



July 24, 2020

Kapasen Ourour ren Ewin Kinikinin Suuksefan

Kinikin: Pekin Apochokunen Inis

## Tichikin Kapasen Ourour fan iten ekkewe Nenien sokkun angangen apochokunen Inis:

Sokkun mwichen pekin aninisin apochokunen inis mei pachenong nge ese pwan kouk ren ekkewe gym, nenien taiso, nenien kaeo sakkun taiso me urumwot, nenien kaeo pworuk, nenien kaeo fiu.

## Towaw fesen me Chochon:

### Nenien sokkun angangen apochokunen inis repwe:

- Eukuku chochon aramas non ew neni ngeni an epwe 100 aramas repwe nomw non ika 250 aramas repwe nomw nukun, esapw nap seni 250 chon nomw non me nukun; ika ewe ukukun aramas, mei pachenong chon angang, anongonong won ukukun aramas repwe tongeni nomw non ewe neni (square fit/chochon), ika ifan koukun an epwe chokukun.
- Apochokuna pwonuetan me fiti an [OHA we Kapasen Ourour ren Emwicheich](#).
- Eukuku chon fiti ekkewe nenien kaeo taiso ngeni koukun chochon aramas no ewe rumw (ika pwe epwe tongeni wor ukukun onuw (6) fit towawfesenir).
- Ekieki ika epwe tufich an epwe fis sokkun angangen taiso ika osukunen taiso nukun imw ika pwe epwe tumwun, ika pwe esapw angawano sokkun onnuk, me ika pwe ekkewe chon fiti me chon osukun repwe tongeni awora onuw fit towawen nefiner. Eukuku ekkewe pisekin taiso ngeni an epwe tongeni wor onuw (6) fit towawen nefiner. Ika pwe ewe pisekin taiso ese tongeni an epwe mwokut ren an epwe awora tawen nefinen chon aea, iwe epwe eppetino pwe esapw wor chon aea.
- Ennuku an epwe fis ekkewe sokkun urumwot chon fiti ir mei kan arapakan fengen inisir fansoun ar urumwot non, nenier ne urumwot mei kanefengen (kukun seni onuw (6) fit towawen nefiner), ika aea fengen pisekin urumwot (awewe ren, urumwoten basket, squash, racquetball, taekwondo, karate, simo, mixed martial arts).
- Mwutata chok an ekkewe gym epwe suk ren aean sokkun urumwot resapw pwan kanefengen inisin chon urumwot non ika sokkun met emon epwe kaeo ngeni nge esapw pwan wor an epwe arapakan ngeni pwan emon.
- Ren ekkewe sokkun angangen kaeo urumwot ren emon-ngeni-emon, iwe repwe awora ukkukun onu (6) fit towawen nefinen ewe chon kait me ewe chon kaeo. Ika pwe mei

weires ar repwe awora ewe ukukun onuw (6) fit, iwe ewe chon kaeo epwe aea pwonupwonun maas nge ewe koukun fansoun repwe arapakan fengen epwe chok eukuk. Chon kait me chon kaeo repwe tonu pour iteitan ngeni sopw me konik mei ekis pwichikar ika aea hand sanitizer (epwe wor 60-95% arukor non) iteiten me mwen me murin ar repwe chufengen.

