

COVID-19 Kapasen eureur ngeni ekkewe aramas kisikis ar rufich me tongeni ren, ekkewe mei mukeno me pwan ekkewe ir mei watte ar wenungaw ren sokkun samwaa mei wor rer.

April 6, 2020

Oregon a fen kuna nonomwun fetanin ei coronavirus (COVID-19) ren ekkewe me ren ekkewe aramas mei weires ar repwe mefi efeiengawen ei samwaa ren ar sai ngeni ekkewe neni a fen wor ian ei samwaa me nonomw nein ekkewe neni aramas a wor rer ei samwaa. Wewen ei pun COVID-19 a fen cheufetan non Oregon. lei popun mei auchea pun non neniach kewe meinisin an esapw wattenno cheunon ei samwaa, sipwe fori ewe angangen atowawa feseni nefinen aramas, tumunochu nimenimen pouch, me pwan nomwonong chok nomw imw nupwen a tori kich ei samwaa.

Ewe Pekin Anisi Tumununun me Eppetin Samwaa Watte (CDC), a affata pwe ekkewe mei mukeno me ekkewe ir mei pusin wenungawen sakkun samwaa mei wor rer, ir repwe kon mefi efeiengawen ei samwaa. Ekkoch sokkun samwaa epwe tongeni awattenno efeiengawen ei COVID-19 ngeni aramas ese pwan nifinifin ierir:



- Semwenin ammat ika semwenin mwii
- Sokkun semwenin ngasangas
- Ekkewe sokkun mokutukut epwe tongeni awora ngeni an emon epwe mutir apwangapwang ngeni samwaa watte mei pachenong, ekkewe sokkun angangen aninisin echikara semwenin kanser, uun supwa, ekkesiwinin mason non inisich kewe ren menuun masowen non chuuch me ach kewe kidni me pwan met masowen non inisich epwe ekkesiwin, fetaningawen aninisin HIV me AIDS, me pwan ekkewe sokkun safei mei awora ngeni aramas ar repwe muttir apwangapwang ren inisir ne fiu ngeni menuun semwen.
- Nununo kitinupw (ukukun choun inisin emon aramas anongonong won pounan me taman [BMI] epwe 40 ika watte seni)
- Semwenin suke
- Semwenin kidni me ekkewe ir mei kan nomw won dialysis
- Semwenin emmun.

An OHA kapasen eureur a anongonong won cheunon me watten efeiengawen

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COVID-19. Ei kapasen eureur seni OHA epwe anisi ekkewe ir mei kan apwangapwangen wenungaw ren samwaau watte me ekkewe chon tumuun. Kapas esinesin ngeni meinisin pachonong ekkewe mei kan tufichingaw ren wenungawen samwaaw me pwan sokkun met mei eweiresi tufichin mwokutun inisir. En me noum we chon tumun oupwe mwokutukut anongonong won met nonomun inisum me sokkun pworous mei tour ngonuk.



Met Aewin an Oregon Omwokut

Non March 23, 2020, Kepina Brown a wau kapasen an chon Oregon repwe chok nomwonong non imw. Ei mei pachenong ekkewe sokkun kompeni ese kon namwot ar repwe chiwen suk non ei fansoun pwe repwe kesipeno ren an epwe wor anisian ne amangano cheunon COVID-19. Nupwen aramas repwe nom non nenien chommong aramas, Oregon mei opochokuna ewe mwokutukutun atowawafeseni nefinen aramas won ukukun 6 fit tawawan. Ka tongeni annea unusen pworousan won internet www.oregon.gov/gov/Documents/executive_orders/eo_20-12.pdf.

Ekkoch aramas ir mei menei aninis seni pwan emon ren tufichingawen ar tongeni ne pusin mwokutukut won ar. Ekkewe aramas ir mei kan fori ei sokkun angangen ika mwokutukutun aninis ir repwe chok sopwosopwono ne fori. Nge ir ekkewe chon tumunun mei apwangapwang repwe achocho ngeni ne fiti ngeni ekkewe kapasen eureur mei affat won internet <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/le2288q.pdf>.

