



Poputan Pochokunan: December 15, 2020

Ourour fan iten Unusen State (Met Kich Mei Menei Epwe Fis) fan iten Pekin Sai

Pochokunen Nemenem: Otutun Nampa. 20-66, ORS 433.441, ORS 433.443

Pwouetan: Meinin chon sai ngeni Orekon ika nonomw Oregon.

Pwoputan ei Ourour: Ei kapasen ourour ese pwan pachenong met esapw-ururun pwe epwe fis.

Awewen:

“Sai mei namwot” wewen ew sai mei fis fan iten pekin angang me pekin kaeo, pekin aninisin infrastructure, aninis economic me angangen kaworen mettoch, pekin health, atapanapwanen aninisin mei semwen, me tumwunun me pekin tumwunun aramas.

“Sai ese-namwot” wewen sai mei fis ren chok an emon epwe no kukunouw ne katon ewe neni, pekin urumwot ika pwan ekkoch pwopwun ese kon auchea ika namwot.

Met Kich mei Menei Epwe Fis fan iten Sai Ese-Namwot

Ei osukosuk fan iten COVID mei chon nanapeno me non chommong me nein ekkewe state me pwan ekkewe watten fonu. Ion aramas epwe wareto ngeni Oregon seni ekkewe ekkoch state, ika chon nonomw non Oregon repwe niwin sefan me non ekkewe pwan ekkoch state ika watten fonu, repwe tongeni awateino ei efeiengawen chounon ei COVID-19. Ren pwan sopwosopwun, an emon epwe sai mei tongeni pwe epwe ina anen an emon epwe tongeni tori ewe COVID-19, akkaewin angangen sai non neni mei chommong aramas ir mei pwan nomw ian, won sepenin, nefon bus, ika fen won ekkewe train. Omw kopwe achocho ngeni kosapw mwo sai ina met epwe tongeni ekisano an esapw wateno chounon ewe semwen me pwan an emon epwe uweianong ewe monun samwaaun sefan ngeni Oregon.

Ion aramas epwe wareto ngeni Oregon seni ekkewe ekkoch state ika watten fonu ren met sai ese-namwot, pachenong chon nonomw Oregon ir mei niwin sefan, repwe nge ese pwan menei pwe repwe fori:

- Fori angangen [self-quarantine](#) ren eukukun 14 ran me murin ar wareto
- Eukuku ar repwe nomw me fori mettoch unukun chon non imwer

Non ach nukuw pwe ewe 14-ran quarantine ina met epwene kon tumwuneochu an esapw chouno ewe COVID-19 ngeni pwan ekkoch, iokkewe ir mei sai ngeni Oregon ika niwin niwin sefan ngeni Oregon ir mei tongeni repwe eukatiw ar we quarantine¹ **ika pwe ese mwo wor rer ew me nein ekewe esisinen ewe semwen**:

- Me murin 10 ran, ika mwo pwe rese tes

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- Me murin 7 ran, ika pwe a tou pungun ar tes nge mei negative ika ewe polymerase chain reaction (PCR) tes non ukukun 48 awa me mwen epwe much ar we ranin quarantine.

Chon nonomw Oregon repwe, nge ese pwan menei pwe repwe fori:

- Nomwonong non imw ika non ar kewe kinikin iwe resapw fori angangen sai ese-namwot ngeni pwan ekkoch state ika watten fonu.

Ekkei mettoch kich mei menei epwe fis esapw pwan fan iten iokkewe ir mei sai ngeni pwan ekkoch state ika fonu watte ren met sai mei namwot.

Toureochun taropwe: Ren ekkewe aramas mi wor osupwangen an inisir tongeni ika aramas rese sinei fosun Merika, OHA mi tongeni awora taropwe non ew sokkun nikinik ar repwe weweiti, aweve ren fosun ekis, epwe mesemong ekkewe mak, ika non nikinikin noun mei chuun. Kokori ewe Center ren Porousen Health won 1-971-673-2411, 711 TTY ika COVID19.LanguageAccess@dhsosha.state.or.us

¹Mei wor ekis me ian an epwe fis pwe iokkewe re amwochano ar we fansoun quarantine, mei tongeni ar repwe pwan atoura ewe monun semwen ngeni pwan ekkoch me murin-ewe quarantine. Ren ewe pwopwun, mei auchea pwe ekkewe aramas repwe sopweno ne pusin nenengeni ifan usun nonomwun inisir ren ekkewe esisinen ewe semwen iteiten ran. Ika pwe a wor ion a nomw en ekkewe esisin, repwe sopweno ar resapw nomw arapakan ngeni ekkoch me pwan kokori nour dokter ren porousen ar repwe tes.