



Saingonon Ekkesiwin non: September 9, 2020

Kapasen Orour Fan Iten Ewin Kinikinin Suk Sefan – Chon Awora Aninis Ngeni Aramas

Pochokunen Nemenem: Otutun Nampa. 20-27, ORS 433.441, ORS 433.443, ORS 431A.010

Pwonuwetan: Ekkewe kompanien chon awora aninis me non ekkewe sopw ra nomw non kinikinin Phase Ew me Phase Ruw

Angangen Apochokuna: Ngeni an epwe tufich ei ourour mei menei an epwe nomw fan nurun pwan ekkoch sokkun onnuk, an epwe tufich wor pochokunan usun mei affat non ewe Otutun 20-27, teten 26.

Awewen foos: Fan iten ei ourour, ekkei awewen foos repwe tongeni wewefich ngeni:

- Fan iten popun ei taropwen kapasen ourour, "Chon Awora Aninis Ngeni Aramas" a wewe ngeni ekkewe ekkewe nenien fichin me forun mokur, nenien nimenimen inis, nenien rowa, nenien nimetti ukkun paw me peche, nenien ekkinamwei inisum an epwe pwichikar fan ekkewe mwesinen tan ussun nge ke nomw fan akkar, me nenien tatto/pwangapwangen sening me sokkun kinikinin won inis.

Angangen cheki aramas chon eto ngeni ekkewe neni:

Ekkewe minne ar ekkewe neni **repwe** fori:

- Kokori ionewe epwe chuto ngeni ewe neni me mwen ewe fansoun epwe chuto iwe repwe eisini ekkei kapas eis:
 - Mei mwo uruk mor ika mei uruk mor mei aweires?
 - Mei mwo uruk pwichikar?
 - Mei wor toruk weiresin fetanin om ngasangas?
 - Mei mwo wor omw kopwe nomw arapakan ngeni emon mei wor ren ekkei esisinen ewe samwaaui ika emon mei nomw ren ewe COVID-19 non ekkewe 14 ran sia fen tou seni?
- Ekkesiwini fansoun an ewe aramas epwe chuto non ewe neni ika pwe mei wor me nein ekkewe kapas eis ewe aramas me ponueni ngeni pwe "ewer" ren ekkewe esisinen ewe samwaaui (mor, pwichikar, weires fetanin ngasangas) tori an epwe wor ekkesiwinin, me ika pwe ewe pwichikar mei kisino non ukkun 24 awa nge ese mwo wor safei mei angei, me ika pwe ese wor an epwe arapakan ngeni emon mei uri ewe semwinin COVID-19 non ukkun 14 ran.
- Nengenisefani [ekewe pworous ren ifan usun an COVID-19 chou fetan](#) seni emon ngeni pwan emon: akkaewin ren mor, pwesi, attapeta won mettoch mei wor monun ewe samwaaui won.

- Makketiw met mei auchea epwe mak fiten ewe chon chuto, ewe ranin me kunokun an chuto, me pwan ionewe e wisen fori angangen aninis ngeni. Ika pwe epwe wor emon a nomw ren ewe COVID-19 nge mei pin tori ewe neni, ewe pekin tumwunun samwaaupwe tongeni angei ekkewe porous mei nomw ren ewe neni fan iten an epwe anisir ar repwe kutta fetanin ewe samwaaup. Me nukun chok ika mei namwot epwe nonomw, sokkun met porous ewe neni mei makketiw me anomwu ren chon chuto epwe tongeni koturuno me murin 60 ran seni ewe fansoun ewe aramas e chuto ngeni ewe neni.

Ika pwe epwe tufich, ekkewe neni repwe, nge mei tongeni pwe resapw pwan fori:

- Ekkieki ar repwe aea ekkewe tempuchu chekin pwichikar rese pwan attapa inisin emon ngeni chon chuto non ewe neni iteiten me mwen an emon epwe tonong.

Awewe ngeni aramas chon chuto ion mei nap seni ukukun 100.3 pwichikara pwe ese tongeni ar repwe awora aninis ngeni, me epwe pwan ekkewin sefan ewe ranin an epwe chuto ngeni pwan ew ran me murin 24 awa an ewe pwichikar ika pwan ekkoch esisinen ewe samwaaupwe wes seni nge ese wor sokkun safei mei angei. Ika pwe ewe chon chuto epwe utiwitin an wan epwe to angei, awora ew neni epwe utiwit ian imwuno seni chon angang nge pwan ekkoch aramas mei chuto ngeni ewe neni.

