

# Neh Oregon Health Plan



# Meh kaweid mwedang de mengei

Septempe pahr riekid rieisek



State in Oregon kihda sewas in  
rosen mwahu ni soh pweipwei

# Koamwih me kelahngen

## Ong Oregon Health Plan

Ireh pwi me en wia sewaspomw ong omw roson mwahu

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### Enahne sewas?

Sewas kaken dierek nah  
OHP Handbook



Sewas kaken dierek pwoh line  
[OHP.Oregon.gov](http://OHP.Oregon.gov)



800-273-0557  
(TTY 711)

# Iah mwowen ken dedoahngkin OHP

Kaselel de welcome to OHP Pweki step siluh ieu pwa ken kaken kolidi sewas.



## 1 Esehla noh CCO



**Mine neh OHP eramas me kaken sewese kowe use noh benefits.** Kapilepil pwi me, me kahdankin coordinated care organizations ke CCOs. Dirin irahsi sewen dedoahk in OHP me sek pwili program eu nah CCO.

**Soun sewas in CCO kaken sewese kowe repahki songen sewas pwi me ke anahne.** Soun dedoak in CCO kaken sewas lepin kolidi kaweid sang doctor, nurse, sohn wie ngi, de kah sek kaunseler . Ke kaken dier sohngen sohn sewas (doctor, nurse, counselor) pwo ne CCO website eu. Ke kaken sek call noh CCO men ma ke anahne spun kaweid.

**Anseu kis me ke apply eng OHP,** noh CCO men en kedar wei noumw welcome letter dekah ID card mwurin week riau, sang Anseu me ke apply.

- **anahne sewas Anseu kis,** ma ke contact any sounsewas me takes OHP.

**Karepe pwi me kaken wiahda soh noh CCO** kahrepe keiou, e mine eu noumw insurance sohrohr ke keriau e mine omw medical reason sorohr me karheda ke seer kaken use CCO. Song eu me irah kahdankin pwa open card ke fee-for-service.

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## 2

# Pilida sounsewas, ke sounsewas me ke anahne



**Soun sewas men me** ke pilida pwah ihme wia souwaspwomw nah lepin visit dekah sek lepin kihwei konomw wini. ke kaken pein pilida eremas men me en wia nouhmw primary care sounsewas, ma ke enahne sewas ong lepin pilipil. CCO kaken sek sewese kowe pilida. Primary care sounsewass me wia doctor dekah sek nurse Ma mine omw peidek pelien mental health keh doctor in ngih, asnou koros ke kaken peidek reh noumw CCO men.

**Ma ke seu kaken pein pilida noumw sohn sewas ke sounsewas. CCO men kaken sewas de piliwei rehmw.** Anseu me en pilipilda noh sounsewas men, CCO men en kedarewei pihpa ieu men kawehwehpen eremas men me wia noh sounsewas. Eden noh sounsewas men sek kaken dierek pwo CCO ID card eu.



### **Ke kaken repahki sewas wesahkis me [bit.ly/CCOplans](https://bit.ly/CCOplans).**

Ken douda pwo website eu, click pwoh noumw CCO de sek click “sounsewas Directory.”

**MA soh noumw CCO** Call **800-562-4620** ong pelien repahkihda ihs me kaken sewese kowe (sounsewas).

### **Enahne sewas?**

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# 2

Songen souwas pwi me mine	Kerasepe
<p><b>Soun sewas pelien rosonmwahu</b> Anseu me ke anahne appointment</p>	<ul style="list-style-type: none"> <li>• Ma ke soumwahu</li> <li>• Ong physical ke routine checkup</li> <li>• Ong anseu in pwekeda wini</li> </ul>
<p><b>Ong enahn keruaru ke emergency</b> Ma ke anahne sewas anseu keruaru de seu kaken sueng omw doctor</p>	<ul style="list-style-type: none"> <li>• Ma ke pwidengela</li> <li>• Nah kilmedek</li> <li>• Ma nehmw ruela</li> </ul>
<p><b>Emergency Room</b> Anseu me ke enahne sewas keruaru ong soumwahu ke wohla</p>	<ul style="list-style-type: none"> <li>• Anseu me ke wohla lap</li> <li>• Sihmw e sipw</li> </ul>

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### 3

## Wiahda omw appointment



**Mwurin omw pilida noumw sounsewas men ken kaken wiahda omw appointment.** Kawehweing reh noumw sounsewas men pwa ke mine pah OHP, CCO, de ma sek mine songen coverage sohrohr me ke mine pahn. Anseu koros me ke call kaunopeda noh ID card.

