

EVERYONE DESERVES TO FEEL SAFE AT HOME

You are not alone

- Domestic violence can increase when you are separated from others.
The Department of Human Services (DHS) is here for you and your children.
So are advocates!

Connect to a domestic violence advocate

- Confidential domestic violence advocates are in all Self-Sufficiency Program (SSP) offices.
- Advocates offer:
 - Safety planning
 - Resources, and
 - Someone to talk to.
- During the COVID-19 response, advocates are still available but may not be in the office.
- Ask your DHS office to help you connect to an advocate.

How DHS can help

- DHS supports families with cash help if their safety is at risk due to domestic violence. This help comes from the Temporary Assistance for Domestic Violence Survivors program.
- You can receive up to \$1,200 over 90 days. You can use the funds to get safe and stable by paying for things like:
 - Security deposits
 - Moving costs
 - New locks, and
 - Security cameras.

How to apply

- Complete the DHS 415F Application for Services and check “domestic violence help” on the first pages.
- Find the application online or at a local office.
- Bring your application to an SSP office. Call 2-1-1 to find your local office.
- For other options to apply – contact your local DHS office.

When you turn in an application for domestic violence help,

DHS will:

- Offer you an in-person appointment right when you apply
- Phone you if you ask for a call and cannot come into an office for an appointment.

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FOR HELP TO STAY SAFE

Call the National Domestic Violence Hotline
1-800-799-7233 or text LOVEIS to 22522.

To find your local advocate visit:
<https://www.ocadsv.org/find-help>

