

# Aninis ren mongo?



**Mei wor ekkoch pekin aninis akawor an epwe anisi ngonuk met ekkewe omw osupwang**

## En mei mochen ekewe pekin aninis ren anomw mongo?



**Non atun an sukoon kasip me non summer, mi wor aninisin mwongo ese kamo.** Semirit ier 18 me feitiw ir mi tongeni angei ekei aninisin mongo ese kamo me pwan ener seni ewe Prokramen Summer Food Service (SFSP) me Seamless Summer Options (SSO). Ikei ekei nenien awora ekei mongo atun summer en mi tongeni katon meni neni ee kane ngonuk iwe teta won [www.summerfoodoregon.org](http://www.summerfoodoregon.org), ika texini "Food" ika "Comida" ngeni **877-877**, ika kori **2-1-1**.



**SNAP** (ika food stamps) mei aninis ngonuk ren kamoan mongo ika pisek. Apply ikenai. Kuta porousan ekewe pekin aninis won [govstatus.egov.com/or-dhs-benefits](http://govstatus.egov.com/or-dhs-benefits) ren omw kopwe angei aninis ren SNAP, aninis ren moni, insurance, nenien semirit, pwan ekewe pekin aninis Kokori **211** ika kori noumw ewe [ofesin ODHS](http://ofesin.ODHS) ren ekoch kapas eis. Angei ekei aninisin mongo nupwen omw ka ukuti noumw ewe insurance ren omw kose angang(unemployment insurance).



**Ekewe nenien awora mongo, nenien angei ika nenien atouran mongo:** An Oregon Food Bank network pwan 1400 kapachen ekewe ekoch nenien awora mongo mei suk non unusan Oregon pwan Southwest Washington. Chomong ra awora pekin aninis ren drive, ika fetan, ika pwan ekewe pekin rekan atoura mongo ngeni aramas. Totta won ei [oregonfoodfinder.org](http://oregonfoodfinder.org) ren ekewe neni ika kokori **2-1-1** ren pekin aninis.



**WIC** mei awora ekewe pekin mongo mei eoch ika murino re ngeni pekin aupw ren ekewe famini mei wor neur ra kisi seni 5 ier pwan ngeni ekewe fefin mei popo. Totta won ei [healthoregon.org/wic](http://healthoregon.org/wic) iwa ka tiki won ena mak itan WIC Interest Form button, En mei tongeni kokori **2-1-1** ika kapas eis ngeni ekewe chon angangen non pekin safei ika health ren fefin. Sia etiwa ekewe re keran amasou!



## Ika en ier 60 eta nge en mei wor terem, en mei mochen ekei pekin aninisin mongo?

Ewe ofesin Aging and Disability Resource Connection (ADRC) seni ewe An Oregon Older Adult Meals Program ("Meals on Wheels") ra awora ar aninis ren mongo ngeni ekewe awateno aramas (chinap) non kinikin Oregon. Seni ekewe ra ier 60 eta ir mei tongeni angei ekei aninisin mongo. Ei pekin aninisin ren mongo mei free resapw pwan cheki om anen moni tonong. Ewe ADRC mei tongeni pwan aninis ngonuk ngeni ekewe prokramen aninis ika mei wor terem, ese nifinifin ika fitu ierum pwan anisi ngonuk ekewe ekoch prokramin aninis ren mongo. Totta won [adrcforegon.org](http://adrcforegon.org) ika kokori **1-855-673-2372**.

## En mei need sopusopun porausen ekkewe pekin aninis?

En mei mochen sinei eochu tichikin porous ren ekei pekin aninis? Ren fatefateochun porousan ekei pekin aninis ren choweian pekin mongo, tumunun inisum, me ekewe aninisin omw kose tongeni angang en me tongeni cheki ei [govstatus.egov.com/or-covid-19](http://govstatus.egov.com/or-covid-19).



En mei tongeni kokori **2-1-1 info**, ika fen text ngeni ei nampa **898211**, murin wanong nampan omw we ZIP code, ika totta won [211info.org](http://211info.org)

En mei pwan tongeni kokori ewe Aging and Disability Resource Connection of Oregon ren **1-855-673-2372** ika totta won ei [adrcforegon.org](http://adrcforegon.org).



Ke tongeni omw kopwe angei noum kapin ei taropwe, ese kamo, non fosun fonuom, ika non "large print" (mak mei kan mese watte), ika non "braille" (faniten ekewe mei chun), ika ren pwan ekoch sakkun pisekin ika angangen awewe. Kokori 2-1-1 ren 1-866-698-6155 ika email [help@211info.org](mailto:help@211info.org) Aipwe etiwa "relay calls" ika ke tongeni pwisin kori 711.