

# COMMUNITY PROTECTION



To help **limit the spread of the virus that causes COVID-19**, we encourage avoiding in-person contact. Below are alternative methods of reaching **DHS Self-Sufficiency Programs**:

## Customer Service

- Phone: \_\_\_\_\_
- Email: \_\_\_\_\_

Apply online for food benefits, health care (OHP), child care (ERDC) and cash assistance (TANF): **OHP.OREGON.Gov**

# Thank you for your patience!