

Reporting Your Income When You Apply or Renew for SNAP

Tell us about all your income so you get the right amount of benefits

How is Income Considered in SNAP?

When you apply for SNAP food benefits, ODHS looks at **all the income in your home** — both money you earn from work and money you get from other sources. Be sure to include how much everyone in your household makes.



The amount of SNAP benefits you get depends on your household size and total income.

What is earned income?

This is money you get from work, such as:



Work wages or hourly pay



Salary



Self-employment or gig work

Be sure to report tips, bonuses, gig work and income from everyone in your household.

What is unearned income?

This is money that does **not** come from work, such as:



Annuities/Interested or Dividends



Social Security benefits



Child support



Veterans' benefits

Bring income documents for your interview

Gather what you can before we talk — but don't worry if you don't have everything. We will work with you.



How to apply



Website
benefits.oregon.gov



Relay Calls Welcome
800-699-9075



Visit In-Person



Office Locator

You can get this form in other languages, large print, braille or a format you prefer free of charge. Call the ONE Customer Service Center at 1-800-699-9075. Relay calls welcome.