

Social Media Messages for Chickenpox Outbreaks

Facebook posts

There are several things you can do at home to help relieve fever and itching and prevent skin infections. Calamine lotion and colloidal oatmeal baths may help relieve some of the itching. Keeping fingernails trimmed short may help prevent skin infections caused by scratching blisters. <https://www.cdc.gov/Chickenpox/about/prevention-treatment.html>

The best way to prevent chickenpox is to get the chickenpox vaccine. Children, adolescents and adults should get 2 doses of chickenpox vaccine. Chickenpox vaccine is very safe and effective at preventing the disease. Most people who get the vaccine will not get chickenpox. <https://www.cdc.gov/vaccines/vpd/varicella/public/index.html>

Twitter posts

Immunization is key in preventing #chickenpox. #vaccineswork
<https://public.health.oregon.gov/PreventionWellness/VaccinesImmunization/GettingImmunized/Pages/children.aspx>

#Chickenpox vaccination: What everyone should know.
<https://www.cdc.gov/vaccines/vpd/varicella/public/index.html>

Been exposed to #chickenpox? Do you need the vaccine? Learn more:
<https://www.cdc.gov/vaccines/vpd/varicella/public/index.html>

Immune against #chickenpox? If not & you're exposed chickenpox or #shingles, talk with your doctor about getting vaccinated.
<https://www.cdc.gov/vaccines/vpd/varicella/public/index.html>

You should get #chickenpox vaccine within 3 days of being exposed. #vaccineswork
<https://www.cdc.gov/vaccines/vpd/varicella/public/index.html>

Prevention videos

- **Chickenpox Can Be Serious (La varicela puede ser grave) (Web feature article)**
English: <https://www.cdc.gov/Features/PreventChickenpox/>
Spanish: <https://www.cdc.gov/spanish/especialesCDC/Varicela/>
- **Las vacunas nos protegen (Vaccines Help Protect Us) podcast/PSA for kids (transcript available)**
Spanish: <https://www2c.cdc.gov/podcasts/player.asp?f=8630647>

- **The Chickenpox Blister Sisters podcast/PSA for kids (transcript available)**
English: <https://www2c.cdc.gov/podcasts/player.asp?f=8628019>
Spanish: <https://www2c.cdc.gov/podcasts/player.asp?f=8630650>
- **Chickenpox — What You Need to Know (transcript available)**
English: <https://www2c.cdc.gov/podcasts/player.asp?f=8621085>