



Pwinin Maram: Sanuweri 11, 2022

COVID-19 Akkanaemonuno me Kuwarantiin

Aramas me non Oregon minne-ka meni mei, ika a ffat pwe ir ew keis ren COVID-19, ika ir mei nomwongeni emon mei uri, nupwen an nour tokter apasa ika chon angangen state ka non public health apasa, repwe ponuweta ekkei ennuken kuwarantiin me akkanaemonuno.

Ike rese ponuweta ekkei ennuken, iwe ewe state ika ar local public health mei tongeni atoura ngenir nour taropwen ennuken imerechensi ar repwe akkanaemonuno ika kuwarantiin ika pwan atoura ngenir nour taropwen ennuken meren ewe imwen kopwung pwe repwe akkanaemonuno ika kuwarantiin me fan nurun ewe ennuken ORS 433.121 ngeni 433.140.

Chemeni:

Ei taropwe epwe tour ngeni aramas unus, nge **ese pwan pachenong chon:**

- Angang, chon niiwing ika aramas non ekkei sokkun neni:
 - Nenien niiwingittam ren tumwun
 - Nenien mwan me fefin ese wor neniar
 - Chon niiwing non nenien tumwun (awewe, ren nenien tumwun ren semwenin netip, nenien tumwun ren aramas mei wor semwenin ar ekiek ika inisir)
 - Chon niiwing ren semwen (awewe, non pioing, nenien tumwun tori maano)
 - Nenien kopwung (awewe, nenien pureik me kanopwuus)
 - Pwan ekkoch nenien nomwofengen (awewe, nenien chon ese wor imwar, nenien chon tou me non pureik)
- Chon sukuun me chon angang e torir me non nenien sukuun K-12

Ourour ren fansoun akkanaemonuno me kuwarantiin ren COVID-19 non ekkei neni mei affat asan ei, kopwe kokkori ena neni, sukuun, ika omw local public health authority.

Awewen Kapas Fan iten ei ourour, ekkewe kapas, ikkei awewen:

- "Nomwongeni" wewen pwe emon aramas mei nomwongeni emon mei ffat pwe emon keis ren COVID-19 ika meni emon keis ren COVID-19.
- "Ffat pwe ew keis ren COVID-19" wewen pwe emon aramas mei positiif pwungun an tessin COVID-19 ren ewe nucleic acid amplification tess ika ewe antigen tess, ika pwan ew sokkun tess mei ketiw aean meren chon state ika public health authority.

- "Akkanaemonuno" ika "imwuuno" wewen pwe inisin ewe mei meni uri, ika a ffat pwe mei semwen nge mei tongeni cheufetan an ena semwen, epwe imwuuno me akkanaemonuno seni aramas pwe epwe kouno ika ekukkunatiw cheufetannin ngeni aramas rese semwen.
- "Meinapen local public health" mei wor awewen ena kapas non ORS 431.003.
- "Keis ren ekiengin meni pwe COVID-19" wewen pwe emon mei mefi esissinen semwenin COVID-19 fengen me mei nomwongeni emon mei ffat pwe a uri COVID-19 2 ngeni 14 ran me mwen an mefi an semwen; ika mei positiif pwungun ewe antigen tess e aea me non imwan.
- "Kuwarantiin" wewen pwe ewe aramas ese unus an opposun eppetin COVID-19 an ACIP pesei ngenir, nge mei unusen nomwongeni emon mei semwen nge ena mei semwen ese mefi esissinen ar ena semwen, repwe imwuuno me akkanaemonuno non ew neni seni aramas ese mwo torir ena semwen mei cheufetan, ren an esapw cheufetan ika ekukkunatiw fansoun an epwe cheufetan ena semwen ngeni aramas.
- "Ofiserun state health" wewen pwe emon Ofiserun Public Health mei kefinita me fan nurun ewe ennu ORS 431.045.
- "Unusen torir" wewen pwe mei:
 - Nomwongeni nge ese wor ewe onu (6) fiit ren ew pwungun pwe keis ren COVID-19 ika meni pwe COVID-19 keis non ukuukun 15 minich ika nap seni ew ran.
 - Attapa chenun awen emon mei uri ika chenun inisin emon non clinic mei ffat pwe ew keis ren COVID-19 ika meni pwe ew keis ren COVID-19.
- "Unus ar opposun eppetin COVID-19 an ACIP pesei ngenir" wewen pwe emon aramas minne-ka mei tufichin me:
 - Ika pwe emon a 18 ierin ika nap seni:
 - Ra angei me ruu (2) ekkewe 2-opposun eppetin COVID-19 non ukuukun 5 maram; ika
 - Ra angei ew (1) ewe 1-oppos ren eppetin COVID-19 non ukuukun 2 maram; ika
 - A unus ar ewe oppos 1-ika-2-opposun eppetin COVID-19 fengen me ra angei ewe apochokkunen opposun eppetin COVID-19.
 - Ika pwe ir 5 ngeni 17 ierir:
 - Ra angei me 2 oppos ren ewe 2-opposun eppetin COVID-19

Ika a ffat pwe ew keis ren COVID-19 ika meni pwe ew keis ren COVID-19, mei auchea ar repwe:

- Akkanaemonuno non ukuukun (5) ran mwirin ar mefi ar semwen me tori 24 awa mwirin ar chikar seni ar pwichikkar, nge esapw ren ar wuun safeian, me tori ar chikar seni esissinen semwenin COVID-19 (mwor, mwiengas, me feinsen).

