

申報變動

申報有關您的收入或家庭的變動，有助於確保您現在獲得正確的福利金額，避免日後被要求返還款項。

一旦您獲批准領取 SNAP 福利，您需要申報的變動列在您的資格通知書的最後一頁。

您需要申報的收入上限因每個家庭而有不同。請查看您的資格通知書 (NOE)，以了解哪些適用於您的情況。

Changes you must report for SNAP
Have any of the following changed in your household?

Your household gross monthly income (before taxes or deductions) goes over **\$2,798.00***

Someone in your household wins \$4,500 or more from lottery or gambling

* When you report a change to income, you may receive a separate letter requesting the proof.

Changes you may want to report for SNAP
Have any of the following changed in your household?

Your household has a reduction in gross monthly income (before taxes or deductions)

Your household has more expenses

Someone has moved or has a new mailing address

Someone no longer lives with you or someone new lives with you



請務必定期查看您的郵箱和 ONE 線上帳戶，查看是否有新通知和請求。

當您第一次進入儀表板時，請查找 **Requests for Information** (索取資訊)，這表明我們正在向您查找更多資訊或更新資訊。

My Dashboard My Actions Change My Medical Plan **Messages** Community Partner Info Authorized Rep Settings

Case Number:
[View My Other Cases](#)

Actions

Apply Now

Report a Change

Update Contact Information

Close My Benefits

Request For Information

Below is a list of items that we have requested for you to provide.
Remember: These requests are time sensitive. The request will no longer display after the time to respond has passed.

	Program	Type of Information	Name of Person	Date Needed
!	SNAP	Proof you applied for a Social Security number		11/30/2025

! An exclamation means you still need to attach a document.

✓ A checkmark means you have already attached this document.

Upload Now

My Dashboard My Actions Change My Medical Plan **Messages** Community Partner Info Authorized Rep Settings

Message Center

Past year

Subject	From	Received	Program
We need more information or proof	Oregon Eligibility (ONE)	01/24/2025 08:50 PM	Combined
SNAP Eligibility Decision	Oregon Eligibility (ONE)	12/13/2024 08:00 PM	SNAP

您還可以在消息中心找到最新請求和通知，網址為：
<https://www.oregon.gov/odhs/benefits/pages/contact.aspx#messagecenter>



如果您的生活發生變動，請告知 ODHS



網站
benefits.oregon.gov



歡迎使用轉接電話
800-699-9075



親自前往



辦公地點
查找工具

您可免費取得本文件的其他語言版本、大字版、盲文版或您慣用的格式。請致電 1-800-699-9075 與 ONE 客戶服務中心聯絡。歡迎使用轉接電話。