

# Oregon Health Plan (OHP)



# Men Kaweid Mwadang

Septempe 2020



**Free health coverage**  
sawas sang wein Oregon

# Kasamw

## ong nan Oregon Health Plan

Men kaweid wet pan sewesei komwi en dodongki OHP ni ansou karuaru, pwen sewesei komwi en memourki roson mwahu.

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(TTY 711)

# Duen omw pan dodongki sapwelimwomwi OHP

**Kasamw ong OHP! Idauen ire silu pwukat oh tapiada epwel mwahu.**

**1**   
**Wehwehkila sapwelimwomwi CCO**

**2**   
**Pilada sapwelimwomwi provider**

**3**   
**Wiada amw tungol appointment**

## **1** Wehwehkila sapwelimwomwi CCO



**OHP sapwelimaniki plan en roson mwahu kei pwen sawas ong ni sapwelimwomwi benefit kan.** Plan pwukat iei me kadaneki Coordinated Care Organization de CCO. Kidalap toun OHP me pateng CCO.

**Sapwelimwomwi CCO kak sewesei komwi ong palien sawas me komwi anane.** Sapwelimwomwi CCO kin ehuong Providers teikan me duete toahkte kan, soun sawas akan, nurse kan oh soun wie ngih kan me karanih komwi. Komw kak diar list en providers kan nan nein sapwelimwomwi CCO website. Komw pil kak call da sapwelimwomwi CCO oh peki ehu list.

**Ma komw kapw ong OHP,** sapwelimwomwi CCO pan kadarwong komwi ehu kisin likou en kasamw oh ID Card nan erein week riau mwurin omw ale OHP.

- **Ma komw anane ale sawas mahs,** komw kak tuong sohte lipilipil provider me kin kak aleda OHP.

**Mwein ele komwi sohte mimi nan ehu CCO** pweki mie epin sapwelimwomwi insurance de mie kapawl en paliwar me eleiong komwi en sohte dodongki CCO. Iei met me kadaneki sapwelimaniki open card ehu de fee-for-service.

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# 2

## Pilada sapwelimwomwi provider



A **primary care provider** iei me komw pan tuong nan ansoun amw visit kan, prescription kan de sawas tei kan. Komw kak pilada ehu, de sapwelimwomwi CCO kak sawas oh pilada emen. Primary Care Provider kan me duete toahkte kan, nurse me aliale kaskul kan oh me ngeder. Der manokella peidekong sapwelimwomwi CCO duen soun wie ngih kan oh palien sawas ong mental health kan. mental health provider. mental health provider.

**Ma komw sohte pilada ehu provider me komw kupwurki tuong, sapwelimwomwi CCO pan pilada emen ong komwi.** Sapwelimwomwi CCO pan kadarwong komwi ehu kisin likou me pid duen sapwelimwomwi provider.



**Komw kak diar sapwelimwomwi provider nanbit.ly/CCOplans.** Rapaki sapwelimwomwi CCO nan list oh click “Provider Directory.” **Sohte sapwelimwomwi CCO? Call 800-562-4620** pwe komwi en kak ale sawas oh diar emen provider.

Songen sawas kan	Me rasong
<p><b>Primary Care</b> Ansou me komw anane appointment</p>	<ul style="list-style-type: none"> <li>• Komw pemw me komw soumwahu</li> <li>• Ansoun keseu</li> <li>• Prescription kapw</li> </ul>
<p><b>Anan karuaru</b> Ma komwi anane sawas ran wet apw sohte kak tuong toahkte</p>	<ul style="list-style-type: none"> <li>• Kisin Masikala</li> <li>• Sapwungalan nan muscle</li> <li>• Ruokila</li> </ul>
<p><b>Nan peren Emergency</b> Ansou me komwi anane karuaru ki soumwahu dohr de ohla laud</p>	<ul style="list-style-type: none"> <li>• Inta pwilipwil oh sohte udi</li> <li>• Tipw tihmw kan</li> </ul>

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# 3

## Wiada amw appointment



### **Komw kak wiada omw tungol appointment ong sapwelimwomwi provider ni ansou me komw piladar.**

Keseki sapwelimwomwi provider duen sapwelimwomwi OHP, CCO oh songen sawas teikan me komw sapwelimaniki. Kaunopada sapwelimwomwi ID Card ni ansou me komw call.