## Angangan:

### Nenien sokkun angangen apochokunen inis repwe:

- Nengeni sefani me Anganga [Kapasen Ourour fan iten Pwonupwonun Aaw me Pwot me Pwonupwonun Maas non unusen ei State](#).
  - Meinishin chon angang me ekkewe chon mei wor met repwe fori repwe aea pwonupwonun aaw me pwot, eppetin maas ika pwonupwonun maas fansoun fori angangen taiso non imw. Ekkewe chon angang me ekkewe chon mei wor met repwe fori repwe aea pwonupwonun aaw me pwot, eppetin maas, ika pwonupwonun maas nupwen repwe fori angangen taiso nukun imw ika pwe ese tongeni an epwe pwonueta ewe onuw (6) fit towawen nefinen aramas.
- Awora kokoteuchun ekkewe pisekin non ewe neni me ekkewe pisekin non ewe neni mei chiwen eochun aea me murin nakatamen fansoun kesipenon ewe neni. Met sokkun angangen tumwun me aean ekkewe pisek non ewe neni mei nomw non pwuken awewen angangen ewe pisek me pwan met masowen ewe standard operating procedure.
- Esipa ekkewe nenien uun konik, chinoon chok ekkewe nenien anene peen konik nge ewe peen konik esapw pacheri ewe nenien anene.
- Esipano ekkewe nenien tutu resapw aea. Ekkewe sink non ekkewe rumwen locker me toilet repwe suk ar repwe aea nge repwe chok kouk ukukun aramas repwe tongeni aea ewe neni non ew fansoun pun an epwe tongeni pwonueta ewe onuw (6) fit towawen nefinen aramas.
- Ekkewe sauna, rumwen epwichikara inis, whirlpool spa repwe chok kesip.
- Ekkewe pool repwe chok kesip ngeni chok sokkun mwokutukutun tuken ren pekin urumwot, kaeo tukken, me pwan ekkoch sokkun mwokutukutun non konik.
- Ekewe nenien tumunun semirit esapw suk.
- Nengeni me fori masowen ewe [Kapas Pesepes faniten Chon Sukun Repwe Fiti Summertime Day Camps](#) ren ekkewe semirit me ekkewe program an serafo.
- Pacheta [sain epwe fat](#) tetenin ekkewe esisinen COVID-19, tingor ngeni ekkewe chon angang, me ekkewe chon mei wor met repwe fori ir mei wor rer ekkewe esisinen ewe samwaau pwe repwe nomwonong non imw me aiti ngeir io repwe kori ren an epwe anisir.
- Pacheta [sain](#) epwe opochokuna pwe mei auchea repwe atowawa nefiner me emon non unusen ewe neni, pachenong nge ese pwan kouk ren ekkewe nenien nonomw, mongo, rumwen locker, me unukun ekkewe sokkun pisekin urumwot mei kon napengeni an wor chon aea.
- Awora emon chon angang epwe wisen nenengeni ika mi pwonueta ewe koukun towawen nefinen aramas me angangen nimenimoch.

- Tumunufichi ekkewe nenien fetanin asepan epwe mwirino. Anapano fetanin asepan ren omw kopwe suki ekkewe asamacho me asam, aea saipè, ika pwan met epwe anisi fetanin asepan. Kosapw suki ekkewe asamwacho me asam ika pwe epwe efeiengaw ngeni nonomwun pochokunen ekkewe chon angang, semirit, ika kastomer.
- Awora nenien fetan epwe chok ew-chok nenien fetan, ian epwe tufich me ian, ren ekkewe nenien pisekin urumwot, nenien sa, me pwan ekkoch. Aea sain an epwe aiti ngeni aramas ew-chok nenien fetan.
- Awora nenien tonu paw ika hand sanitizer (eupwe wor 60-95% arukor non) non unusen kinikinin ewe neni fan iten chon angang me chon mei wor met repwe for non ewe neni.
- Nengeni ewe [Ourour fan iten Kinikinin Nenien Mongo](#) ren sokkun pworousen angangen mongo me touren mongo ren met epwe eoch ngeni ekkewe nenien sokkun angangen apochokunen inis.
- Nengeni sefani me anganga [Unusochun Kapasen Ourour ngeni ekkewe Nenien Angang](#).

