



## Ekkewe kapas eis mei wor fan iten COVID-19 me Tumwunun Mongo

### Ei COVID-19 ew osukosuk ren fan iten mongo sie moni me non ekkewe nenien forun mongo?

Ekkei ekoch nenien angang rese mwo kuna pwe mei wor repot fan iten ei samwaa COVID-19 an epwe fetan monun me non ekkewe mongo ika tukutukun nenien mongo:

- Ewe Nenien Tumunun me Eppetin Fetanin Watten Samwaa (CDC)
- Ewe A kan Nemeni Forun Pekin Mongo & Ekkewe Sokkun Safei (FDA)
- Ewe Putain Tumwunun Ira me Maan (USDA).

Met mei fat ngenir ikenai pwe watten efeiengawen chounon ei samwaa COVID-19 e muttir chouno seni an emon epwe nonomw unukun ekkewe a wor rer esisinen ei samwaa. Ngeni pwan napanon fetanin, osupwangen an emon epwe tongeni tori monun ei samwaa ika epwe nonomw unukun ekkewe a urir nge ese mwo pwano ekkewe esisinen ei samwaa senior. Ekkewe sopai ren nenien mongo repwe fiti ngeni ururun met ennuke ren chon angangen non nenien mongo me an ewe putain tumunun samwaa ekkewe eureur fan iten ar repwe anomwatiw ekkei aramas non imwer.

### Metekewe sokkun efeiengawen ei samwaa ach sipwe angei seni ekkewe mongon teikout me kewe non sikan order sia tongeni chok angei ach sato won wach kewe sise pwan toti tonong non nenien mongo?

- Ese mwo wor kapas epwe tongeni awateno ei samwaa seni ach kut anach mongo ren ekkewe mongon teikout me ekkewe sikan chok sato won wach sia angei murin ach order.
- Ei sokkun anapanapen kутten anach mongo mei kukkun efeiengawan ren fetanin ei samwaa, akkaewin ngeni ekkewe ir mei mwukeno me ekkewe mei muttir ar repwe tongeni mefi osupwangen ei samwaa ika epwe torir. A pwan tongeni anisi an epwe napano ewe atowawa nefinomw me emon me pwan ekisano nenien ian aramas repwe attap ngeni ian.

### Mei tongeni pwe emon epwe tongeni tori ei samwaa COVID-19 ren chok an attapa ekkewe mongo ika tukutukun mwongo mei wor monun ei samwaa COVID-19 won?

- Efeiengawan an epwe fetan ewe monun samwaa mei kukkun, anongonong won met masowen an sousinenap nenengeni ika kaeo ngeni.

- An esapw watte efeiengawan, tonu poum ika aea ekkewe totonun paw mei wor arukor non me murin omw angang ngeni mongo ika tukutukun mongo.

## Ifan efeiengawen an epwe ach sipwe order mongo epwe eto ngeni imwach kewe?

- Nonno chok ngeni ekkewe mongon teikout, me ekkewe mongo emon epwe wisen atoura:
  - }} Epwe anisi ewe angangen atowawa nefinom me emon
  - }} Ekisano an esapw chommong paaw repwe attapa seni fansoun an a for iwe mongo tori an epwe ne no ngeni ewe chon mongo.
- Chommong ekkewe pekin aninisin atoura metoch ir mi forata anapanapen an esapw chommong chon attapa me angengeni metekewe epwe tour ngeni ion minneka an. Ekkei ra tongeni ekisano efeiengawen fetanin ewe samwaau.

## Met epwe fis ngeni non inisum ika pwe epwe wor omw kopwe mongo ekkewe mongo a wor monun COVID-19 non?

- Ika pwe kopwe mongo ekkewe mongo mei wor monun ewe coronavirus non, ekkewe monun asit non nukomw repwe tongeni ataienono ewe monun samwaa.
  - }} Ika mwo pwe ekkewe monun non nukomw rese nieno, ese mwo wor met epwe pwarata pwe ei monun samwaa mei tongeni osukosuka non inisich seni non nukach tori affach.
- Tonu poum ngeni sopw me konik me mwen omw kopwe mongo ren an esapw wor feiengawen samwaa seni mongo mei ngaw, Ina kapanapan.

## Nonomw nge kopwe fateiti pworous

[Ewe Pekin Tumwunun Eppetin Fetanin Smwaa Watte \(CDC\)](#)

[Ewe Putain Tumwunun Samwaa non Oregon \(OHA\)](#)

[211](#)

Ren met sokkun porous ke mochen  
fateiti, ka tongeni kuna me won  
[healthoregon.org/coronavirus](http://healthoregon.org/coronavirus) ika  
kokkori 211.

Ekkoch kapas eis ngeni ewe Putain Tumwunun Samwaa non Colorado sia  
pwan angei seni & Won pekin nonomwun neniach.

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Ka pwan tongeni angei ekkei porous non pwan kapasen ekoch fonu, non watten taropwen esinesin, me pwan sokkun met en ke tipeni koupwe nounou. Kokori ach we Putain Tumwunun Samwaa won nampa 971-673-0977. Kich mei etiwa koko omw kopwe kori emon emon a wisen atoura ngenikich ika fen pusin kokori 711.