### **Wado omw iren peidek kan ong sapwelimwomwi provider.**

Kaunopada komwi en kosoia mwomwen health history en omwi tungol peneinei, prescription me mie, vitamins oh wini teikan me komw kin aliale.

**Sapwelimwomwi provider kak kiong komwi ehu prescription de iren kaweid komwi en kak idauen mwur.** Ma komw sote wehwehki, komw kak peidek. Sapwelimwomwi provider pan sawas.



**Ananepen men peidaid?** Men peidaid kan sohte pweipwei. Ma komw ananepen men peidaid ong wasa de sang wasahn omw tungol appointment, call sapwelimwomwi CCO. Ma sohte sapwelimwomwi CCO, call en OHP wasahn peidaid me mimi nan omw wasahn kouson. Ong list en wasan peidaid, kola nan [bit.ly/ridesohp](http://bit.ly/ridesohp).



**Ananepen sounkawewe?** Sapwelimwomwi OHP provider kak sawas kida emen. Keseki office en sapwelimwomwi provider songen lokaian sapw (language) me keieun mwahu ong komwi. Kesekin irail ni keieun de keriaan ran mwon omw tungol appointment. Ananepen sawaste? Call 844-882-7889.

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# Duen ahmw pahn kolokol sapwelimwomwi OHP

## Weliakapw sapwelimwomwi OHP

Se anahne information kapw nan sounpar koros pwehn tehk ma komw warohngete OHP. Met iei me se kahdanki weliakapw ohng sapwelimwomwi OHP.

Ma lelehr ansoun ahmw weliakapw, se pan kadarwohng komwi ehu kisin likou.



**Komw kak dodongki sapwelimwomwi online account pwen tehk sapwelimwomwi OHP.**

Kola nan [ONE.Oregon.gov](https://ONE.Oregon.gov) to log in or sign up.



**Sapwelimwomwi OHP kak kaudi ma sapwung sapwelimwomwi address.**

Kesekin kiht ansou da me ke mwekid. Met pan eleiong sen kak ehuong komwi ki duen sapwelimwomwi OHP.



**Mie omw pwung en via toun OHP emen.**

Kola nan [bit.ly/myohprights](https://bit.ly/myohprights) ken wehwehkila sapwelimwomwi pwung oh pwukoh.

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# Songen wekidekla kan me konehng pakairki

## Pakairki wekidekla kan

Kehseki OHP ansou me mie wekidekla ehu nan ahmw mour me duete liseian, pwopwoud, dohdok kapw, de address kapw. Komw pil anahne kehsekin kiht sohngen wekidekla kan me duete aramas emen pwardo de mwesel sang nan ihmwowm, kola nan kalapwus, de aledi health insurance kapw.



Komw kak kilang list en wekidekla kan me komw pan pakairki oh duen omw pan wia pakair nan [bit.ly/ohpchanges](https://bit.ly/ohpchanges).

## Dodongki ehu ren ire silu pwukat oh pakairki wekidekla kan:



**Online:** Dodongki sapwelimwowmwi [ONE.Oregon.gov](https://ONE.Oregon.gov) account.



**Phone:** Call 800-699-9075, TTY 711 oh kehsekin kiht.



**Email:** Kola nan [bit.ly/ohpsecure](https://bit.ly/ohpsecure) oh kadaredo noumw email ong [oregon.benefits@dhsosha.state.or.us](mailto:oregon.benefits@dhsosha.state.or.us).



**In person:** Pwen rapakihda ehu office en Department en Human Services (DHS) karanih komwi, kola nan [oregon.gov/DHS/Offices](https://oregon.gov/DHS/Offices).

