



Saingonon Ekkesiwin non: July 24, 2020

Kapasen Ourour Ren Suksefanin Neni Unusen Ei State – Ekkewe Camp Neran Fansoun Summer ren Ekkewe ra Ierin Sukun

Pochokunen Nemenem: Otutun Nampa. 20-27, ORS 433.441, ORS 433.443, ORS 431A.010

Pwonuetan: Ei kapasen ourour ngeni ekkew chon omwokutu ekkewe nenien camp neran fansoun summer fan iten ekkewe ra nomw non ierin sukun. Ekkewe camp nepwin an watte, sarafo, me famini a mumuta me won ekewe sopw ra nom non Phase Ruw repwe fiti ewe [Ourouren Phase Ruw Fan Iten Ekkewe Nenien Chufengen Nukun](#).

Angangen Apochokuna: Ngeni an epwe tufich ei ourour mei menei an epwe nomw fan nurun pwan ekkoch sokkun onnuk, an epwe tufich wor pochokunan usun mei affat non ewe Otutun 20-27, teten 26.

Awewen foos: Fan iten ei ourour, ekkei awewen foos repwe tongeni wewefich ngeni:

- “Camps” mi apachanong mwicheiechen semirit ir mi nom non fite awa non ew ran fan tumunuien ekoch souemwen sarafe ika mei mukuno (campin urumot, campin keen, camp nukun, campin chungu, me pwan ekoch) nukun ekan imwen tumwun semirit mi or neur licen ika ewe sukunen summer mi ferruta meren ewe sukun.

Camps mi euehea ngeni mamaritan kae faniten ekewe ra ierin sukun (K-12) me pwan ewe aninis ren angangen tumunuien semirit faniten ekewe inn me saam mi or ar angang.

Pwokiten ekewe sukunen mwirin asesanon sukun mi fokun euehea, mi namwot ekewe chon emwokutu ropwe fiti pungun met Oregon Health Authority mi ani pesepes faniten [ekewe nenien kukunow ese kamme mi fer faniten meinisin aramas](#), [nenien urumot gym me nenien taiso](#), me pwan ekoch enukunuk mi afat seni ekewe neni ropwe wisen efisi ewe emwokut. Mi euehea epwe or angang fengen nefinen chon mesemes won ewe camp me ekewe chon wisen meinapeni amwonata ekewe pisekin me ekewe nenien camp.

Angangen eueur

Meinisin camps ropwe fiti pungun:

- Epwe or neur taropwen okkot faniten ekisano ekewe semwenin mater mi ter nefinen aramas. Non na taropwen okkot epwe pachenong:

