



# Lesson 9

## Recognizing and reducing risks

### **My Future-My Choice™**

A sexual health curriculum for adolescents



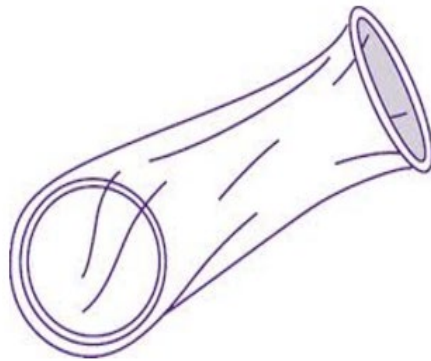
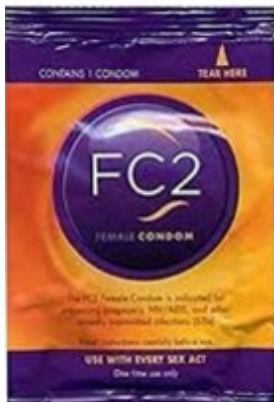
# External condoms

Provides protection against STIs



# Internal condoms

Provides protection against STIs



# Dental dam (not a contraceptive)



Provides protection against STIs during oral sex

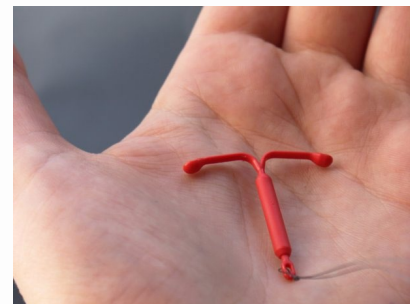
# Gloves and finger cots



Provides protection against STIs during manual sex

# Hormonal contraception

Does not provide protection against STIs



# Emergency contraception