Angangan:

Ekkewe minne ar ekkewe neni **repwe** fori:

- Muttir eniwini ion chon angang a nomw ren ekkewe esisinen ewe samwaaup COVID-19 (mor, pwichikar, weires fetanin ngasangas, me pwan ekkoch) me resapw mut ngeni ewe chon angang an epwe niwiniti angang tori an epwe ukukun 24 awa me murin an a wes seni ekkewe esisinen ewe samwaaup ngeni ese wor safei mei angei.
- Fiti ngeni metekei kapasen ourour me affat non ei taropwe, me pwan fiti sakkun onnuk mei katou seni ewe chon nemeni ewe nenien angang.
- Nenengeni, fengen me chon nemeni kokotun ewe nenien angang ika mei namwot, an epwe kouk ukukun aramas repwe chuto non ewe neni ren an epwe pwonueta ewe koukun onuw (6) fit towawen nefinen aramas, me eukukun chon repwe tonong ngeni ifan ururun.
- Eukuku ukukun chon angang me chon chuto non ewe neni (pachenong non ewe nenien awitiwit) iteiten fansoun meinisin, me fori angangen atowawa nefinen aramas epwe ukukun onuw (6) fit nefinen iokkewe aramas mei nomw non ewe neni me nukun chon ekkewe sokkun aninis ren rowa, me fich mokur me pwan ekkoch.
- Fori pwe chon chuto repwe chok utiwit non war kewe chitosa ika nukun ewe neni tori an ewe chon awora aninis ngeni epwe monneta iwe epwapw kokoranong non.
- Eukuku chon chuto ngeni chok iokkewe ir mei affat pwe repwe chuto non ewe ran. Awora ngangen atoura aninis ngeni aramas ika pwe mei wor met ewe aramas mei moni me nukun ewe fansoun mei affat pwe epwe chuto ngeni ewe neni.
- Epwe chok emon chon awora aninis ngeni emon chon chuto non unusen ewe fansoun epwe chuto ngeni ewe neni.
- Fori pwe epwe ukukun onuw (6) fit towawen nefinen ewe chok awora aninis/chon chuto. Ika pwe epwe tufich, eukuku chok ekkewe nenien awora aninis epwe suk ika fori pwe

fansoun angang esapw chok taitapeno fansoun ren an epwe tongeni pwonueta ewe angangen atowawa nefinen aramas. Fori pwe epwe onuw (6) fit towawen nefinen ewe chon awora aninis me ewe chon chuto me nukun chok ika pwe ewe aninis mei menei an ewe chon awora aninis esapw tongeni towaw seni ewe chon chuto non ukukun onuw (6) fit.

- Pacheta sain affata ekkewe esisinein COVID-19, epwe tingor ngeni chon angang me chon chuto ar repwe nomw non imw ika pwe mei wor rer ekkei esisinen ewe samwaau, me ion repwe tongeni kokori ren an epwe anisir.
- Wau seni ewe neni sokkun met ese namwot epwe nonomw non ren ekkewe pwuken katon, simpung, taropwen sokkun aninis mei wor ikewe, me pwan ekkoch sokkun met we ese namwot epwe pwan wor non ewe neni, minen snack, me minen uun.
- Awora angangen aninisin osukun, sokkun taropwen aninisin osukun (mei nomw won healthoregon.org/coronavirus), me opochokuna angangen nimenimoch, totonun paw, met mei auchea nupwen emon epwe mor me mwesi, me pwan aean ekkewe pisek epwe eppeti an ewe samwaau epwe tori emon ngeni unusen chon angang meinisin.
- Fori pwe ekkewe rumwen asese an chon angang ir mei nimenimoch me opochokuna ngeni chon angang ar resapw mwicheich fengen non ewe rum.
- Nimetifichi ekkewe imwen ngaseno fan ew non ew ran me pwan awora pisekin non (sopw, churukami me ekkewe totonun paw) non unusen ewe ran.
- Nengenisefani me Fori Angangen [Ekkewe Kapasen Ourour Ngeni Ekkewe Neni Angang](#).