- Feri pungun angangen esinesin seni [Local Public Health Authority](#) (LPHA) faniten ekewe a punguno pwe a torir ewe mwenun COVID-19 chon fiti ewe camp ika ekewe souemwen;
 - Epwe fer angangen me tichikitiw non makk faniten aninis ngeni LPHA, mi namot, pun ropwe cnei ian e urrir me ian;
 - Ropwe fer tetenin angangen katton fichi ekewe chon camp me chon angang ika a nom rer ekewe esisin;
 - Epwe or tichikin angang faniten ekewe ra semwen ika ra nonom unukun ekewe mi semwen ar ropwe tou seni ewe nenien camp; ika fen kesipinon angangen camp.
- Makkei itten aramas non ew ran ekewe ra keffinita pwe chochon ew me ew kummi me met mi fifis iteiten ran (“ekewe ra keffininita” wewen ekewe 10 aramas ika kissitiw ra fin pwe chochon ew emwicheich iteiten ran). Ewe angangen makk iit me met mi fis epwe ukukun 4 wik tori an wesino ewe camp epwe fitipungun ennuke mi affat faniten ropwe cnei ian a tori me ia, ika epwe tuffich:
 - Iten chon camp
 - Kunnokun war/kunnokun no
 - Ekewe mi mukuno re nom tori wessinon ir me ru ewe kunnokun war/kunnokun no
 - Ion ropwe kerri faniten porous mi atapwan ren ekewe ra ierrin mukuno
 - Meinsin ekewe chon angang ir mi mesemes faniten ekewe kummien camp (pachenong ekewe chon angang rekan epinasa nenien ion ese angang)
 - Taropwen register ika pwan ekewe ekoch taropwe faniten chon camp epwe makketiw iteiter me neur nampa meinsin chon fiti camp me chon angang
 - Enuke seni ewe nenien camp ion chon fiti camp ika chon angang mi pwa pwe mi nom unukun (ew anapanap, ren emon chochon non imwan) ion mi uri ewe COVID-19 non ukukun ewe 14 ran.
 - Esinesin ngeni chon angang pwe resapw angang me esinesin ngeni iin me saam resapw wato neur kewe, ika a torir ika tori chochon non imwer pwichikar me mwor. Ropwe nonom non imwer ukukun 10 ran mwirin ar ra semwen me tori 72 awa mwirin an wes senir ewe pwichikar, resapw uun safeian ekkukununon pwichikar, iwe ewe essisinen COVID-19 (pwichikar, mwor, weires me ngasangas, me feinseni) epwe euchuno. Chon angang me chon fiti camp ekewe ir mi mwor ika ewe minafen mwor mi affat (non anapanap, mwi, semwenin kiningaw, pwan ekkewe ekoch) resapw wesino me camp. Camp mi tongeni epwe ioni porousan efisita ewe mwor me ian me on ekewe taropwe.
 - Epwe or esinesin me angang ngeni ewe [LPHA](#) faniten nimenimen me awora ew nenian ika epwe epwe fen kesip, ika pwun a or emon e tonong non ewe camp nge mi uri ewe COVID-19.

- Esinesin ngeni ewe [LPHA](#) Ika a or ioien ewe semwen nefinen chochon ewe sukunen mwirin asesen sukun chon angang ika chon sukun.

Meinisin

Meinisin camps ropwe fiti pungun:

- Aneani me Anganga [Unusen Eureur ren Nenien Angang](#).
- Ajojo me achema ngeni ekewe chon angang meinisin me iin me sam ar ropwe nomweti non imw ika pwe re mefi semwenin mater mi pachenong pwichikar, minafen mwor, ika mwi.
 - Emon me emon ropwe nonom non imwer ukukun 10 ran mwirin ar ra semwen me tori 72 awa mwirin an wes senir ewe pwichikar, resapw uun safeian ekkukunnon pwichikar, me essinen COVID-19 (pwichikar, mwor, weires me ngasangas, me feinsen) epwe wessino.
- Awora nenien tetenun paaw, churukami, nenien kapich ekei neni epwe mecheres ngeni an ir me ru chon camp me chon angang ropwe aia.
- Afanafana meinisin chon non ewe camp ropwe tenu peur itetan (ew anapanap, wesin aia imwen ngaseno, otun me mwirin mongo, mwirin ar tonong me nukun, mwirin ar mwesi, wesin ar tenu pwotur, ika mwor) ngeni sop me konik non ukukun 20 seken.
 - Chinon chok otun mwongo, ferun, ika angangen wowtiw mongo me wesin aia imwen ngaseno, kepwap tongeni aea ekewe ninin paiking mi or arukor non (60 to 95%) ren pekin tetenun paaw. Ika eseor sop me konik (ew anapanap, ekewe nenien kukunow non won ekewe sop towaw), ka tongeni aia ekewe ninin paiking mi nofit arukor; me nukun ena, achochongeni kopwe awora tetenun paaw ren sop me konik. Ekewe ninin paiking epwe isoisino seni ekewe semirit kukun seni nimu (5) ier otun wessinon aea.

