kin kahasruh.

Kainin kahasruh kuh enenuh	Examples
Mwet kahasruh Ngac kom ac enenuh appointment lom an	<ul style="list-style-type: none"> • Kom puhla muh kom mas • Pahluh lom ke pacl e nuhkewa • Ono sasuc lom kuh nihmom
Kahasruh elyah Ke kom enenuh kahasruh misenge uh koflah liye doctor lom an	<ul style="list-style-type: none"> • Fihrihr kuh follah tena upac • Ulullih luhn ikwac • Tihsrihllac kapihnihyac
Acn in muhta elyah Ke pacl kom enenuh kahasruh ingena ke srihpen upac mas lom kuh ongaiyac lom	<ul style="list-style-type: none"> • Srahsrah tiac tui kuh koflah in tui • Kaptwelihk srih

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3

Oraclah appointment lom an



Kom kuh in oraclah appointment lom an urin mwet kasruh pacl se na kom oraclah sulaclah lom an. Fahk nuhsin mwet kuh acn kasruh lom an lah oasr OHP lom, CCO , ac health coverage sahyac lom an. Ahkolah ID card lom an pacl se kom pahng an.

Us tukuh kisensiyuck lom an kom in siyuck sin acn kuh mwet kahsruh lom an. Oruh kom in ahkolah kom in sramsram ke mas ma sucu lom an wih ke pacl somlah ac ono kuh mwe kahsruh kom muhta eis an.

Mwet kahsruh kuh acn kahsruh lom an ac kuh in usot ono kuh ma kom enenuh in etuh kuh oruh tok kuhtuh. E fin oasr ma kom tena kahlwem kac, kom kisensiyuck. Mwet kahsruh lom an oasr in kaksre kom.



Kom enenuh mwe kahsruhsr? Mwe kahsruhsr el te mou. E fin kom enenuh mwe kahsruhsr nuhke appointment lom an, pahngon CCO lom an. E fin wacngihn CCO lom, pahngon mwe kahsruhsr luhn OHP infahrom kuh acn kom muhta we an. Som nuh inse in liye bit.ly/ridesohp list ke mwe kahsruh ke kahsruhsr ngwe.



Nga enenuh mwet in luhngaslah kas? OHP lom an kuh in kahsruh sokwack sie. Fahk nuhsihn office se kaksrekom kuh acn in ono sacn kas lom an. Ahkahlwemye nuhseltahl len se kuh luo met liki appointment lom an. Srack enenuh kahsruh? Pahngon 844-882-7889.

Enenuh kahsruh?
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Som nuh
OHP.Oregon.gov



800-273-0557
(TTY 711)

Kom ac karihngihn fukah OHP lom an?

Renew your OHP

We need updated information every year to make sure you still qualify for OHP. We call this renewing your OHP.

When it is time for you to renew, we will send you a letter.



Sruhwack
sie letter
yurin OHP



Ukwe
inkacnek in
ahksasuc inge



Sang nuhsin
OHP fin oasr
ma sahyac
elos siyuck



Kom fin srack
kuh in wih, OHP
lom an ac sul
ahksasucyeyucklac!



Kom kuh in orekmakihn account se lom online ngwacn in liye OHP lom an. Som na inse [ONE.Oregon.gov](https://www.ONE.Oregon.gov) in ukyak nuhke account lom an kuh in oraclah sie.



OHP lom an kuh in tui fin address an tahfonglac.

Fahk nuhseltahl kom fin ac mukuilac. Inmuh eltahl kuh in sruohkomi ke OHP lom an.



Oasr suwohs lom ke kom wih (member) luhn OHP.

Som nuhke bit.ly/myohprights in etwacack ke suwohs lom ac ma kom enenuh in ohruh.

Enenuh kahsruh?

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OHP.Oregon.gov



800-273-0557
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Mac ma eklah enenuh in ahkahlwemyeyuck

Ahkahlwemye ma eklac

Fahk nusin OHP pacl ma oasr eklac ke moul lom suc pa pihutuhtuh, pahyuck, orekma sasuc, kuh acn muhta sasuc. Kom enenuh in fahk pac in oasr eklah suc pa fin mwet se som liki kuh tuhkuh wikom muhta, kauli yen kacl pous, kuh oasrih health insurance.



Kom kuh in liye ma ma e eklac kom enenuh in fahkwack ac fahk nuhseltahl inse bit.ly/ohpchanges.

Orekmakin sie sin ma inge in ahkahlwemyec eklac ngwe:



Online: Orekmakin ONE.Oregon.gov account se nge.



Phone: Pahngon 800-699-9075, TTY 711 ac fahk nuhsesr.



Email: Som nuh bit.ly/ohpsecure in supwacлах email ma secure kuh kaul ne oregon.benefits@dhsosha.state.or.us.



In person: Som nuh inse oregon.gov/DHS/Offices in sokwack office luhn Department of Humans Services siskom.

Enenuh kahsruh?

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Kuh benefits fukah lom

Inkaiyacn mwet wih Health Plan luhn acn Oregon ngwe oasr OHP plus benefits la.