Ika pwe epwe tufich, ekkewe neni repwe, nge mei tongeni pwe resapw pwan fori:

- Anomwu non kokot pwe ekkewe neni mot epwe ekkewe mei plastic tukutukun esapw mangaku pwe epwe mecheres angangen enimenima.
- Anomwu non kokot pwe esapw wor nounou taropwe ren pwuken fori taropwen ika card pwe epwe ekkesiwin ngeni an epwe ne chok nomw won computer.
- Eukuku angangen atappa moni, me pwan tonu poum iteiten murin an ewe chon angang epwe angang ngeni moni. Ekkewe sokkun angangen kamotiw ren nounou credit/debit/ ika sokkun met mei fiti an epwe fis won computer repwe chok attapa/siki esapw pwan wor ar repwe repwe sainei iter.

Ekkewe Pisekin Eppeti Inisum Seni Ewe Monun Samwaau:

Ekkewe minne ar ekkewe neni **repwe** fori:

- Nengenisefani me fori Angangen [Masowen ewe Kapasen Ourour fan iten Ekkewe Kompeni, me ekekwe Sein Uwou Aramas](#).
- Pwonueno ewe chon chuto ngeni pwonupwonun mangaku mei nimenimoch, ika pwe mei tufich nupwen fansoun omw awora angangen aninis ngeni. Ekkewe neni repwe ekiiki pwe repwe aea ekkewe sokkun pwonupwonun aramas epwe chok fan ew ar repwe aea.

- Aea pwonupwonun inis mei nimenimoch ngeni emon me emon chon chuto. Ekkewe neni repwe ekieki ar erpwe aea ekkewe sokkun uf/pwonupwonun inis epwe chok aean fan ew.
- Tonu poum ngeni sopw, konik mei ekis pwichikar, non ukukun 20 seken iteiten nefinen omw kopwe awora aninis ngen chon chuto.
- Tingorei chon chuto pwe repwe tonu pour ngeni sopw me konik mei ekis pwichikar, non ukukun 20 seken me mwen an emon epwe anisir.
- Tonu poum me murin nounou fon, computer, mwesinen moni me mwesinen credit card, me pwan nimeti ekkei piesek iteiten murin an emon nounou.
- Awora sopw me taropwen totonun paw ren meinisin nenien totonun paw non ewe neni.
- Pacheta sainen angangen totonun paw non ekkewe imwen ngaseno.

Ika pwe epwe tufich, ekkewe neni repwe, nge mei tongeni pwe resapw pwan fori:

- Aea ekkewe tempuchu kosapw pwan attapa inisin aramas won nupwen fansoun cheki emon me emon chon angang me mwen repwe poputani ne angang. Muttiri eniwini ion chon angang a nomw ren ekkewe esisinin ewe samwaa COVID-19 (mor, pwichikar, weires fetanin ngasangas, me pwan ekkoch) me resapw mut ngeni ewe chon angang an epwe niwiniti angang tori an epwe ukukun 24 awa me murin an a wes seni ekkewe esisinin ewe samwaa ngeni ese wor safei mei angei.
- Aea ekkewe pwonupwonun aaw me pwot mei kawor seni ekkewe pioing nupwen fansoun kopwe fori angangen aninis ngeni emon chon chuto (non ewe ukukun 6 fit), ren fichin mokur, rowa, me pwan nimenimen ukkun poun me pechen.
- Aea pwonupwonun maas fiti ewe pwonupwonun aaw me pwot ika pwe kopwe fori angangen aninis ngeni ewe chuto nge oupwe sapefengen mesemi, ren richin enisan, me pwan nimeti fotun.
- Awora ekkew pwonupwonun aaw me pwot me pwonupwonun maas ika pwe ewe nenien angang mei menei pwe epwe wor aean ekkewe pisek nupwen fansoun ewe chon angang epwe anisi emon chon chuto.

Muti ngeni ika emon chon chuto mei aea ekkewe pwonupwonun aaw me pwot epwe tongeni ettatiw nupwen fansoun epwe wor aninis ngeni; aweve chok ewe chon chuto ese pwan menei epwe aea pwonupwonun aaw me pwot nupwen epwe rowa nge epwe chapettiw ngeni ewe chepenin rowa. Ekkoch pwan aninis, ren nimenimen enis, mei menei pwe ewe chon chuto epwe ettatiw an iwe pwonupwonun aaw me pwot non ekis fansoun.

