



**Pwinin Maram:** June 30, 2021

## Met Ururun Epwe Fis Meren Public Health:

### Aea Pwonupwonun Aaw me Pwot, Pwonupwonun won Maas me Eppetin won Maas me Atowawa Nefinomw me Ekkoch non Nenien Aramas Ese Nifinifin

**Awewen foos. Fan iten ekkei mettoch ururun epwe fis, ekkei awewen foos mei men ngeni:**

- “Pwonupwonun won maas” wewen och mangaku, ika polyproplene, taropwe ika pwan ekkoch sokkun pwonupwonun won maas mei pwonueno pwot me aaw me asetan ewe pwot, feitiw fan aaw, feino ngeni nepekin won maas.
  - Ekkei **esapw** pwonupwonun won maas pwokiten mei tongeni an epwe tou supwun parasen aaw: ew sokkun pwonupwonun won maas mei wor nenien kusun asepan won an epwe mecheres nenien ngasangas me non, pwonupwonun aaw me pwot usun ami, pwonupwonun aaw me pwot mei neis ika pwan ekkoch pwonupwon mei wor ian mei sukuno me ian, mei wor pwangan, mei pwano ian mei pwangeno ian me won ewe mettoch ika ewe mangak, ika nenien asepan.
- "Eppetin won maas" wewen ekkewe pinastic maas epwe oponu seni won chaamw, feitiw fan ewe ngaach me epeti nepekin sapaan me maas.
- “Aramas mei unus ar opposun eppet” wewen emon a fen angei me ruw ekkewe oppos ren ewe opposun COVID-19 mei rufoch ika efoch oppos ren opposun COVID-19 mei chok efoch iwe a pwan ukukun 14 ran me murin an ewe aramas iwe saingonon opposun COVID-19.
- “Nenien angangen tumwunun mei semwen” wewen ew sokkun neni mei fis angangen tumwunun mei semwen; mei pachenong ren tumwunun mei semwenin inis ika semwenin nonomwun ewe aramas iwe mei pwan pachenong, nge ese pwan kouk ren sokkun neni ika agency mei license fan nurun ewe ORS 441 me 443, usun ren pioing, center ren nenien reirei, center ren nenien nounou, nenien tumwunun mei watte ar semwen, ekkewe nenien tumwunun mei apwangapwang, nenien tumwunun ekkewe nenien rehab, nenien hospice, nenien tumwunun mei semwen non imw, toraku ika nenien atoura aninis ngeni mei semwen non mochomochen fansoun (awewe, ekkewe wa sein safeini aramas, wa sein ambulance), me nenien anisi chon eto safei, center nenien dialysis, ofes an dokter, center nenien tumwunun mei semwen weweita, ofesin counseling, ofesin awora aninis me pwan ekkoch sokkun anen aninisin safei usun ren angangen acupuncture, pekin homeopathy, pekin naturopathy, pekin chiropractic me pekin safei ren osteopathic, me pwan ekkoch center ren kinikinin semwen.

- "Pwonupwonun aaw me pwot" wewen ekkewe chon angangen pioing rekan aea ne pwonu awer me pwotur.
- "Nenien utiwitin wa" wewen sokkun kasoro, nenien utiwitin bus, nenien inen sein neset, nenien tiwen sipw ika pwan ekkoch sokkun nenien an aramas tiweti, nenien subway (pachenong sokkun nenien ian pasise rekan tota ika toti me ian) ekkewe train station, nenien tiwenong ngeni U.S., ika sokkun neni mei wor wa sein an aramas repwe fiti me non kinikinin ei United States.

