


Stay Safe – Wear a Mask or Cloth Face Covering


COVID-19 mask and cloth face covering guidance for consumer–employers and homecare workers, personal support workers, and personal care attendants.

Recommended




KN95 or respirator 
best choice in
high-risk and high-
transmission settings




Double masking 
using a surgical
mask and a
cloth mask



A well-fitting
surgical mask 
(tied and tucked)



A cloth mask 
with two or more
layers that has a
good fit

Masks and cloth face coverings

Aging and People with Disabilities (APD), the Office of Developmental Disabilities Services (ODDS), Oregon Health Authority, Health Systems Division and the Oregon Home Care Commission (OHCC) are committed to helping the people we serve and homecare workers, personal support workers, and personal care attendants to stay safe. Based on the Governor's current guidance we are maintaining a mask and cloth face covering policy.

A provider who does not live with their consumer-employer must wear a mask or cloth face covering when providing any in-person care within 6 feet of the consumer-employer or when supporting them in the community. Cloth face coverings can be homemade. They are **not** for use with people who are COVID-19 positive.

Link to OHA Face Covering Facts: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/le2390L.pdf>

Consumers with disabilities and providers

If a **mask** causes emotional distress to the consumer-employer or if the consumer-employer requests that their providers not wear a mask, the worker will be exempt from wearing a mask. If a provider has a medical condition that prevents them from wearing a mask, they may ask for an ADA accommodation. Providers with an ADA accommodation are exempt from wearing a mask. Link to The ADA and Face Mask Policies: <https://nwadacenter.org/factsheet/face-coverings-and-businesses-balancing-ada-public-health-during-covid-19-0>. Consumers should let their case manager, personal agent or services coordinator know their preferences. Providers must send ADA mask exemption requests to: ohcc.ada@dhsoha.state.or.us



Personal Protective Equipment

Providers can access masks and gloves by completing and submitting a request on SEIU's online form or by sending an email to OHCC:

- SEIU's site: <https://seiu503.tfaforms.net/622>
- OHCC Online Service: <https://forms.office.com/g/untNXn1Vmi>
- OHCC's email: OHCC.CustomerRelations@dhsoha.state.or.us



You can get this document in other languages, large print, braille or a format you prefer. Contact OHCC at 877-867-0077 or email OHCC Customer Relations OHCC.CustomerRelations@dhsoha.state.or.us.