Atowawa feseni nefinen aramas, pwan kesipenon ekkewe sukun me ekisano emweicheich ngeni ukukun 10 chok aramas epwe tongeni anisi ne "ekukunano wattetan" chochon aramas mi torir ei samwaau. Ei epwe tongeni amangano ukukun aramas mei torir ei samwaau me pwan anisin fetanochun angang non ach kewe nenien tumwun me aninisin pekin safei.

Ka tongeni pwan kuna ekoch pworousen ei angangen atowawafeseni nefinen aramas me won internet <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/le2268.pdf>.

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Tumunochu pochokunen Inis me ekkiek

Tumunun me pochokunen ekkewe mei mukeno me pwan ekkewe ir mei wor rer sakkun watten samwaaui epwe anongonong won ami achocho ngeni me fiti ekkei kapasen eureur me aninis.

Me nukun ami oupwe fori ekkewe sokkun angangen eppetin ei samwaaui,

Achocho ngeni kosapw:



Nomw non watten emwicheichen aramas



Nomw unukun aramas mei semwen



Fiti ekkewe siipw sein kukunou fetan non neni me neni



Sai ren chok omw mochen sai ngeni ese wor auchean pwopwun

Mei tongeni pwe fan ekoch epwe wor reom sokkun memefin ren pireir ika fen nuokus ika noninen. Angangen atowawafeseni nefinen emon me emon mei tongeni pwe epwe fen pwan osukosuka nonomwun ekiek ren ekoch aramas fan iten an a kisino an aramas repwe tongeni mecheres ne chufengen iteiten ran. Mei auchea non ekkei fansoun pwe anen touren pworous ika chufengenin aramas epwe won asepan ika internet. Ei mei pachenong fon me fen omw kopwe video chat ngeni ekkoch.

Ika en mi menei aninis me nukun sokkun aninis mi atapwanapwan:

- Ka tongeni kori **Disaster Distress Hotline:**
1-800-985-5990
Makkei TalkWithUs ngeni ena nampa 66746
TTY 1-800-846-8517
TTY kokori 711
Non fosun Spain
1-800-985-5990, iwe tiki ena nampa “2”
Makkei ena fos Hablanos ngeni 66746



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- Kokori 211 ren tichikin pworousen COVID-19, me pwan pachenong ekkewe sokkun anisin pekkin mental health. Pworous won 211 mei pachonong ekkewe sokkun prokramen aninis ren mongo, aninisin imw ika nenien onnut, pekin safei, me pwan ekkoch sokkun aninis won unusen merika.
 - » Ka pwan tongeni makketo omw ina ZIP code ngeni ena nampa 898211.
 - » *Mei kan wor chon aninisin chiaku won fon.*
Text me email mei wor non fosun Merika me Spain.
 - » TTY kokori 711.
 - » ka tongeni no ngeni won internet <https://www.211info.org/contact>.
- Koko ren aninisin pekin mental health.
Ikkei ekoch sokkun aninisin mental health me won wisopwosopwun Oregon:
www.oregon.gov/oha/HSD/AMH/Pages/CMH-Programs.aspx.

Ren sokkun osukosuk atapwanapwan kopwe kokori 911.

Met kopwe fori ika ka mefi wenungawen samwaau

**Ekkewe sokkun
esisinen ei samwaau
COVID-19:**



Watte
pwichikar



Moor ika
faafa



Weires fetanin
ngasangas

Kokori Omw we nenien safei ika [ewe pekin aninisin tumunun samwaau](#) ika pwe ke nukuw pwe ka semwen. Ra tongeni anisuk:

- Ekiek won ika en mi menei omw kopwe awora fansoun chuno non nenien safei, me
- Awora ekiekin omw kopwe chuno non nenien safei nge kopwe fori met esapw tongeni cheungeni pwan ekkoch aramas.