### **Ewe Oregon Health Authority mei opochokuna ekkei mettoch an epwe fis pwe:**

- Aramas ion rese mwo angei ar opposun eppet ika ion mei [watte ngenir efeiengawen ewe semwen COVID-19](#) repwe sopweno ne aea pwonupwonun aaw me pwot ika pwonupwonun won maas iwe pwan sopweno ne atowawa nefiner me ekkoch non ukukun onuw (6) fit nupwen repwe nomw nein tepetepen aramas me pwan nomw nein watten eimweicheichen aramas. Neni ian mei chommong ian aramas me watten emwicheichen aramas mei pachenong nge ese pwan kouk ren neni, watten mettoch mei fis, urumwot mei fis, kimpiokai, apwapwa, karis, sochungio ika opupunuw.
  - **OHA ese** watiw onnukun pwe aramas repwe aea eppetin won maas nge esapw pwonupwonun aaw me pwot ika pwonupwonun won maas. Eppetin won maas mei eoch ngeni an epwe eppetin parasen supwun awen emon, nge ese kon eoch ngeni an epwe eukuku met mei paras non asepan ewe mei tongeni tonong me nepekin ewe eppetin maas. Aean eppetin won maas nge ese wor pwonupwonun aaw me pwot ika pwonupwonun won maas fan ewe eppetin won maas epwe eukuk ngeni fansoun aean ewe pwonupwonun aaw me pwot ika pwonupwonun won maas esapw tongeni tufich, usun ren:
    - Nupwen emon aramas epwe wor osukosuken inisin ren an samwau minne epwe eppetin an epwe tongeni aea pwonupwonun aaw me pwot ika pwonupwonun won maas.
    - Nupwen mei menei an aramas repwe kuna awen me mwokutun chonawen emon nupwen repwe pworous (awewe, fansoun apworous ngeni semirit ika aramas mei weires ar repwe rongorong fos).
- Aramas ion a unus an opposun eppet me mei apwangapwang nour monun fiu ngeni semwen repwe pworous ngeni nour we dokter ren met sokkun angangen amonata me eppetin repwe sopweno ne fori. Met mei fat pwe ewe angangen opposun eppet esapw kon pochokun manamanan won ekkewe aramas ir mei apwangapwang nour monun fiu ngeni semwen. OHA mei afata pwe ekkewe ir mei apwangapwang nour monun fiu ngeni semwen met epwe kon eochungenir ar repwe tumwun ren iwe repwe sopweno ne aea pwonupwonun aaw me pwot me awora towawen nefiner me ekkoch nupwen repwe nomw nein aramas ion rese mwo angei ar opposun eppet.
- Aramas repwe nengeni sefani me fiti ngeni ewe ourour ren pwonupwonun aaw me pwot seni ewe [Center ren Eppetin me Tumwunun Semwen](#).

## Ren semirit 12 ier me kukun seni

### OHA mei fokkun pessei ngeni pwe:

- Aramas ion mei kukun seni ier ruw (2) RESAPW aea pwonupwonun aaw me pwot, pwonupwonun won maas ika eppetin won maas.
  - Semirit ruw (2) ierir ika nap seni mei auchea repwe aea pwonupwonun aaw me pwot won ekkewe wa sein uwei aramas ese nifinifin me nupwen repwe nomw non ekkewe nenien sousou wa.
- Nupwen ekkewe ir ier ruw (2) ngeni 12 repwe aea pwonupwonun aaw me pwot, pwonupwonun won maas ika eppetin won maas, repwe fori nge epwe wor emon mei mwuk epwe nomw an epwe wisen tumwunuw ngenir. Ei fan iten ekkewe kukun semirit mei tongeni epwe weires ngenir ar repwe aea pwonupwonun aaw me pwot, pwonupwonun won maas ika eppetin won maas (awewe, epwe napengeni ar repwe nomw chok nge atapa ewe pwonupwonun won maas, resapw siwini ewe pwonupwonun won maas ika pwe a pwan nimengawan, epwe efeiengaw ngenir ren an epwe pinei ar ngasangas ika mwanino ar ngasangas ren, ika pwan ekkoch.)

## Mei wor ekkoch neni ian aean pwonupwonun aaw me pwot, pwonupwonun won maas me atowawa nefinen aramas mei fokkun auchea epwe fis.

