Your SNAP food benefits may increase by claiming your medical expenses.

Medical treatment or services
Claim your cost for items like:
- Doctor visits
- Hospital stays
- Alternative medical treatment (such as acupuncture and chiropractor treatment)
- Home health care
- Visiting nurse
- Physical therapy

Medical equipment and supplies
Claim your costs for items like:
- Mobility aids
- Prosthetics
- Communication equipment for hearing or visually impaired
- Incontinence products
- Dentures
- Eye glasses/contacts
- Hearing aids and batteries

Transportation costs
Claim your out-of-pocket costs to get allowable medical services and supplies.

Service animal expenses
Claim the costs for a specially-trained service animal, including vet bills and food.
Frequently asked questions

Who can claim medical expenses?
Anyone in your SNAP household who is at least 60 years old or disabled and has out of pocket medical costs, can claim medical costs.

What proof do I need to show?
Receipts or bills showing the household member paid for or was billed for an allowable medical cost.

Which medical expenses are allowable?
See the inside of this brochure for a sample of allowable costs. If your cost isn’t listed, ask your worker if it’s allowable. Only the costs not reimbursed by insurance are allowed.

Do I need to give proof every time I reapply for my food benefits?
Yes.

Can I claim a new medical cost when I receive the bill?
Yes. You can report when your costs increase or when you have new costs and you may receive more food benefits.

How much more in food benefits will my household receive?
That depends on a lot of factors. After you give the agency all the information and verification requested, your worker will determine how much you will receive.

Health insurance premiums
Claim the health insurance premiums you have to pay, including those deducted from your wages and Medicare.

Prescriptions
Claim your out-of-pocket cost for:
- Prescriptions
- Postal fees for mail order prescriptions

Over-the-counter medicines prescribed or recommended by a health care provider
Claim your cost to purchase over the counter items your health care provider prescribed or recommended to treat a medical condition or ailment. This includes items like:
- Antacids
- Aspirin and NSAIDs
- Vitamins and minerals
- Herbal supplements