- Poupou ekkewe paw aean chok fan ew nupwen kopwe awora aninis ngeni chon chuto, iwe ekkesiwini iteiten omw kopwe angang ngeni chon chuto.
- Tingorei chon chuto pwe repwe pusin nimeti mokurer me mwen repwe chuto ngeni ewe nenien forun ika fich mokur.
- Fori pwe esapw wor sapefengenin chon angang me chon chuto non ukukun onuw (6) fit.
- Siwini ufom iteiten nefinen omw fori angangen aninis ngeni chon chuto ika pwe ke fori angangen rowa ika tattoo.

- Siwini ufom ngeni mei nimenimoch iteiten me mwen omw kopwene tou seni ewe nenien angang non ewe ran.

Angangen Enimenim me Nimenim:

Ekkewe minne ar ekkewe neni **repwe** fori:

- Enimenima unusen non ewe neni me mwen repwe suki sefani ewe neni me murin ewe nakatamen fansoun mei kesipeno. Nimeti unusen kinikinin non ewe neni, pisekin non tori mangaku, ika mwo pwe ir mei enimenima me mwen ewe fansoun epwe kesipeno.
- Aea ekkewe pisekin enimenim mei kawor meren ewe Pekin Tumwunun Nimenimochun Fonu (EPA) mei makketiw pwan affat pwe mei nieno ekkewe monun samwaa. Ese mwo wor pisekin enimenim mei affat fan iten COVID-19 iei, nge mei chok wor ekkoch mei affata pwe mei nieno monun ewe coronavirus won taropwen ika won ewe website. Ewe pekin EPA mei wor ren iteiten sokkun pisekin enimenim mei tongeni aea ngeni an epwe nieno ewe monun samwaa mei forata ewe COVID-19. Ika mei wor om tipemwaremwar ren aean ewe pisekin enimenim, ka tongeni cheki won an EPA iwe website.
- Onofiti me ekkesiwini sokkun pisekin enimenim won ekkewe pisekin non ewe neni me pwan ekkesiwini ika pwe ka kuna pwe a kon nimengaw non unusen ewe ranin angang. Angangen enimenima monun samwaa echok tongeni epwe fis won neni mei nimenimoch, ina pwata mei och nimeti ekkewe neni me pisekin angang non ngeni konik mei pwichikar me sopw, me pwan ekkoch sokkun pisekin enimenim (ika pwe ke aea ekkewe totonun pisek ika metoch, chechemeni pwe kopwe pwonu ekkewe metoch) me mwen kopwe enimenima ngeni ekkewe pisekin enimenim epwe nieno monun nimengaw ika semwen.
- Nengeni fichi ukukun tamen fansoun an epwe nomw won ewe pisek pun epwe namot manamanen ewe pisekin enimenimen nieno monun samwaa. Ewe fansoun an epwe nomw won ewe pisek a wewe ngeni ewe koukun fansoun nupwen a nomw nge a fetan manamanan an epwe ne nieno monun nimengaw. Ukukun tamen fansoun an epwe fori angangen nieno monun samwaa ren ekkewe spray ina epwe ukukun engon (10) minich, ren ekkewe totonun nimengaw ina epwe ukukun ruw (2) ngeni ruanu (4) minich.
- Nimeti me enimenima ekkewe meinisin nenien fori angangen aninis ngeni chon chuto, ekkewe rumw, pachenong ekkewe kounter, kapet, sukkun assam, sea, nenien eunano mokurach me nenien anongata pouch. Nimeti me enimenima meinisin pisek epwe pwan aea sefan iwe isoni non neni epwe weires an epwe tonong asepan non. Nimeti me enimenima meinisn pisekin non ewe neni (pachenong senin fifi), pisekin fich meinisin, pisekin forun mokur, me pwan ekkoch sokkun pisek mei aea ngeni chon chuto.
- Cheki pwe meinisin metochun non ekkewe nenien fori angangen aninis awewe ren lotion, kurim, towasi, me pwan ekkoch mettoch mei nomw non nenien iosois mei opwonuno. Ika pwe rese, iwe mutir kapichireno iwe ekkesiwini. Omwokutu me kapichieno sokkun mettoch ra nimengaw me ekkesiwini ngeni met minafo.
- Nimeti me enimenima ekkewe kinas, mecha, plastik, pwan pachenong ekkewe nenien fori angangen non ewe neni, pwan ekkewe neni mei tepetep aramas mei tonong non, me pwan neni ian mei napengeni an aramas repwe attapeta won ren nenien ese nefinifin me pwan nenien chon angang me non ewe neni.