**Non neni usun ren ekkei mei tetenitiw me fan mei auchea epwe wor aean pwonupwonun aaw me pwot, pwonupwonun won maas me pwan awora towawen nefinen aramas. OHA mei fokkun opochokuna ngeni aramas pwe repwe cheki metekewe mei auchea repwe fori me mwen repwe chuno ngeni ekkei neni.**

- Nenien safei.
- Nenien kanopwus ika imwen fotek an ekkewe mei mwuk.
- Nenien kanopwus ika imwen fotek an ekkewe kukun serafo.
- Ekkoch nenien angang mei wor onnukun meren ewe Oregon Occupational Safety me Health Administration (OR-OSHA).
- Won sepenin, won bus, won train, me pwan ekkoch sokkun wa sein uwei aramas ese nifinifin repwe sainong ngeni non, me non, ika tou seni non kinikinin United States.
- Non nenien utiwitin wa me non U.S. usun ren non kasoro me ekkewe nenien utiwit bus.
- Non pwan ekkoch neni ian ewe minneka an ewe neni ika chon wisen omwokutu ewe neni epwe onnuku ngeni aramas ar repwe aea pwonupwonun aaw me pwot, pwonupwonun won maas ika eppetin won maas me awora towawen nefinen aramas.
  - Aramas repwe sinei pwe ekkoch nenien sopai, nenien mettoch mei fis ika neni epwe tongeni wor onnukun aean pwonupwonun aaw me pwot, pwonupwonun won maas, eppetin won maas me/ika awora towawen nefinen aramas mei tongeni ar resapw mutanong non ar iwe nenien sopai, me nenien mettoch mei

fis ika neni ekkewe aramas ion, inamwo ika ifan usun nonomwun ar opposun eppet, nge rese mochen repwe fiti ngeni ekewe onnuk mei wor.

- Aramas ion mei wor osukosuken inisin ren an watten samwau mei fori an epwe weires ne ngasangas ika pwan ekkewe mei wor tufichingawen inisir mei eppetin senir ar repwe tufichin aea pwonupwonun aaw me pwot, pwonupwonun won maas ika eppetin won maas mei tongeni ar repwe awora tingorun an epwe tongeni wor anen aninis epwe fiti ngeni nonomwun inisir ngeni ekkewe nenien sopai, ewe neni mei fis ewe mettoch ian ika ewe chon omwokutu ewe neni pwe epwe unuseoch pwan nonnopok touren aninis ngenir, won ekkewe sein uwei aramas ese nifinifin me non ekkewe neni mei suuk ngeni aramas ese nifinifin.
- OHA mei onnuku ngeni ekkewe nenien sopai, neni mei fis mettoch ian pwe pwe wor aean pwonupwonun aaw me pwot, pwonupwonun won maas, eppetin won maas me/ika epwe wor angangen atowawa nefinen aramas pwe repwe pacheta sain (ika chommong sain) epwe nomw ekkena mettoch ir mei onnukatiw pwe epwe fis me non ewe neni ian epwe mecheres an arams repwe kuna meian nupwen repwe tonong ngeni ewe neni.

## Sopwosopwun Aninisin Nongonong

- [Ewe Center ren Tumwunun me Eppetin Semwen: Ourour ngonuk ren Pwonupwonun Aaw me Pwot](#)
- [COVID-19 me Oregon OSHA](#)
- [Aninisin Nongonong ren COVID-19 seni ewe Kinikinin Kao an Kukkun Semirit](#)
- [Aninisin Nongonong ren COVID-19 seni ewe Coordinating Commission ren Higher Education](#)
- [Aninisin Nongonong seni ewe Putain Education non Oregon](#)
- [Aninisin Nongonong seni ewe Oregon Youth Authority](#)
- [Aninisin Nongonong seni ewe Putain Correction non Oregon](#)
- [An OHA webpage ren Pwonupwonun Aaw me Pwot me Pwonupwonun won Maas](#)

**Toureochun Taropwe:** Ren ekkewe aramas mei wor tufichingawen inisir ika mei weires ar repwe tongeni foosun Merika, OHA mei tongeni awora ei taropwe non pwan ekkoch nikinikin ren an epwe chiaku non foosun ekis, epwe mesemong mesen mak, ika epwe non nikinikin noun mei chuun. Kokori ewe Center ren Pworousen Pekin Health won 1-971-673-2411, 711 TTY ika [COVID19.LanguageAccess@dhsosha.state.or.us](mailto:COVID19.LanguageAccess@dhsosha.state.or.us).