Ajojo me achema ngeni ekewe chon angang me chon fiti camp ar ropwe feri ekkei:

- Oponu omw mwor ika mwesi ngeni nepokun poum ika tissue;
- Mwitir moneno ekewe churukami ka pin aia non ekewe nenien kapich; pwan
- Tenu poum mwirin om mwor me mwesi, pwan kapichi churukami wesin omw aia.
- Eukuku chufetan otun chechetiw me angei semirit muut ngeni inn me saam ropwe nom nukun ewe neni faniten maketi ar watiw me ar angei neur kewe. Achochongeni emwitiri angangen fansoun wato me angei chon sukun pwan ekisono pekin atapa metoch (ekewe minen mak, nenien mak, me pwan ekoch).

Pwonupwonun maas me eppetin maas:

- Meinisin chon angang/souemwen ropwe aea apwonun aaw me pwot ika appetin maas, fan nurun ewe enukun ei [Kapasen Ourour fan iten Pwonupwonun Aaw me Pwot me Pwonupwonun Maas non unusen ei State](#)

- Chon fiti camp ier nimu (5) fita ropwe aia maas, pwonupwonun maas, ika eppetin maas nupwen fiti mwokukutun ewe camp, ren non ika nukun imw ikewe ian esapw pwonuta ewe angangen awora onu (6) chechen towawfesen.
 - Chon fiti camp resapw aia pwonupwonun aaw me pwot, eppetin maas ika pwonupwonun maas ika ropwe tukken, ika atik brass, ika neuneu woodwind.
 - Ewe camp epwe achochongeni kaworen pwopwonun maas ngeni ekewe chon fito fiti ewe camp ekewe eseor ar pwonupwonun maas ika ekewe rese uwow ar.
- Ekkewe chon fiti camp ir mei chiwen chok kukun seni ier ru (2) resapw aea ekkewe pwonupwonun aaw me pwot, appetin maas, ika pwonupwonun maas.
- Sia pesei pwe ekewe chon fiti camp seni ier ru (2) tori nimu (5) ier, repwe aea pwonupwonun aaw me pwot, eppetin maas ika pwonupwonun maas fansoun meinisin otun nonom non me nukun faniten emwokutun apwapwan ewe camp.
- Semirit ese nifinifin ierir **resapw** aea maas, pwonupwonun pwot me aaw ika eppetin maas:
 - Ion mei wor ar samwaaui mei eweiresi ar repwe tongeni ngasangas;
 - Ion mei wor osupwangen tufichingawen inisin mei eppetin an epwe tufichin aea maas, pwonupwonun maas, ika eppetin maas;
 - Ion ese tongeni epwe pwisin eti an maas, eppetin maas, ika pwonupwonun maas won winikapan; ika
 - Otun annut:
- Camps resapw esipa ekewe sokopaten mwokutukut me kinikinin kae seni ekewe semirir rese tongeni aea pwonupwonun aaw me pwot, eppetin maas, ika pwonupwonun maas. Chon angang me chon fiti camp ekewe mi or ar weningawen inis mi aweiresi ar ropwe ngasangas ika ew weningawen inis epwe esenipa an emon esapw tongeni aea pwonupwonun aaw me pwot, eppetin maas, ika pwonupwonun maas ra tongeni tungor aninis seni ewe camp ar ropwe muut ngenir ekewe sokopaten aninis meinisin mi or me pwan ekewe ekoch anen aninis, ren sein annisin wou aramas, me pwan ekewe neni mi suk ngeni meinisin. Ew anapanap esapw or epwe mutanong emon kastomer non nge ese aea pwonupwonun aaw me pwot, pwonupwonun maas ika eppetin maas.

Angangen kutta esisinin ewe semwen. Nge ika a uri emwon ewe semwen?

