

Pick Your Plan



Picking your health plan can be easy.

Use this worksheet and the letter the Oregon Health Plan sent you in October to help you choose the best CCO plan for you and your family. Each CCO plan has different doctors, hospitals and pharmacies. In three simple steps, you will have all the information you need to make the best health plan choice and enroll.

This worksheet is for OHP members who live in areas where choices of CCO plans are changing.

Step 1 Consider

Review your letter or go online to OHP.Oregon.gov to find the CCO plans in your area.

List your plan choices:

Option 1 _____

Option 2 _____

Option 3 _____

Step 2 Compare

List the doctors, hospitals and pharmacies that are most important to you. For each CCO plan, find out whether the doctor or facility is in the plan's network. You can do this by calling your doctor's office or the CCO plan, or by visiting the plan's website. To narrow your choice, you may also want to consider the plan's extra services. Go to OHP.Oregon.gov to find more information about each CCO plan.

Doctors, hospitals and pharmacies that are important to you	Which CCO they participate in

Step 3 Choose

Name of the plan that is best for you:

If this is the plan OHP matched you with, **you don't need to do anything.** You will be automatically enrolled in your matched plan.

If you want to choose another option, do one of the following:

Fastest option: Change your health plan online.

1. Go to <http://bit.ly/CCOchoice>.
2. Use your unique Letter ID to login. You'll also need your OHP ID number from your OHP or CCO card. If you lost your letter and don't have your Letter ID, you'll need to use another option.
3. Choose a plan for yourself and other members of your household.
4. Save your plan choice and get a confirmation email.



By phone: 877-647-0027 (TTY 711)



Through a trusted community partner: You can find one at OHP.Oregon.gov

Important due dates:



If you don't choose another CCO plan by November 17, your matched plan will start January 1, 2020.



Between January 1 and March 31, 2020, you can try out your CCO plan and change it for any reason.

Do not fax or mail this form. It is a tool to help you, not an enrollment form.



You can get this document in other languages, large print, braille or a format you prefer. Contact the Oregon Health Plan at 877-647-0027. We accept all relay calls or you can dial 711.