**Ma mine omw peidek ke kaken sek wiahda noh list de kesaleing re noh sounsewas men.** Anseu kis me ke sueng noh sounsewas men, mine songen peidek pwi me en idek, me pid omw peneinei erah history soumwahu, dekah sek songen peidek in songen wini me doctor kihwei rehmw.

**Noh sounsewas men en kihwei wini deka sek kaweid me ke anahne pweki anseu me ken nimw wini.** Ma mine mehkos ke seu wehwehkin, peidek pwa ken kaken esehda. Soun sewas pwi e mine, pwa irahn kaken sewese kowe anseu me ke anahne sewas.



**Ma soh woromw?** Irah kaken sewas kihda stohsa, e sek seu pweipwei Ma ke anahne stohsa anseu in ahla ke ahang in omw appointment, ke kaken call noh CCO Mah soh noumw CCO, ke kaken sek call OHP ride service me kerani wesahpwi ke mine Ma ke anahne stohsa ke kaken dier sewas me [bit.ly/ridesohp](http://bit.ly/ridesohp).



**Ma ke anahne sohn kawehwe lokeiah wai ong pingelap?** Noh OHP sounsewas men kaken sewese kowe repahkida emen eremas me kaken sewese kowe Kesehkin irahsi mehnia lokeia me ke nemen irahn sewesehkin kowe. Ma ke anahne eremas lepin kawehwe, kehsehkin noumw sounsewas men rahn eu ke riau mwohn omw appointment eu Ma ke peineh anahne sewas? Call 844-882-7889.

### Enahne sewas?

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# Iah mowmen ken kolokol noumw OHP

## Kekapwehda noumw OHP

Ke anahne update omw information par koros pwa ken kaken qualify eng OHP. Kekapwedaken ke renew noh OHP.

Sen kedarewei noumw pihpa anseu me ke anahne kekapwehda ke renew.



**Ahla wahda  
noume  
pihpa sang  
OHP**



**Pweki  
directions  
ma ke nemen  
kekapwe**



**Sapengela  
peidek kapw  
ma mine**



**Ma ke peneih  
qualify noh  
pihpa OHP en  
kekapwekeda**



**Ma ke nemen sehkeda noumw status ke kaken douda.  
Pwo noh account in OHP de sehkeda Ahla [ONE.Oregon.gov](https://ONE.Oregon.gov)  
douda de log in ke sign up**



**Sewas sang OHP kaken uhdi ma noumw address eu e sapwung.  
kehsehkin kihs ma ke move la ekis wesa Ma ke move la ekis wesa  
kehsehkin irah si pwa irahsi en kaken ese.**



**Ma ke wia member in OHP.** Information koros me pid OHP  
kaken dierek ahla [bit.ly/myohprights](https://bit.ly/myohprights).

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# Songen wekedekela dah me ke anahne kesehkin irahsi

## Songen wekedekela me pid

Kesehkin OHP ma ke liseian, ke pwopwoudla, ma ke dedoakda, ke mine nomw address kapw Ke sek enahne kesehkin ira ma mine sewen nah imwomw me ahla nah jail, ke ma mine eremas move in ke out sang nah imwomw, ke ma mine eu songen insurance kapw me ke nainkin.



You kaken dier list in songen changes pwi me ke anahne kehsehkin irahsi. Irahn sek kihwei iah mwowen omw en report changes. [bit.ly/ohpchanges](https://bit.ly/ohpchanges).

## Ma ke nemen report



**online:** Douda pwo [ONE.Oregon.gov](https://ONE.Oregon.gov) use noumw account eu ma ke nemen report ke update.



**Phone:** Call 800-699-9075, TTY 711 kesehskin kihs.



**Email:** Ahla [bit.ly/ohpsecure](https://bit.ly/ohpsecure) ma ke nemen kedar secure email to [oregon.benefits@dhsosha.state.or.us](mailto:oregon.benefits@dhsosha.state.or.us).



**In person:** Ong sewaspen repahkida Department of Human Services (DHS) office me keren, ahla to [oregon.gov/DHS/Offices](https://oregon.gov/DHS/Offices).