Ika pwe ese wor noum dokter:

- Kokori 211 ren iteiten nenien safei mei kanengeni iawe en ke nonomw ian, ika
- Kokori omw we pukutan nenien safei ian kekan sasafei ian ren omw kopwe fori omw fansoun churi dokter.



**Esapw meinisin chon semwen mi menei ar repwe chek ren COVID-19.
Ewe chon anisuk me non omw we nenien safei epwe tongeni affata
ngonuk ika pwe kopwe chek ren ewe samwaau.**

Ika pwe en emon ka ierin mei mwukeno nge mei pwan wor omw osukosuk fan iten pochokunen inisum, ka tongeni kopwe kokori noum we dokter.

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Met kopwe tongeni fori ika pwe ke ekieki pwe ka nomw non nenien menuun COVID-19

Ika pwe ke nukuw pwe a nomw reomw ewe menuun COVID-19 me a pwan wor reomw ekkewe esisinen pwe a tori emon, iwe mi murinno kopwe towaweno inisum seni aramas pwe esapw tongeni pwan cheu ngenir. **Kokori noum we dokter ika omw ekkewe nenien safei ren ar repwe anisuk won met kopwe fori.**

Met kopwe fori nupwen fansoun watten osukosuk atapwanapwan

Ika pwe ka mefi osukosuk me a wor reom ekkewe esisinen pwe a tori emon ei samwaw nge a kon weireseino (awewe ren weiresin fetanin omw ngasangas), kokori 911.

Ika pwe mei tufich kopwe atoura ngeni 911 me ewe pioing porousen ion ke sinei pwe a pwan tori menuun ei samwaaui COVID-19.

Ren tichikin porousen omw kopwe chek ren COVID-19, ka tongeni kuna me won internet <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/le2279A.pdf>.

Met mokitukut repwe tongeni fori iteiten ran

Meinisn repwe achocho ne fiti ew me ew ekkewe angangen eppetin chounon ei samwaaui:

- Tonu paaw ngeni konik me sopw non ukukun 20 seken iteiten ran. Ika pwe ese wor konik me sopw, iwe nimeti paaw ngeni ekkewe sokkun nimenimen paaw mi wor ukukun 60 pessen arukor non.
- Achocho ngeni kosapw attapa mesomw, pwotum ika awom nupwen fansoun kese tonu poumw.
- Achocho ngeni kosapw kanengeni aramas mei urur semwen.
- Nomwonong non imwom ika ka semwen me atowawa inisum seni ekkewe arams rese samwen.
- Ponungeni awom me pwotum ekkewe totonun pwot (tissue) nupwen ka moor ika mwesi murin ka moneno non kapich. Ika pwe ese wor omw ekkewe totonun pwot (tissue), iwe kopwe morunong chok nemonun poumw kan ngeni afaromw.
- Nimeti ika enimenima pisek me neni mei napengeni pwe aramas rekan soun attapeta won.
- Nimetifichi ekkewe sokkun pisekin pioing ren pekin anisinisn mei semwen aramas mei aea iteiten fansoun meinisn.



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Kapasen enukunuk ngeni pusin en ika pwan ewe chon tumwunun mei apwangapwang

En me noumw we chon tutumunuk oupwe tongeni fori ekkei sokkun angangen eppet cheunon ei samwaau an esapw mutir ne maarino. Mei pachenong COVID-19. Awora fansoun omw kopwe nengeni me fori sefani omw we plan nupwen fansoun watten osukosuk (emergency). Epwe pwan tongeni pachenong ekkei tettenin:

- Sinei met sokkun safei en mi kan akkangei iwe achocho ngeni epwe wor reomw unumom non ukukun 2 week. En mi tongeni fori ei ika pwe kopwe porous ngeni noumw we dokter ika omw we nenien aninisin meen safei (insurance). Ekkoch ekkewe nenien aninisin meen safei ren, Medicaid fee-for-service, Some insurers, such as Medicaid fee-for-service, ir mei awora enukun an epwe amaso sefan unumach safei. Ka tongeni sopwosopw me annea pworousan won internet <https://dfr.oregon.gov/insure/health/understand/Pages/coronavirus.aspx>.
- Amonata pwan ekkoch met omw osupwangen aninisin omw samwaau me onomw kewe mwongo ese tongeni epwe ngaw pun epwe ekisano omw kopwe eniwin ngeni sitowa (me esapw wor omw kopwe nomw nein tepetep aramas).
- Amonata ion epwe aninis me tumwunuk me nukun noumw we pukutan chon tumwun, fengen me pwan wom epwe tongeni atoura fetaneok.
- Sinei noumw nampa mei auchea ngonuk.
 - » Ekkewe nampam aninisin pekin tumwunun samwaau me plan ren pekkin tumwunun pochokunen aramas mei monota ach sipwe kokori iteiten fansoun meinisin (24/7)
 - » Ekkewe sakopaten chon tumwunun samwaau
 - » Ekkewe nampam pekin aninisin aramas:
 - Mwichen non Community
 - Ekkewe sein pekin atoura mei samwaau
 - Health plans
 - Chon omwokutu ika akkota pekkin tumwunun mei apwangapwang
 - Nurse hotlines
 - Telehealth services
 - » Chon atoura mongo, safei me pisekin safei.

- Awora met omw kokkot me omwokut won met oupwe fori me ekkewe chon awora ngonuk sokkun anninis, ren an epwe ekisano mecheresin touroton ewe semwen ngonuk, aweke chok ren:

- » Noum we chon aninis
- » Pekin tumwun ika kampio
- » Pekin tumwunun mei semwen non imw
- » Ewe nenien tumwunun mei apwangapwang
- » Pekin aninis ngeni ekkewe ir mei apwangapwang ika wor ar tufichingaw ren wenungawen samwaau.



- Awora omw kopwe weweiti an ekkewe neni kekon soun chuuno non iteitam kewe plan nupwen fansoun

COVID-19 Kapasen eureur ngeni ekkewe aramas kisikis ar rufich me tongeni ren, ekkewe mei mukeno me pwan ekkewe ir mei watte ar wenungaw ren sokkun samwaau mei wor rer.

osukosuk watte ika atapwanapwan, aweve chok ren:

- » Ewe nenien Dialysis
- » Ekkewe nenien aninisin semwenin non chaach
- » Chemo
- » Ekkoch pwan sokkun nenien safei rekan anisi ngeni kich me nukkun ach sipwe chok uun safei.



Kokko me mwen omw kopwe no ngeni ewe neni ren omw kopwe sinei epwe ifan omw kopwe tumwunu ika eppet i inisumw seni ewe samwaau.

Ekkewe nenien tumwunun mei semwen non imw

An ewe muun State kapasen eureur me ennuke ren napanapen ekkewe nenien tumwunun mei semwen non imw (ekewe neni) mei sopwosopwono me wor ekkesiwinin ren fan iten watten cheunon ei samwaau. Ika pwe mei wor atongomw mei nonomw non ekkei nenien tumwunun mei apwangapwang ika samwaau, iwe iei meit kopwe fori:

- Epwe wor omw kopwe kapas jok kakapas eis ngeni chon ewe nenien tumwun won ifan usun nonomwun pochokunen ewe chon nonomw ikewe.
- Fiti ngeni met sokkun onnuk mei foruta fan iten chon visit.
- Weweiti ifan usun mwokutukut ewe neni epwe fori ika pwe epwe ewe samwaau epwe tori non ewe nenien tumwun.