Meinisin camps ropwe fiti pungun:

- Nengen euchu ika mi or e urir mwor me pwichikar chon fito ngeni ewe imwen camp/ewe nenian ika chon fito aninisi ekewe chon fiti camp me chon angang. Ion aramas mi uri pwichikar wate seni ika ukukun 100.4° F ese mumuta ar ropwe tonong. Esapw iteitan chon torir COVID-19 epwe urir pwichikar ika mwor. Esisinin COVID-19 mi pachenong pwichikar, mwor me pwan, mwi ika weires an emon epwe ngasangas; semwenin pwichikar; feu; metekitek non inis; nger non choir; esapw neni anan me tini popon.

- Ika inn me saam rese tongeni angei an neur kewe re fiti camp tempuchu, ewe camp epwe wisen angei ar tempuchu.
- Mwitir eimwueno seni ekewe ekoch ion chon fiti ewe camp ika chon angang a uri mwor (ew anapanap, tori semwen amairu chowan mwi), pwichikar, weires an emon epwe ngasangas, ika ekoch pwan esisinin COVID-19 otun ewe ranin camp/otun osukun me mwitir eniwinir ngeni imwer.
 - Nupwen utiwiti waan ewe mi semwen epwe sato angei, emon chon angang epwe nonom ren ewe mi semwen non ew neni epwe roomuno seni meinisin. Ewe chon ninis epwe nom towaw seni ewe mi semwen (epwe ukukun wonu (6) taman chechen), me non ewe chok ew room.
 - Ropwe chok nonom non imwer ukukun 10 ran mwirin ar ra semwen me tori 72 awa mwirin an wes senir ewe pwichikar, resapw uun safeian pwichikar, mwir ekewe essisinin COVID-19 (pwichikar, mwor, weires me ngasangas, me feinseni) euchuno.
- E nukukunu pwe ewe camp epwe awora ranin asese seni angang nupwen semwen me enuk epwe mwumwuta ar ropwe nomwonong non imw fansoun semwen.
- Epwe or esinesin me angang fengen me ewe local public authority faniten nimenimen me porousen ika epwe kesip, ika pwun a or emon e tonong non ewe camp nge mi uri ewe COVID-19.
- Esinesin ngeni ewe local public health authority Ika a or ioien ewe semwen nein chon ewe summer camp chon angang ika chon sukun.

Koukun Towawfesenin Nefinen Aramas

Meinisin camps ropwe fiti pungun:

- Eukuku chochon ew me ew kummi ekewe ir mi keffinita chomongonon epwe 10 ika fen kisiseni (“ekewe ir mi keffinita” wewen ekewe 10 aramas ika fen kisiseni ir mi keffin pwe chon ew kummi non ew me ew ran).
 - Chochon ewe kummi ir mi keffinita epwe tongeni siwin fan ew esapw pwan fan chomong ew iteiten wik (ew anapanap, ekewe camps mi fis iteiten wik).
 - Camps epwe fis esopw ran mi tongeni awora emwokutun emweicheich ngeni ew kummi nesosor pwan ew kummi mwirin nanowas. Angangen nimenim epwe fis iteiten mwirin ew me ew ekei emwicheich. Ew neni epwe awora angangen osukun ngeni ukukun ru (2) kummi non ew ran.
 - Epwe or aninis mwan me mwirin ekewe kinikinin emwicheich faniten tumunun an ekewe chon fiti ewe camp ropwe posotiw non en me an kummi ekewe ir mi keffinita ngeni ren unusen non ewe ran.
 - Ew camp mi tongeni awora angangen osukun ngeni 10 kummi ika pwe ewe imwen camp ika nenien camp mi tongeni enenia chomong ren an epwe ponuweta ewe angangen towawen nefinen chon fiti camp (esapw kisiseni 35 tataman me chechen nefinen emon me emon chon camp nupwen nom non ew imw; esapw kisiseni 75 tataman chechen

towawfesenin emon me emon chon camp nupwen nom nukun), otun an ekewe chon fiti ewe camp ropwe no ngeni ika aea nenien mongo, nenien ngaseno, imwen tutu, me ekewe ekoch mokutukut epwe fis non ew me ew ekewe kummi 10 aramas non.