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# Sapwelimwomwi benefit kan

## Pali laud en toun Oregon Health Plan sapwelimaniki OHP Plus benefits.

OHP Pluskin apwali palien wini kan, palien wie ngih kan, oh palien taik en aramas. Me kan me rasong:

- + Palien wini, me duete kosou, dok, oh x-ray kan
- + Palien wie ngih, me duete kamwakel, kapwetepwet ngih, de audaud en nan ngih
- + Men peresang liseian oh plan en peneinei
- + Kapidolong en soumwahu ong nan imwen wini kan
- + Prescription kan
- + Sawasepen kapwal en paliwar, kapwal sang dodok, oh kapwal en koskosoi.
- + Sawas ong me nan mong sapwung kan, me duete ale kaweid
- + Sawasepen kanaudek en sika, sakau, oh men kasaliel kan
- + Ananepen sawas karuaru
- + Sawasepen men peidaid ong was an appointment kan
- + Sawas ong mahs ong seri lel sounpar 21 oh lih melehl liseian kan

## Emergency coverage only (CAWEM)

Ekei aramas laud me sote lel de aledi irair sang Immigration sapwelimanki sawas sang CAWEM. Me pil kadaniki **emergency Medicaid..** Met kin sawaas ong anan karuaru, me duete epwel mwahu me komw kak aledisang emergency room de ambulance kan.

## CAWEM Plu oh OHP pateng Limited Drug member kansapwelimaniki songen benefit ehute duete OHP Plus, me sansaler powe.

- + CAWEM Plus kin sawas ong lih melehl me liseian me sohte aledi irair kan sang Immigration.
- + OHP pateng Limited Drug kin sawas ong irail kan me sapwelimanki OHP of Medicare Part D.

## Medicare cost-sharing only (QMB)

Ekei me laud warong Medicare apw kaiden Medicaid. Re kak ale Medicare Part A oh B coinsurance oh premiums me pweipweidi sang OHP. Ieie met me kadaniki QMB. Providers kan sohte kak akpweipweiki ong irail me dodongki QMB ong balance ong health care me epwel lar pan Medicare.

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# Duen aledi sawas

## Call da sapwelimwomwi CCO ma komw

- Anane sawas en wiada amw tungol appointment
- Ananepen sawas en rapakida provider de welianda sapwelimwomwi provider
- Mie amw peidek me pid duen coverage de elen sawas
- Ale doaropwen pweiwepidi

Ong list of CCO contacts, kola nan [bit.ly/CCOplans](https://bit.ly/CCOplans) oh click on “CCO plans.”

## Call da OHP Client Services at 800-273-0557 (TTY 711) ma komwi:

- Ananepen welianda sapwelimwomwi CCO
- Ananepen OHP ID card kapw
- Sohte mimi nan ehu CCO oh:
  - Ananepen aleda de pateng ehu CCO
  - Aledi ahu daropwen pweipweidi
  - Ananepen sawas wiada appointment
  - Mie peidek ong coverage de sawas wet



**Handbook en OHP kolokol ire kan me pid duen coverage de sawas wet.** Pwe komwi en aledi ehu copy, kola nan [OHP.Oregon.gov](https://www.oregon.gov) de call 800-273-0557 (TTY 711).

## Call da OHP Customer Service at 800-699-9075 (TTY 711) ma komw:

- Mie peidekpen sapwelimwomwi application
- Komw liseianda de nei ohla
- Welianda amw tungol address, email address de nemben telephone

## Ale sawas

- Pwen diar office en DHS me karanih komwi, kola nan [oregon.gov/DHS/Offices](https://www.oregon.gov/DHS/Offices).
- Emen OHP-certified community partner nan amw wasa pan sewese kin komwi amw tungol application. Rapaki nan [bit.ly/ohpplolhelp](https://bit.ly/ohpplolhelp). SAwas wet sohte peipwei.

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## Free Health Coverage sawas sang wein Oregon



**Handbook en OHP kolokol ire kan me pid duen coverage de sawas wet.** Pwe komwi en aledi ehu copy, kola nan **[OHP.Oregon.gov](https://www.ohp.oregon.gov)** de call 800-273-0557 (TTY 711).

Komw kak aledi kisin likou wet nan songsongen lokaia, ni mesen inting laud, de songen wiepen inting me komw kupwuriki. Tehkada Oregon Health Plan nan 800-273-0557. Se kin aleda elen call koros de komw kak dial 711.