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# Iah omw benefit

## Kereneng member koros in OHP mine erahsi plus benefits

**OHP Plus** e cover la pelien, soumwahu, wie ngi deka behaviorial health care.

Examples are:

- + medical care, pelien checkup, dok, dekah sek x-ray
- + pelien wie ngih, me pid depingi, kemwakel, dekah sek cement
- + pelien dok in kamalau
- + dilda imwen wini
- + pelien wini
- + sewas, pelian therapy
- + Sounsewas men oang irahsihpwi me ahnikin, sohmwahu in mwahliel lap
- + souwas ong irahsi pwi me ke perekin sekau, ukuhk, dekah wia drugs
- + Anahne sewas keruwaru
- + Anahne stohsa ong appointment
- + sewas ong seri sikisik lela eremas me sounpar 21 me problem kin mese, dekah lih liseian

## Emergency coverage only (CAWEM)

Cawen Coverage kaken sek sewese eremas pwi me sewe meet status in immigration. Eu eden CAWEM **emergency Medicaid**. Mehieu me e cover la songen emergency ong ER de kah sek pelien pwili ambulance.

## CAWEM Plus dekah OHP pwilihkihla Drug Members ahnikin benefit pwi me sansal nah OHP Plus: sewas pwi me kaken dierek nah list Eu peida.

- + CAWEM Plus meh erema lap me liseian me soh lel anane ihn immigration.
- + E limit wini OHP ong eremas me OHP deka Medicare part D.

## Pweinen Medicare share dehri (QMB)

Epwi eremas lap e qualify ong Medicare apwa audi Medicaid Ihra kaken kolidi neirasi Medicare part A deka B coinsurance deka premiums pweipweidi sang OHP. Eden meheu me me QMB. sounsewas pwi soh kaken bill ih eremas pwi me QMB ki pweipwand me health care e cover sang Medicare.

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# Mwomwen kolidi sewas

## Call noh CCO Ma ke:

- Anahne sewas in wiahda appointment
- Mine omw peidek in coverage ke pelien sahpis
- Ma ke anahne sewas repahkihda noumw sounsewas ke wekid
- Pelien Bills
- noumw sounsewas

Ong list in iah mwomwen ken kolidi CCO, ke kaken ahla [bit.ly/CCOplans](https://bit.ly/CCOplans) de click pwo “CCO Plan”.

## Call OHP Client Services at 800-273-0557 (TTY 711) if you:

- Ma ke nemen change ihla noh CCO
- Ma ke anahne Eu ID kapw
- Ma soh noh CCO:
  - Ke nemen pwili enroll ong na CCO
  - pelien Bills
  - Anahne sewas in wiahda appointment
  - ma mine omw peidek me pid coverage



Ma ke nemen wehwekin mwahu songen sewas dah me OHP ke kihda, sewas pisetik kaken dierek nah neirah handbook eu. Ma ke nemen nainikin copy in handbook. E kaken dierek pwoh neirah website eu [OHP.Oregon.gov](https://OHP.Oregon.gov) ke kaken sek call 800-273-0557 (TTY 711).

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# Mwomwen kolidi sewas

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## Call OHP Customer Service at 800-699-9075 (TTY 711) ma ke

- Mah mine omw peidek ong pelien aude application
- Sewas ong lih liseian
- Change la omw address, noh email, ke noh nembahelepwohn

## Sewas kaken alahldi wesa me ke kouwousan

- Ma ke anahne sewas lepin repahki Ohpis in DHS me kereni wesahn omw kousan, e kaken dierek pwo website eu me [oregon.gov/DHS/Offices](https://oregon.gov/DHS/Offices).
- Ong wie application, mine Soun sewas me kaken sewese kowe ong pelien wiahda noh application. Ke kaken dier soun sewas [bit.ly/ohplocalhelp](https://bit.ly/ohplocalhelp). Sewas pwi me e seweh pweipwei e free.

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Sewas kaken dierek pwoh line

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**800-273-0557**  
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**State in Oregon kihda sewas in**  
rosan mwahu ni soh pweipwei



**Sewas ong lepin Free Health Coverage kaken sek dierek nah neirah Handbook eu.**

Ma ke nemen nainkin copy neirah handbook eu. E kaken dierek pwo neirah website eu **[OHP.Oregon.gov](http://OHP.Oregon.gov)** ke kaken sek call 800-273-0557 (TTY 711).

Pihpa eu me, mine sek in lokeiah wai Contact the Oregon Health Plan at 800-273-0557 ma ke anahne sewas Call koros se kaken kolidi.