Ngeni ukukun an epwe tufich, ekkewe nenien sokkun angangen apachokunen inis repwe, nge ese pwan menei pwe repwe fori:

- Anomu non kokkot an epwe pacheta ekkewe plastic ika kinas mei kurufat epwe nomw mesen ewe counter ren nenien reception, ika pwan ren ekkoch kinikinin non ewe neni ian epwe weires an epwe tongeni pwonueta ewe onuw (6) fit towawen nefinen chon angang me chon mei wor met repwe fori non ewe neni.
- Anomu non kokkot pwe chon eto ngeni ewe gym repwe chok appointment pwe epwe kouk ukukun aramas repwe nomw non ewe neni. Opochochokuna ngenir ar repwe aea ewe neni fansoun esapw atun an epwe tepetep aramas me pwan usun met ir mei sinei me mei fat ngeni meininis seni ewe chon nemeni ewe neni.
- Anomu non kokkot angangen kait taiso epwe chok fis won computer, akkaewin ren ekkewe aramas epwe mecheres ngenir an epwe torir efeiengawen COVID-19 ren ekkewe aramas ra nap seni 60 ika ekkewe ir mei pusin wor an watten samwaa.
- Apocokuna ngenir ar repwe fetan non ew-chok nenien fetan epwe affat ren nenien tonong me tour, nge esapw wor ar repwe eppetin ekkewe nenien tou fansoun kar. Aea sain an epwe aiti ngeni aramas ew-chok nenien fetan.
- Apochokuna ngeni ekkewe chon mei wor met repwe fori non ewe neni pwe repwe pusin uwou ar nenien unumer konik.

## **Nimenim me Nieno Paikin:**

### **Nenien sokkun angangen apochokunen inis repwe:**

- Nimetifichi unusen kinikinin non ewe nenien sokkun angangen apochokunen inis me mwen suksefan mwirin ewe fansoun kesipino non fansoun nakatam.

- Aea nimenimen nieno paikin mei pachenong non noun [Environmental Protection Agency \(EPA\) taropwen mei punguno](#)<sup>1</sup> fan iten SARS-CoV-2 virus ewe mei forata COVID-19. Ese mo wor pisekin nimenim mei mak COVID-19, nge epwe wor ekkoch repwe eochun aea ren nieno coronavirus mei fetan seni aramas porousan epwe mak non taropwen ewe pisek ika won ar website.
- Ennuku ngeni chon angang ika chon chuuto ngeni ewe neni repwe muttir nimetatiw me won ekkewe pisekin non ewe neni (awewe ren, pwor, toro, mwesin, me pwan ekkoch.) me mwen me murin ar aea ekkewe pisek nge repwe tonu ngeni ekkewe nimenimen paikin epwe kawor meren ewe gym ekkewe mei pachenong non noun EPA taropwe mei mutata aean ekkewe pisekin enimenim fan iten SARS-CoV-2 virus mei forata COVID-19. Ekkewe mei pwan nofit mei wor ukukun 70-95% arukor non mei pwan tongeni ar repw aea.
- Enimenima iteitan me nimeti monun paikin non ekkewe nenien angang, neni mei chomong aramas re soun nomw ian, me pwan neni ian aramas mei soun attapeta won ren chon angang me aramas ese nifinifin.
- Nimetochuw non ekkewe imwen ngaseno fan ru non ew ran, pwan achochongeni epwe naf nimeniman me ekewe pisekin nieno paikin epwe kaor (sopw, churukami, hand sanitizer mei wor 60-95% arukor non) non unusen ewe ran.

Ngeni ukukun an epwe tufich, ekkewe nenien sokkun angangen apochokunen inis **repwe**, nge ese pwan menei ar repwe fori:

- Pesei ngeni ekkewe mei wor met repwe fori non ewe neni ar repwe muttir tonu pour ngeni sopw me konik non ukukun 20 seken me pwan/ika repwe aea hand sanitizer (epwe wor 60-95% arukor non) me mwen me murin ar fori met repwe fori non ewe gym me pwan fansoun meinisin nupwen ar fori metewe repwe fori.
- Okusano ekkewe paipen konik iteiten wik nupwen fansoun ese wor chon nomw non ewe neni me pwan me mwen fansoun epwe pwoputa sefan met mwokutukutun non ewe neni. En konik a chok oppos non paipen konik mei tongeni forata an epwe marino me cheuno ewe monun nimengaw itan Legionella me pwan ekkoch monun nimengaw mei efeiengaw (nengeni [Kapasen Ourour fan iten Suuksefanin ekkewe Konikin non ekkewe Neni me murin an Kesipeno non Nakatamen Fansoun](#)).