- Chochon ew kummi epwe ekewe chon fiti ewe camp me chon angang; chon angang rese pwan nom non ewe anean 10 aramas. Ekewe chon angang mi eiteit ngeni ew kummi ropwe achochongeni nom non ar kummi. Chon angang ir mi fiti ir me ru ekewe kummi ropwe tennu/sanitizeini peur wesin ar no ngeni ew me ew ekewe kummi.
- **Mwan me mwirin aninis:** Chochon ew me ew kummi epwe chok ekewe chon fiti ewe camp ir mi nom non ewe ran me nepoputan, non unusen ewe ranin camp, mwirinon wesinon ewe otun aninis. Chon fiti ewe camp ropwe nom non ar kewe kummi, ika mwo emon chok chochon ew kummi e warreto mwirin ika wesinon ewe ranin tummun.
- Achocho ngeni ew me ew ekewe kummi ropwe en me nomweti non ar kewe nenien kae mi afateti iwewe resapw pwan kochu fengen ngeni ekewe ekoch kummi.
- Euku fitemon chon angang ropwe churi ew me ewe kummien camp; ekewe chon angang ropwe en me angang ngeni ew chok kummi iwewe resapw mwete fetan non ew me ew ekkewe kummi, ika epwe tuffich. Ika “ekewe ekewinin chon angang” ika ekkoch chon angang ropwe ekewin nefinen ekewe kummi, iwewe ropwe tenu ika sanitizeini peur me mwan ropwe tonong ren chochon ew me ew ekewe kummien camp. Ika pwe epwe or chon etto ren pekin osukun, ropwe tenuewu peur ika sanitizeini peur me mwen tonong won ewe camp me pwan tou seni, ropwe pwan aea pwonupwonun aww me pwot, eppetin maas ika pwonupwonun maas, fiti ewe [Kapasen Ourour fan iten Pwonupwonun Aaw me Pwot me Pwonupwonun Maas non unusen ei State](#).
- Feri angangen towawfesen nefin otun ew me ew kinikin emwokut me osukun me opwonueta ewe ukukun wonu (6) taman chechen towawfesenin nefinan aramas. Ew anapanap, ekei sokun mwokutukut mi afat:
 - Esapw or waten chufengen (wate seni ewe keukun chochon ew kummi).
 - Anapana angangen atowaw fesenin nefinen ekewe chon fiti camp otun ar aea chepen me feri ar angang.
 - Ferri ekewe sokun mwokutukut esapw or sokkan fengen me angangen aporous fengen ren chon fiti camp.
 - Eimueno ew me ew metoch (ew anapanap, pekin chungu, pisekin nikatikitik, pisekin kukunow, me pwan ekkoch) faniten ew me ew kummi, awateno angangen nimenim, me sanitize wessinon neuneu ika aea ekewe pisek. Ika pwe ekewe kummi, ropwe aea fengen ekewe pisek, iwewe epwe nimenim mwan me mwirin an ekewe kummi ropwe aea.
 - Eukku om uta non nine me achocho ngeni katon fetan nefinen ekewe chon fiti camp katon euch pwe ropwe uta ukukun wonu (6) taman chechen towawfesenin nefiner.
 - Euku chon ropwe chok chuto me chon mochten chok aninis.

- Awateno towaw fesenin nefinen ekewe chon fiti mwokutukutun kae nikatik ren brass ika woodwind pwun ekei pisek mi tongeni epwe paras chenun aww nuu seni ewe wonu (6) taman chechen.
- Pesei angangen atowawa fesenin nefinen chon fiti ekewe sokun emwokut mi ekis sokono non camp. Inn me saam ika pwan ekoch chon chok chuto ir mi tongeni fiti ekei mwokutukut mi sokono (ew anapanap, otun sippaai, otun or urumot) ika chok pwe meininis ekan esapw chochon non ew imw ika chiechi ropwe tongeni apwonueta ewe wonu (6) taman chechen towawfesenin nefinen aramas. Chon chuto ropwe aea pwonupwonun aww me pwot, eppetin maas ika pwonupwonun maas me sanitizeini peur me mwan ropwe tonong.