OHP Plus el karihngihn ono, wihs, ac karihngihyuck ke oyac lom. Kuhtuh ma inge pa:

- + Karihngihnyacn ono, pahluh lom, fakfuhk, ac petsac in mahno
- + Karihnyacn wihs, suc pa owo wihs, ahkmuhstra ke wihs, pohn, ac fihf kuh fihsyuck wihs
- + Ono in karihngihn kom in te pihthuhtuyak ac ahkweyacyacn sucu se in te puhs tuhlihk nutum
- + Muhtah kuh kaul lom yen mas
- + Ono lom kuh nihmom
- + Mukwihkwih, orekma ac sramsram ke therapy kuh ono
- + Mas kin insifac, suc ma enenuh kahsruh kuh counseling
- + Kahsruh kom fin koflah in tui kuh tilac sismohk, nihmihm ac mwe sruhi
- + Karihnyuck ma elyah kuh upac sensen kac
- + Mwe kahsruhsr ne ke appointment lom health care
- + Karihngihnyuck nuhke muhtuh tuhlihk yac 21 ac muhtwacn pihthuhtuh

Karihngihnyuck luhn ongaiyac upac muhkwena (CAWEM)

Kuhtuh mwet mahtuh ma tena oraclah ma eneneyuck ke immigration status la an oasr CAWEM coverage la. Ma se ngwe pahngpahng pac muh **emergency Medicaid**. Ma se ngwe karihngihn ongaiyac upac, suc pa kaul lom yen mas ac kom fin wih ambulance.

CAWEM Plus ac OHP wih mwet ma wih Limited Drug benefits lah ngwe oacpacna OHP Plus ac ma ahkahlwemyuck luhng ngwe.

- + CAWEM Plus el ma nuhsin mwet mahtuh ma pihthuhtuh suc ma tena oraclah ma eneneyuck ke immigration status lom an.
- + OHP ma Limited Drug el ma nuhsin mwet ma oasr OHP ac Medicare Part D lah.

Karihngihnyuck luhn Medicare upac muhkwena (QMB)

Kuhtuh mwet mahtuh ngwe kuh in wih Medicare tuh te Medicaid. Eltah kuh in eis Medicare Part A and B coinsurance ac premiums ngwe OHP e moli. Ma se ngwe pahngpahng QMB. Mwet kuh acn kahsruh ngwe te kuh in eis molin ono sin mwet ma wih QMB ke health care ma karihngihnyuck sin Medicare.

Enenuh kahsruh?

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Kom ac eis fukah kasruh?

Pahngon CCO lom an kom fin:

- Eneuh kasruh in oraclah appointment lom an
- Eneuh kahsrh in sokwack mwet kuh acn in kahsrh kuh luhngse ekulah mwet kuh can in kahsrh
- Oasr kihsensiyuck ke karihngihyuck kuh kahsrh
- Eis molo se lom an

Som nuh inse bit.ly/CCOplans ac tanyac “CCO Plans”.

Pah ngon Mwet Karihgnihn Kahsrh luhn OHP ke 800-273-0557 (TTY 711) fin kom:

- Ke ukuhllah CCO lom an
- Eneuh OHP ID card sasuc
- Tena oasr kuh wih CCO ac:
 - Ke wellac kuh ihlyak nuhke CCO
 - Eis molo se
 - Eneuh kahsrh oraclah appointment se
 - Kihsensiyuck kin kahsrh lom an



Ma kom eneuh in etuh ke kahsrh lom an oasr ke Handbook luhn OHP an. Som nuhke OHP.Oregon.gov kuh pahngon 800-273-0557 (TTY 711) in eis sie copy ac.

Pahngon Mwet Sang Kahsrh luhn OHP ke 800-699-9075 (TTY 711) kom fin:

- Oasr kihsensiyuck ke application lom an
- Kom pihtuhtuhyack kuh ihsuslac tari
- Ahollah ac kom muhta we, kuh email, kuh telephone number lom an

Eis kahsrh sin acn kom muhta we an

- In sokwack office luhn DHS ma fototo nuh yurum an son na inse oregon.gov/DHS/Offices.
- Mwet certified se luhn OHP suh wih kahsrh ke acn kom muhta we acn kuh in kahsrekome ke application lom an. Sokwack sie in se bit.ly/ohplocalhelp. Kahsrh se ngwe tena mouh.

Eneuh kahsrh?

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Som nuh
OHP.Oregon.gov



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Acn kuh state luhn acn Oregon el offer
Kahsruh ke Health ma tena mou!



**Ma kom enenuh in etuh ke kahsruh
ngwe oasr ke Handbook luhn OHP
uh.** Som nuhke [OHP.Oregon.gov](https://www.ohp.oregon.gov) kuh
pahngon 800-273-0557 (TTY 711) in
eis copy kac.

Kom kuh in eis pwepuh se ngwe ke kahs sahyac,
yok sihm kac, ac sihm nuhsin mwet kun kuh
atacn sihm kom luhngse an. Pahngon Oregon
Health Plan ke 800-273-0557. Kuht eis pahng
ma tahfweyuck kuh kom kuh in tan 711.