Attention SNAP participants!
Rules are different.
FIND OUT WHAT IT MEANS FOR YOU.

SNAP rules are changing for most of Oregon starting April 1, 2020.

The new rules apply to SNAP customers who:

- Are age 18 through 49 years old
- Do not have children under age 18 in their SNAP filing group
- Are able to work.

Rules are not changing for SNAP customers who live in Crook, Curry, Grant, Harney, Klamath or Wallowa counties.

If you want help to find opportunities to meet the work requirements, we can help you!

Call your worker right away to find out what you need to do to keep your SNAP benefits. For a list of local offices and phone numbers:

- Go to www.oregon.gov/DHS/Offices/Pages/index.aspx, or
- Call 211Info by dialing 211

New rules mean some have a time limit for getting food benefits.