March 17, 2020

Ewe Putain Aninisin Osupwangen Aramas (DHS)

Ewe Ofesin Sokkun Aninisin Ekkewe Mei Nafangaw at Tufich me Tongeni ika Mei Ter (ODDS) a wauu:

- Ennukun ekkewe nenien tumwun, ekkewe nenien tumwunun ekkewe mei mukeno ese chiwen wor ar famini me ekkewe ra kan chon nomw non imw nge a wor chon tutumwunur
- Ennuke won eukukun chon repwe churi ekkewe mei apwangapwang ika mei samwaau Ekkewe neni aninis me tumwun mei suuk non kukun rue me ruwanu (24) awa
- Kapasen eureur ngeni ekkewe ir mei wor ar tufichingaw ren apwangapwangen inis ren sakkun samwaau

Kapasanapan: ODDS ese mwutata chon repwe visit ren pwopun ese auchea:

- Ekkewe 24 awa nenien tumwunun ekkewe mei ter ika mei kan wor sokkongawen non mokurer
- Nenien tumwunun Chinap
- Ekkewe nenien chinap ra apwangapwang ir mei need aninisin tumwunun sokkun met repwe fori
- Nenien aninisin mei apwangapwang (Ika pwe ewe chon aninis mei wor an imw nenien rent).

Ka tongeni kuna sopwosopwun aninisin pworous won internet: <https://www.oregon.gov/DHS/SENIORS-DISABILITIES/DD/DirectorMessages/In-Home-Res-Covid-DD-Dir-Final.pdf>.

COVID-19 Kapasen eureur ngeni ekkewe aramas kisikis ar rufich me tongeni ren, ekkewe mei mukeno me pwan ekkewe ir mei watte ar wenungaw ren sokkun samwaaui mei wor rer.

Ren sokkun aninis mei keran chok kawor seni ewe kinikinini DHS ODDS, ka tongeni kuna won internet <https://www.oregon.gov/DHS/SENIORS-DISABILITIES/DD/Pages/ODDS-COVID-19-Information.aspx>. Iwe ka pwan tongeni mina me won ena page an epwe kan wor email epwe kan titi ngonuk non omw email.

March 10, 2020

Ewe OHA Putain Tumwunun Samwaaui (PHD) a awora kapasen eureur me pesepes ren ei COVID-19 ngeni chon angangen non ekkewe nenien tumwunun mei apwangapwang.

Ka tongeni kuna mei won internet:

<https://www.oregon.gov/oha/PH/DISEASES/CONDITIONS/DISEASESAZ/Emerging%20Respiratory%20Infections/COVID-19-Interim-Infection-Control-Guidance-Home-Care-Workers.pdf>.

DHS, mei pachengeni ewe OHA PHD, ne awora enneukun an esapw watteno cheunon COVID-19 me non ekkewe nenien tumwunun mei apwangapwang (LTCF). Ei ennukei mei pachenong ekkewe nenien tumwunun mei apwangapwang, nenien tumwunun ekkewe chinap me pwan ekkewe nenien tumwunun ekkun ra kan osupwangen weweiti metoch ika ar ekkiek a mang.

Kapasanapan: An epwe eppet i ekkewe menuun semwen epwe efeiengawa non ammat, LTCF iei met repwe fori:

1. Eukuku chon visit nge ese namwot ika wor auchean.
2. Eukuku chon viti an epwe chok ruemon non ew fansoun ngeni ekkewe mei apwangapwang.
3. Cheki ukukun unusen 100 pessen ekkewe chon visit me mwen ar repwe tonong non ewe neni.

Ka tongeni kuna unusen ekkei ennukei won internet

https://content.govdelivery.com/attachments/ORDHS/2020/03/10/file_attachments/1397712/NF-20-67%20Executive%20Letter%20from%20Mike%20McCormick.pdf.

Masowen non COVID-19

- An ewe pekin tumwunun fetanin me eppetin samwaaui won COVID-19 (CDC) website: <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>
- Oregon Health Authority's COVID-19 website: <http://healthoregon.org/coronavirus>

Masowen won an ewe Oregon Health Authority's website mei pachenong:

- » Makkei itom ren email epwe kan send ngonuk iteitan
- » Sokkun pworous ren met epwe anisi fateochun pworousen ewe samwaaui non fitu sokkun kapasen ew me ew fonu
- » Minafon me ekkoch ekkesiwin ren eureur ngeni ese pwan nifinifin sokkun aramas
- » Ukukun aramas mei a torir ei semwen COVID-19 me non Oregon
- » Sakkun kapas eis seni aramas ese nifinifin (FAQs): <https://www.oregon.gov/oha/PH/DISEASES/CONDITIONS/DISEASESAZ/Pages/COVID19-FAQ.aspx>.

