OREGON DEPARTMENT OF Human Services

The Oregon Department of Human Services (ODHS) is Oregon's principal agency for helping people in Oregon achieve well-being and independence.

Our services include

Aging and People with Disabilities

We provide services for older adults and adults with disabilities. Our services include help at home or in the community, Medicaid long-term care services, housing support, meal programs, employment help, and resource information.

- **Adult Protective Services:** Investigate and prevent abuse to keep people safe from harm.
- **Aging and Disability Resource Connection (ADRC) of Oregon:** Help people explore long-term care options and provide resource information and referrals. To contact a local ADRC, call **855-ORE-ADRC (855-673-2372).**
- Help with applying for Medicaid services.
- Free Medicare help through the Senior Health Insurance Benefits Assistance (SHIBA) Program. Call **800-722-4134.**
- Resources for people who have had a brain injury. Call **833-685-0848.**
- Resources for people who are Deaf, DeafBlind, and Hard of Hearing. Email odhs.info@odhs.oregon.gov

Self-Sufficiency

We help people get cash, food, and other support to meet their needs and reach their well-being.

- **Food Benefits:** The Supplemental Nutrition Assistance Program (SNAP) puts healthy food on your table. Also training, resources and support to get and keep jobs.
- **Cash Assistance:** The Temporary Assistance for Needy Families (TANF), Refugees (REF-Cash) and Temporary Assistance for Domestic Violence Survivors (TA-DVS) support basic and safety needs

Resilience and Emergency Management

We help people and communities be safe with a focus on the people and systems that support them before, during, and after disasters.

You can get this document in other languages, large print, braille or a format you prefer free of charge. Contact the Communications Department at communications.odhs@odhs.oregon.gov or 503-945-5600. We accept all relay calls.

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Vocational Rehabilitation

We help people with all kinds of disabilities find and keep jobs and advance in their careers. Support includes career counseling, education, training, assistive technology, preparing for job interviews, and more.

- **Youth Services:** Help young people with disabilities ages 14 to 24 get work skills and explore careers.
- **Business Resources:** Connect employers to job seekers who are qualified, pre-screened and ready to work.

Developmental Disabilities Services

We provide services for children and adults with intellectual and developmental disabilities. These lifelong supports meet each person's needs so they can live the life they want in their community.

- **Residential Services:** 24-hour support settings and homes outside of one's own or family home.
- **Employment Services:** Support to find and succeed in a job and take part in one's community.
- **In-Home Services:** Support to live in one's own or family home.
- **Foster Home Licensing:** Help people become licensed Foster Home providers for adults or children.
- **Other Services:** Assistive devices and technology, behavior support, nursing, transportation, home and vehicle modifications, family training and more.

Child Welfare

We help children and families live safe, stable, and healthy lives. We are part of a statewide system that supports children, families, and communities. We also work with the Nine Tribes of Oregon and other Tribal nations to follow the Oregon Indian Child Welfare Act.

- **Oregon Child Abuse Hotline:** Assess child safety risk and need for services.
- **Child Safety:** Help keep children safe in their homes.
- **Reunification:** Reunite children with their families.
- **Adoption:** Support adoption when children cannot return home.
- **Resource (foster) care:** Provide temporary placement of a child in resource care.

Ways you can reach us

Visit our website at oregon.gov/odhs or scan the QR code.

To report abuse or neglect of a child or adult in Oregon, call **855-503-SAFE (7233).**

For medical, food, cash and child care visit benefits.oregon.gov, scan the QR code, or call the ONE Customer Service Center at **800-699-9075.**

Follow us on our social media channels

- **Facebook -** @ORHumanServices
- **Instagram -** @ORHumanServices
- **YouTube -** @ORGovDHS