

申报变动

申报有关您的收入或家庭的变动，有助于确保您现在获得正确的福利金额，避免日后被要求返还款项。

一旦您获批准领取 SNAP 福利，您需要申报的变动列在您的资格通知书的最后一页。

您需要申报的收入上限因每个家庭而有不同。请查看您的资格通知书 (NOE)，以了解哪些适用于您的情况。

Changes you must report for SNAP
Have any of the following changed in your household?

Your household gross monthly income (before taxes or deductions) goes over **\$2,798.00***

Someone in your household wins \$4,500 or more from lottery or gambling

* When you report a change to income, you may receive a separate letter requesting the proof.

Changes you may want to report for SNAP
Have any of the following changed in your household?

Your household has a reduction in gross monthly income (before taxes or deductions)

Your household has more expenses

Someone has moved or has a new mailing address

Someone no longer lives with you or someone new lives with you



请务必定期查看您的邮箱和 ONE 线上账户，查看是否有新通知和请求。

当您第一次进入仪表板时，请查找 **Requests for Information** (索取信息)，这表明我们正在向您查找更多信息或更新信息。

My Dashboard My Actions Change My Medical Plan **Messages** Community Partner Info Authorized Rep Settings

Case Number:
[View My Other Cases](#)

Actions

Apply Now

Report a Change

Update Contact Information

Close My Benefits

Request For Information

Below is a list of items that we have requested for you to provide.
Remember: These requests are time sensitive. The request will no longer display after the time to respond has passed.

	Program	Type of Information	Name of Person	Date Needed
!	SNAP	Proof you applied for a Social Security number		11/30/2025

! An exclamation means you still need to attach a document.

✓ A checkmark means you have already attached this document.

Upload Now

My Dashboard My Actions Change My Medical Plan **Messages** Community Partner Info Authorized Rep Settings

Message Center

Past year

Subject	From	Received	Program
We need more information or proof	Oregon Eligibility (ONE)	01/24/2025 08:50 PM	Combined
SNAP Eligibility Decision	Oregon Eligibility (ONE)	12/13/2024 08:00 PM	SNAP

您还可以在消息中心找到最新请求和通知，网址为：
<https://www.oregon.gov/odhs/benefits/pages/contact.aspx#messagecenter>



如果您的生活发生变动，请告知 ODHS



网站
benefits.oregon.gov



欢迎使用中继呼转
800-699-9075



亲自前往



办公地点
查找工具

您可以免费获得此文件的其他语言版本、大号字体版本、盲文版本或您偏好的格式版本。请致电 1-800-699-9075，联系 ONE 客户服务中心。欢迎使用中继呼转。