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- Local Public Health Authority Directory: www.healthoregon.org/lhddirectory
- DHS COVID-19 web page: <https://www.oregon.gov/DHS/COVID-19/Pages/Home.aspx>
- DHS ODDS COVID-19 web page: <https://www.oregon.gov/DHS/SENIORS-DISABILITIES/DD/Pages/ODDS-COVID-19-Information.aspx>

COVID-19 Kapasen eureur ngeni ekkewe aramas kisikis ar rufich me tongeni ren, ekkewe mei mukeno me pwan ekkewe ir mei watte ar wenungaw ren sokkun samwaau mei wor rer.

Masowen won an ODDS web page mei pachenong:

- » Case manager information
- » Provider information
- » Esinesin ngeni aramas ese nifinifin, mei pwan pachenong video mei awewei COVID-19 <https://www.youtube.com/watch?v=MJ8eeC-tVD4&feature=youtu.be>
- » Makkei itom ren email epwe send ngonuk ren pworous.
- Administration for Community Living (ACL) <https://acl.gov/COVID-19>
- Ofesin Kepina COVID-19 web page <https://www.oregon.gov/gov/pages/index.aspx>

Fan iten menuun ewe SEIU 503

- Kaeo ngeni met SEIU mei fori fan iten ion chochon non: https://seiu503.org/member_news/coronavirus-resources-for-seiu-members/

Fan iten aramas mei seningepung ika weires ar repwe rongorong fos

- Masowen non COVID-19: <https://www.amphl.org/blog/2020/3/15/covid-19-resource-list>

Plain language booklet

- Plain Language Booklet on Coronavirus, A for meren Self Advocacy Resource and Technical Assistance Center (SARTAC):
 - » <https://selfadvocacyinfo.org/wp-content/uploads/2020/03/Plain-Language-Information-on-Coronavirus.pdf>
 - » Spanish: <https://selfadvocacyinfo.org/resource/plain-language-information-on-covid-19-spanish-version/>

Ngeni faminien ekkewe semirit ika serafo mei wor ar tufichingaw ren sokkun osupwangen inisir

- Eureur ngeni sam me in me chon tumwun wor epwe ifan ar repwe tongeni anisir pusin ren ei samwaau COVID-19: <https://www.nctsn.org/resources/parent-caregiver-guide-to-helping-families-cope-with-the-coronavirus-disease-2019>

Fan iten ekkewe mei mwukeno ir mei wenungaw ren watten samwaau mei wor rer

- Kapas eis me ponuwan ren COVID-19 fan iten ekkewe mei mwukeno me pwan ekkewe ir mei kan wor ar wenungawen watten samwaau: <https://acl.gov/sites/default/files/common/AOA%20-%20Alliance%20for%20Aging%20Rsch%20-%20Nat%20Fdn%20for%20ID%20-%203-12-20.pdf>

COVID-19 Kapasen eureur ngeni ekkewe aramas kisikis ar rufich me tongeni ren, ekkewe mei mukeno me pwan ekkewe ir mei watte ar wenungaw ren sokkun samwaau mei wor rer.