- Aea ekkewe metoch ren (pworun isoisen taropwe, nenien nofitin metoch, pwangapwangen metoch, me pwan ekkoch) fan ew chok iwe kapichieno pwe ese tongeni an epwe enimenim.
- Sopwuni meinisin mangangku, pinangket, toun, katen, me ekkewe pwonupwonun inisin aramas non sopw me konik mei pwichikar me pwan apwasa non ukukun koukun pwichikar epwe tongeni appwas non. Isoni non kapet mei kesipeno me murin an emon aea. Isoni meinisin mangangku a pin aea/nimengaw non neni mei kesipeno esapw tongeni an asepan epwe tonong non.
- Nimeti me enimenima meinisin nenien mangaku me pwan aea chok ekkewe nenien mangaku mei tonegni epwe opwonuno nge kopwe wanong non ekkewe kan chota epwe tongeni omw kopwe pwan wau ka kapichieno.
- Nimeti me enimenima meinisin nenien ameme me non ewe neni iteiten ran, pachenong metekewe pisekin ameme. Achocho ngeni ne fori pwe chon kamo resapw attapa ekkewe metoch ika pwe rese ekiengin moni.
- Awora ekkewe totonun paaw me totonun pwot ngeni chon angang me chon chuto, ika epwe tufich.
- Nimeti me enimenima MEINISIN kinikinin non ewe imwen ngaseno, simen, singk, me toilet pwon. Isoni ekkewe churukami non kapet mei kesipeno me pwan awora sopwun paw. Anomwu ekkewe nenien kapich orun ekkewe asam. Wau met esapw pwan ururun epwe nomw non ewe imwen ngaseno.
- Nimeti meinisin pwon, osun konik, spray, sean sampwuni mokur, nenien paw iteiten me nefinen omw aea ngeni chon chuto. Nimetatiw won meinisin metoch mei nomw won sanif. Kapichi me ekkesiwini metekewe rese isois non nenien isois me mwen ewe fansoun suk sefanin ewe neni me murin an kesipeno non nakatamen fansoun.
- Aponu meinisin nenien wax me enimenima me mwen epwe pwan amasow sefan me mwen epwe suk ewe neni me murin ewe fansoun mei kesipeno non nakatamen fansoun. Moni ekkewe metoch epwe tongeni omw kopwe chok aea fan ew me non ewe neni iwe pwan kapicheno non nenien kapich mei apwonuno. Ekkewe nenien kapich epwe wor apwonuno iwe epwe pwan wor plastikin kapich epwe nomw non an epwe tongeni koturuno.

Ika pwe epwe tufich, ekkewe neni repwe, nge mei tongeni pwe resapw pwan fori:

- Awora totonun paw non unusen kinikinin ewe neni fan iten chon angang me chon chuto.

Pwan Sopwosopwun Pworous Mei Auchea:

- [Sain Epwe Tongeni Pacheta](#)
- [Kapasen Ourour fan iten ekkewe pwonupwonun aaw me pwot ngeni ekkewe Kompeni, me Sein Uwou Aramas](#)
- [An OHA Kapasen Ourour ngeni Ekkewe Nenien Angang](#)

Toureochun taropwe: Ren ekkewe aramas mi wor osupwangen an inisir tongeni ika ekkewe rese sinei fosun Merika, OHA mi tongeni awora taropwe non ew sokkun nikinik ar repwe weweiti, awewe ren fosun ekis, epwe mesemong ekkewe mak, ika non nikinikin noun mei chuun. Kokkori Mavel Morales won nampa 1-844-882-7889, 711 TTY ika mak ngeni won OHA.ADAModifications@dhsosha.state.or.us.