Angangen waten nimenim, aea ekewe ninin paiking, me apwopwon

Meininis camps ropwe fiti pungun:

- Nimeti, sanitize, me aea ninin paiking won ekewe metoch mi mecheres an aramas atapa (chowan, nenien semirit me kukunow, nenien teeki etip, sukun asam, sukun sink, taraku) fan ru non ew ran.
- Achochongeni sisapw aea (chowan, metoch mi pwetete, nios) ekewe mi weires nimenimen, sanitizein ika ninin paiking.
- Ren pekin euchun me aeaan ninin paiking non, me isonano ekewe ninin paiking seni semirit fiti ekewe eureur won ewe peen, ekewe mi afat meren chon feri.
- Anapano fetanin asepan ren omw kopwe suki ekkewe asamacho me asam, aea saipè, ika pwan met epwe anisi fetanin asepan.
 - Kosapw suki ekkewe asamwacho me asam ika pwe epwe efeiangaw ngeni nonolmwun pochokunen (Chowan, muut ngeni ekewe pipi ropwe sunong ika awateno anen emon epwe uri mwi) ren ekkewe chon fiti ewe camp me chon aea ewe neni.

Angangen kukunou ren field trip/kaworen waa

Meininis camps ropwe fiti pungun:

- Ekisano fiti ekoj esapw chochon om we kummi.
- Maketiw iten chochon ew me ew kummi me chon angang apachanong ewe chon unteng, apachanong ranin me kunokun ewe sai me ewe numban taraku/license.
- Muut ngeni ekewe waa ropwe wei ekewe chonchon ew me ew kummi. Chon wei ekewe waa ropwe aea pwonupwonun aww me pwot, eppetin maas ika pwonupwonun maas me sanitizeini peur me mwan me mwirin ar wei ew me ew ekewe kummi.
 - Ekewe taraku ropwe nimenim mwirin ar wei ew me ekewe kummien chon sukun me chon angang fiti pungun [enukun sein wei arama](#)
- Katonech pwe chon fiti camp me chon angang ir mi momot won nenier kewe nge epwe or unungat (3) taman chechen towawfesenin nefinen aramas.

Pekin mongo

Meinisin camps ropwe fiti pungun:

- Nengeni fichi angangen mwongo me isoisen mongo.
- Achema ngeni chon camp me chon angang ropwe tennu paaw iteitan ngeni sop me konik. Non fansoun weiweita (ew anapanap, ren fansoun kukunou non nenien emwicheich won ekewe sop mi towaw), ikewe ian eseor nenien tetenun paaw pwe eseor konik, ka tongeni aia ekewe ninin paiking mi nofit arukor non (60-95%) mi mumuta.
- Epwechokuna an chon urumwot repwe pusin wouw ener. Ropwe afata ngeni chon fiti camp pwe resapw mongo fengen ener mongo ngeni emon.
- Esapw or angangen amongo usun an chon non ew family. Ika pwe epwe or mongo non ew camp, mongo mei tongeni wor non ew me ew sepi ika ekewe nikinikin-mwongo chu ika pwe emon chon angang epwe tukotuk ngeni chon kamo me mokutun towaw fesen mei ponuweta nefinen customer me chon angang.