- Akkanaemonuno non ukuukun nimwu (5) ran seni fansoun omw atouranong met ewe re tessini nge mei positiif pwungun tessin ika kese mefi semwenin ika mei uruk pwan ew sokkun semwen, ese pachenong pwichikkar, mwor, mwiengas ika feinseni.
- Akkaaemonuno non ukuukun 10 ran ika en mei chiwen chouchou ren semwenin COVID-19, ika ke niwing ren COVID-19, ika ena aramas e semwen mei apwangapwang noun menun fiiu ngeni semwen.
- Repwe soun kapas ngeni ewe local ika state public health authority me ponuweta met an ena public health tingor.

Emon ke nomwongeni:

- Ese unus ar opposun eppetin COVID-19 an ACIP psei ngenir **mei auchea omw kopwe**:
 - Kuwarantiin non imw me awora onu (6) fiit nefiinar me aramas, pachenong chon non ena imw, non ukuukun nimwu (5) ran mwirin saingonon ar nomwongeni emon mei uri COVID-19 me pwan sopweno ne aea pwonupwonun won maas nimwu (5) ran mwirin ena fansoun ika re nomw nein aramas.
 - Kuwarantiin non ukuukun 10 ran ika rese tongeni aea pwonupwonun won maas
 - Aea pwonupwonun won maas non ukuukun 10 ran nein aramas ika pwe rese tongeni kuwarantiin
- Mei unus ar opposun eppetin COVID-19 an ACIP pesei ngenir, ese pwan menei ar repwe kuwarantiin, nge **repwe** aea pwonupwonun won maas nein aramas non imwar non ukuukun 10 ran seni fansoun an ewe torir.
- Repwe, ika mwo ir mei angei ika rese angei ewe opposun eppet, angei ewe tess nimwu (5) ran seni fansoun an ewe torir.
- Repwe tumwuneochu ika re mefi ar semwen non ukuukun 10 ran seni ewe fansoun re nomwongeni emon mei uri COVID-19 pwe meni mei wor fansoun ar repwe tongeni, ika pwe re ammwochaano fansoun ar repwe kuwarantiin, esemweni pwan emon. Ika pwe re mefi semwen, ena aramas epwe niwinnong non kuwarantiin, esinesin ngeni ar local public health authority me nour tokter, fengen me angei ewe tess.
- **Mei auchea ar repwe** akkanaemonuno ren ponuwetan ei ourour ika pwe a ffat ika meni pwe ir ew keis ren COVID-19 fansoun ar kuwarantiin.
- Repwe soun kapas ngeni ewe local ika state public health authority me ponuweta met an ena public health tingor.

Aramas repwe, nge ese ennuuk ar resapw:

- Kuwarantiin ika akkanaemonuno ika ar einang, state ika local public health authority re ara, non ar katon met pisekin pwarata mei wor, pwe ekkewe mwokutukut mei auchea ren tumwunun an aramas health, ika mwo ena aramas esapw emon mei nomwongeni, ika meni emon, ika mei ffat pwe ew keis ren COVID-19.

Mei ketiweu seni an epwe kuwarantiin pwe epwe niwin sefan ngeni angang

Ren ekkewe aramas mei ffat pwe ir mei nomwongeni nge **rese mefi semwenin**, mei tongeni ketiweu seni ewe ennukun kuwarantiin pwe epwe niwin sefan ngeni an nenien angang ika mei nomw non **meinisin** ekkei tetten:

- Emon ofiserun state health ika chon kefin merer, ika ewe meinapen public health ika chon finata, e ara pwe an ena aramas angang mei auchea nge ese naaf nour chon angang; 1
- An ena aramas nenien angang mei tumwunochu pwe mei wor eppetin cheufetannin semwen ngeni aramas non ar nenien angang;
- Noun ena aramas meinap non nenien angang mei sinei porousen an noun ena chon angang kuwarantiin nge mei finata pwe ina aramas epwe niwin ngeni an angang;
- Ena aramas mei etipeew pwe epwe aea ew ekkewe pwonupwonun won maas mei pochokkun ika N95 non an nenien angang me awora onu (6) fiit nefinan me aramas non unusen fansoun; **me**
- An Oregon Occupational Health me Safety ennuke ese ennuku an ena aramas niwin ngeni an angang.

Fansoun ketiweu seni ei ourour ren kuwarantiin epwe tourenong non taropwe me ena aramas epwe chok pwan ponuweta ennukun kuwarantiin ika pwe ese nomw non an nenien angang.

Sopwosopwun Aninnis

- Ren sopwosopwun porous fan iten ei akkanaemonuno me kuwarantiin ika pwe e tori emon semwen non ew nenien sukuun K-12, katon ewe [Oregon Department ren Education Mwonnetu Sukuun, Tumwunun Chon Kao aninnis](#).
- [Sinei ennetin porousen COVID-19](#)
- [COVID-19 aninnis ren ekkewe community](#) mei pachenong aninnis ren chon angang, chon kuut nour chon angang, aramas mei wor apwangapwangen inisir, me pwan ekkoch community.

Toureochun taropwe: Ren ekkewe aramas mei wor apwangapwangen inisir ika aramas rese sinei fosun Merika, OHA mei tongeni awora ei taropwe non pwan ew sokkun napanap ren chiaku, epwe mesemong makkan, ika non makken braille. Kokkori ewe COVID-19 Communications Unit won nampa 1-971-673-2411, 711 TTY ika COVID19.LanguageAccess@dhsosha.state.or.us

¹ Ren kefinin met sokkun angang mei auchea ne sopwosopwono, epwe nomw ren ewe state me local authority non ar soun nengeneochu ena kinikinin angang.