Fan iten ekkewe aramas mei urir semwenin HIV

- Ekkoch kapas eis fan iten: Coronavirus (COVID-19) me HIV:
 - » <https://www.oregon.gov/oha/PH/DISEASES/CONDITIONS/HIVSTDVIRALHEPATITIS/HIVCARE/TREATMENT/CAREASSIST/Documents/FAQ-covid-19-and-hiv.pdf>
 - » Spanish: <https://www.oregon.gov/oha/PH/DISEASES/CONDITIONS/HIVSTDVIRALHEPATITIS/HIVCARE/TREATMENT/CAREASSIST/Documents/FAQ-covid-19-and-hiv%20SP.pdf>

Americans with Disabilities Act (ADA)

- Ekkoch kapas eis me ponuwan fan iten ewe ADA, the Rehabilitation Act, me COVID-19: <https://content.govdelivery.com/accounts/USEEOC/bulletins/281dd9d>
- Fan iten kapas eis me wewengaw ren ekkoch kapasen ADA mei pwan wenei COVID-19:
 - » Northwest ADA Center
 - ADA Hotline: 1-800-949-4232
 - nwadactr@uw.edu

Aninisin aramas ren mungo

- Oregon Food Bank locations: <https://www.oregonfoodbank.org/find-help/find-food/>
- Ian kopwe kuna me ian aninisin ren mongon sukun non Oregon non ei fansoun mei kesipeno ren COVID-19: https://docs.google.com/spreadsheets/d/e/2PACX-1vQdNuwGk2d3GnFHMqWP5EOM4C9sTKriEoTXNlbcFjJuxHIOz8wKv89L-dtDAOf4IWcjl8QM82L-mOW3/pubhtml?gid=1537028636&%3Bsingle=true&%3Bwidget=true&%3Bheaders=false&urp=gmail_link
- Ewe monien aninisin mungo ngeni ekkewe famini mei kan kukkun ar moni tonong rer (SNAP)
 - » Kokori ika email ngen ekkewe ofesin DHS om kopwe kut noum taropwe (application). Kutta ena ofes ka ururun kopwe no ngeni won en website <https://www.oregon.gov/DHS/Offices/Pages/Self-Sufficiency.aspx>.
 - » Ka pwan tongeni amaso noum taropwe online <https://apps.state.or.us/onlineApplication/>.
- Aging and Disability Resource Connection (ADRC) of Oregon: <https://www.adrcforegon.org/consite/index.php>

COVID-19 Kapasen eureur ngeni ekkewe aramas kisikis ar rufich me tongeni ren, ekkewe mei mukeno me pwan ekkewe ir mei watte ar wenungaw ren sokkun samwaau mei wor rer.

Kapas eis memef me porous ka mochen fateoch ren porousan

Ka tongeni atourato omw kapas eis, memef and me pwan met porous ka mochen fateiti won ekkei eureur won COVID-19 fan asengsin aramas mei kan apwangapwang me tufichingaw oregon.masscare@dhsosha.state.or.us.

Ka tongeni atourato omw memef me met sokun kapas eis kese fat ren won ach kewe ennuke ren ei COVID-19 ekkewe a katou seni Kepina Kate Brown ngeni Constituent Services non ewe Governor's Office at 503-378-4582. En mei pwan tongeni atoura won internet non nouch kena fom online. No ngeni: <https://www.oregon.gov/gov/pages/request-assistance.aspx>.

Kapasen Kinisou ngeni

Fiti ach kinisou ngeni ofesin Kepina non California ewe pekin Emergency ren ar aninis won ekkewe kapasen eureur me pesepes ngeni aramas fan iten ei samwaau.

Pwan auchean aninis mei pachonong ngeni ach kewe kapasen pesepes me eureur seni ewe ofesin Tumunuw me Anisi Ekkewe Mei Nafangaw ar Tufich me Tongeni (DEMAC) non Oregon. Kinissou!



Ewe Putain Tumunun
Samwaau

Ka tongeni pwan angei sopwosopwun ekkei pworous non ekkoch pwan fosun ekis mei pwan kawor non watten copy ika ifan sokkun ke mochen kopwe nouni. Kokori ach we Putain Tumunun Samwaau won nampa 971-673-0977. Kich mei etiwa koko an emon epwe atoura ika ka pusin tongeni kokorikich won na nampa 711.

OHA 2258A Chuukese (04/06/2020)