Ese pwan nifinifin:

- Camps mi fis non neni mi suk ngeni aramas meinisin (ew anapanap, ekewe nenien kukunow nukun mi wor faniten aramas meinisin) epwe apuru ekewe pesepes mi kawor me asan pwan pachenong ekewe meinisin [me ekewe ekoch](#) mi afattetiw faniten ew me ew neni. Chowan, camps non state parks ropwe fiti eureur seni ewe state park pwan usun chok ekewe eureur faniten summer camp.
- Ika pwe won ewe nenien camp mi or nenien tuken ren swimming pool nge ewe neni mi nom non ewe kininin phase 2, ropwe epuru ewe [Eureuren Swimming Pools](#).
- Eura ika konik: Chon fiti camp me and chon angang nupwen tuken non ewe eura ika konik repwe awora ewe 6- taman chechen towawfesen nefinen aramas me feri pungun tetenun paaw me ekewe ekoch anen nimeuch. Imwen siwin tonong me tou seni ufeufen tuken ropwe fiti ewe [eureur](#) faniten ekewe neni mi so kan fengen (e.g. nenien isoni pisek me siwin, me pwan ekewe ekoj neni).
- Camps ropwe awora ar angangen osukunen ekewe chon angang me mwen epwe poputa ewe camp. Ika pwe epwe or osukun non feufeun aramas non ew neni, epwe or towawfesen nefinen ekewe aramas. Epwe pachenong osukun won porousen COVID-19, nimenim/sanitation me pekin tumun.
- Chon fiti ewe camp me chon angang re war me nukun US ropwe Pwata pwe ra awesi 14 ran nge rese semwen (pwichikar, mwor, weires me ngasangas) me mwan epwe poputa ewe camp.
- Non ei otun osukosuken COVID-19, esinesin ren semirit ar peen kawet a turutiw won ukukun 60%. Epwe pwan or osukun faniten summer camps pun ropwe esina me esinesin ren semirit mi peen kawet me ekan rese tumun. Chon angang ra tongeni esinesin ika ir mi kunna pwe mi or semirit mi peen kawet ropwe keru

1-855-503-SAFE (7233) Pwan ekkoch aninis mi pwan or seni ewe [Early Learning Division](#) me [Oregon Department of Education](#).

- Angangen chufengen ren nein chomong aramas a wateno mecheresin feiengawen ekewe aramas mi pwisin or ar semwen. Ekkei mwichen aramas a mecheres an epwe pochokun ngenir semwenin COVID-19. Chon camp me chon angang ir chochon ewe kummien aramas mi mecheres ngenir ei semwen a pesepes pwe resapw fiti camp.
 - Ekewe epwe wate efeiengawan ngenir a wewe ngeni ekewe:
 - Aramas ier 65 me watenon;
 - Aramas mi urir semwenin amat ika mi urir mwi;
 - Aramas mi urir semwenin ngasangas;
 - Aramas ese pwechokun inisir me fiu ngeni semwen
 - Aramas ra kon kitinup (body mass index [BMI] ren 40 ika wateno);
 - Aramas mi urir semwenin suke;
 - Aramas mi urir semwenin emwun ika ir mi kan fiti dialysis;
 - Aramas mi urir semwenin liver; me
 - Me ekewe sokun semwen mi mi afat seni OHA ika CDC.

Pwan Ekkoch pisekin pwarata:

- [Ekewe sain ka tongeni pacheta](#)
- [Eureuren Apwonun Aaw me Pwot, Appetin Maas, Apwonun Maas an State Unus](#)
- [An OHA Kapasen Ourour Ngeni ekkewe Nenien Angang](#)
- [An CDC Kapasen Ourour fan iten Administrator ren Park me Recreation](#)

Toureochun taropwe: Ren ekkewe aramas mi wor osupwangen an inisir tongeni ika ekkewe rese sinei fosun Merika, OHA mi tongeni awora taropwe non ew sokkun nikinik ar repwe weweiti, awewe ren fosun ekis, epwe mesemong ekkewe mak, ika non nikinikin noun mei chuun. Kokkori Mavel Morales won nampa 1-844-882-7889, 711 TTY ika mak ngeni won OHA.ADAModifications@dhsosha.state.or.us.