## **Chekin Chon Mei Wor Met Repwe Fori Non Ewe Neni:**

### **Nenien sokkun angangen apochokunen inis repwe:**

- Anomu iten chon eto ngeni me nour nampa, pwinin maram me kunokun fansoun an aea ewe neni. Ika pwe mei wor emon mei positive ren COVID-19 mei tori non ewe neni, chon angangen public health repwe tongeni angei ekkewe sokkun pworous fan iten ar epwe tongeni kokori ika fori ar angangen chosani fetanin ewe samwaau. Chiinon chok ika mei ururun pwe epwe fis, ekkei sokkun pworous mei tongeni pwe epwe katano murin 60 ran me murin ewe fansoun ewe aramas mei fori met epwe fori non ewe neni.

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<sup>1</sup> <https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2>

Ngeni ukukun an epwe tufich, ekkewe nenien sokkun angangen apachokunen inis repwe, nge ese pwan menei pwe repwe fori:

- Cheki chon tonong ngeni ewe neni me mwen repwe poputani met repwe fori non ewe non ren ar repwe kapas eis ngenir:
  - En mei mwo uruk mor ika mei ngaweno om mor?
  - A uruk pwichikar?
  - A uruk weiresin fetanin om ngasangas?
  - En mei mwo wor om kopwe kanengeni emon mei wor ren ekkewe esisinen ewe samwaau ika emon a fat pwe a nomw ren ewe COVID-19 non ekkewe 14 ran sia tou seni?

Ika pwe ewe aramas mei ponuwani "ewer" ngeni ew ekkewe kapas eis, iwe tingor ngeni epwe niwin sefaniti imwan me pwan utiwit esapw niwinto ngeni ewe neni tori meinisin ekkewe esisinen ewe samwaau, pachenong ewe pwichikar epwe wes seni non ukukun 72 awa nge ese angei mwo och sokkun safei fan itan, ika ukukun 14 ran me murin an kanengeni ewe aramas mei uri mor, pwichikar, ika mei nomw ren ewe COVID-19.

- Opochokuna ngeni iowe aramas chon eto ngeni ewe neni mei pwano me won ekkewe esisinen ewe samwaau an epwe muttir mwokut seni ewe neni me esapw niwin sefan tori murin 72 awa an a wes seni ekkewe esisinen ewe samwaau nge ese angei mwo och sokkun safei fan itan.
- Opochokuna ngeni ekkewe aramas chon eto ngeni ewe neni akkaewin ren ekkewe aramas epwe mecheres ngenir an epwe torir efeiengawen COVID-19 (ekewe aramas ierir a nap seni 60 ika ekkewe ir mei pusin wor ar watten samwaau) pwe repwe sopweno ne nomwonong non imwer pwe epwe ekukunano mecheresein an epwe torir ewe samwaau.

## Pwan Ekkoch Nongonong:

- [Ekewe sain ka tongeni pacheta](#)
- [Kapasen Ourour fan iten Pwonupwonun Aaw me Pwot me Pwonupwonun Maas non unusen ei State](#)
- [An OHA Kapasen Pesepes me Eureur faniten Meinisin Aramas](#)
- [An OHA Kapasen Ourour Ngeni ekkewe Nenien Angang](#)
- [An CDC Eureur ngeni Souemwen non Nenien Kunow me Imwen Urumwot](#)

**Toureochun taropwe:** Ren ekkewe aramas mi wor osupwangen an inisir tongeni ika ekkewe rese sinei fosun Merika, OHA mi tongeni awora taropwe non ew sokkun nikinik ar repwe weweiti, aweve ren fosun ekis, epwe mesemong ekkewe mak, ika non nikinikin noun mei chuun. Kokori Mavel Morales won nampa 1-844-882-7889, 711 TTY ika mak ngeni won [OHA.ADAModifications@dhsosha.state.or.us](mailto:OHA.ADAModifications@dhsosha.state.or.us).