

# Hepatitis A: What you need to know

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## What is it?

Hepatitis A, or Hep A, is an illness that affects the liver.

A virus causes Hep A. It spreads easily from person to person.

You will usually be sick for less than two (2) months. However, you can be sick for as long as six (6) months.



You can get this document in other languages, large print, braille or a format you prefer. Contact Acute and Communicable Disease Prevention at 971-673-1111 or [OHD.ACDP@dhsosha.state.or.us](mailto:OHD.ACDP@dhsosha.state.or.us) We accept all relay calls or you can dial 711.

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## How can I keep from getting it?



Get a Hep A vaccine.



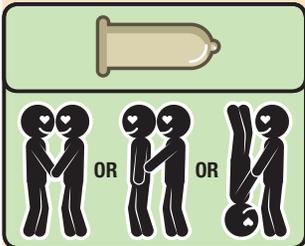
Wash your hands with soap and water.



Avoid sex with an infected person.



Avoid close contact with an infected person.



Practice safe sex. Use a barrier method, like a condom.

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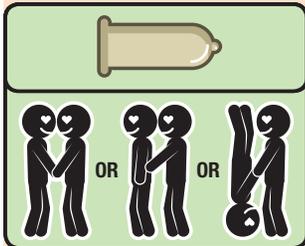
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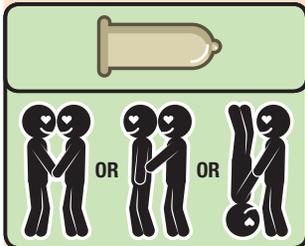
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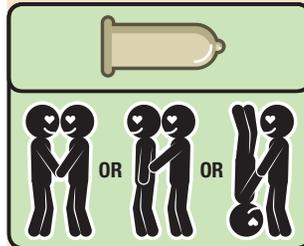
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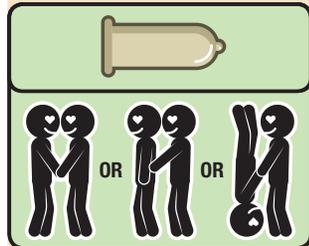
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