



Saingonon Ekkesiwin non: September 14, 2020

An Unusen State Ourouren Suuksefan – Urumot mei Watte, Semi-Professional, me and Kukkun Urumotun Akamis, Koukun Niwinsefanin Urumwot

Pochokunen Nemenem: Otutun Nampa. 20-27, ORS 433.441, ORS 433.443, ORS 431A.010

Angangen Apachokuna: Ngeni an epwe tufich ei ourour mei menei an epwe nomw fan nurun pwan ekkoch sokkun onnuk, mei apochokun usun mei affat non ewe Otutun 20-27, teten 26.

Angangan: Ei ourour a for fan iten ekekwe urumot mei watte, ren training me pwan ekkewe sokkun urumwot non unusen ei state.

Chon Urumot/Kumi mei nomw nukun Oregon repwe sainong non Oregon ren ar repwe urumwot repwe fiti met masowen ewe ourour mei affatetiwi non ei taropwe.

Ekkei sokkun-urumot mei menei kinefengen fansoun urumot ese mumuta non ei fansoun. Angangen training me taiso ren sokkun urumwot ekan fis nukun ir repwe kinefengen. Angangen training me taiso, ren keki toro, saa non drills me intra-squad srimmage, esapw tongeni pachenong ar repwe kinefengen ese pwan nifinifin sokkun nikinik.

Awewen foos: Fan iten ei ourour, ekkei awewen foos repwe tongeni wewefich ngeni:

- “Urumwot ir mei-kinefengen non” wewen ekkewe sokkun urumwoten sport mei menei ar repwe fori napanapan, non ar repwe kinefengen ekkewe chon fiti ewe urumwot, me mei pachenong nge ese pwan kouk ren football, rugby, chon simo, chon amweir, basketball, hockey, pworuk, water polo, me an mwan lacrosse.
- “Kukunun- me eukukun-urumwot mei-kinefengen non” mei pachenong nge ese pwan kouk ren softball, iakui, soccer, volleyball, an fefin lacrosse, flag football.
- “Urumwot ese wor-kinifengen non” mei pachenong nge ese pwan kouk ren tennis, swimming, golf, marasou, saa, sideline/chon emweir rese kinefengen me pworuk.

Menapan:

Feiengawen fetanin ei COVID-19 virus a chok onongonong won ukkukun ekkei mokutukut pachenong:

- 1) Ukukun aramas mei nomw non ewe neni
- 2) Met sokkun ewe neeni (non ika nukun)
- 3) Towaw fesenin nefinen aramas
- 4) Ukukun nangatamen nonom ren ewe neni

5) Ukukun pochokunen ekkewe pisekin eppet mi aea (e.g. pwonupwonun maas)

Ren menapan ourour, kukkun emwicheich e murinno seni ew watte, neeni nukun e murinno seni non; pekin urumot epwe tongeni awora ukukun onu (6) fit ika fen nap seni e murinno seni neni mi etiepach; me mochomochen fansoun e murinno seni mi nakatamen fansoun. Ekkewe chon urumwot, kanchi, me chon katon repwe aea pwonupwonun maas fiti ngeni met masowen ewe [Kapasen Ourour fan iten Pwonupwonun Aaw me Pwot me Pwonupwonun Maas non unusen ei State](#). Meinapen urumot me kanchi repwe ekieki ekkei mettoch nupwen ar kokotun repwe urumot sefan.

Unusen Tichikin Met Repwe Fori:

Kumien urumwot, college/university, kanchi, chon urumwot me chon trainini chon urumwot repwe fori ekkei:

- Aneani me apochokuna [An Oregon Unusen Eureur ren Nenien Angang fan iten COVID-19](#) me [An OHA Ourour ren Suuksefan](#) ngeni meinsin aramas ese nifinifin.
- Ika pwe mei ururoch ngeni, fiti ngeni masowen [An Oregon Department of Education Ourour](#).
- Annuku seni chon angang me chon urumot ika mi or rer [esisinen COVID-19](#) ar resapw tonong non ewe neeni ika nenien urumot.
- Pesei ngeni ese pwan nifinifin aramas, pachenong chon urumot, ika mi wor semwen epwe mecheres torir COVID-19 (awewe, aramas mei wor ekkoch ar semwen mei chou) pwe resapw fiti ekkewe urumot.
 - Ika emon chon fiti urumot, volunteer ika chon katon epwe nikinikin pwa me won ekkoch esisinen COVID-19, emon chon angang epwe tingorei epwe tou seni ewe neni, epwe pwan ngeni an pwonupwonun won maas, epetin won maas ika mask, iwe pwan anisi an esapw kinengeni emon me mwen epwe tou seni ewe neni. Muttir enimenima ekkewe neeni ewe mi semwen mi aea.
- Esipa ekkewe nenien uun konik, me nukun chok ekkewe nenien anene peen konik nge ewe peen konik esapw pacheri ewe nenien anene. Apochokuna ngeni ekkewe chon urumwot repwe uwouw ar nenien konik epwe pusin anene konik non.
- Aea pwonupwonun aaw me pwot, eppetin maas, ika pwonupwonun maas, fansoun urumwot non nenien urumot non ika nukun ika pwe esapw tongeni pwonueta ewe towaw fesen non onuw (6) fit. Ewe pwonupwonun maas epwe epeti ekkoch aramas ika pwe mi nomw reom ewe monun semwen. Aramas mi tongeni achéu COVID-19 ngeni ekkoch ika mo rese mefi semwen. Nengeni masowen [Kapasen Ourour fan iten Pwonupwonun Aaw me Pwot, Eppetin Maas, Pwonupwonun Maas non unusen ei State](#) ren pwan ekkoch pworous mei auchea.
- Tumwunuw ngeni chon katon ar repwe aea pwonupwonun aaw me pwot, eppetin maas, ika pwonupwonun maas, ika mwo pwe repwe nomw nukun repwe fiti met masowen ewe [Kapasen Ourour fan iten Pwonupwonun Aaw me Pwot, Eppetin Maas, Pwonupwonun Maas non unusen ei State](#).
- Tumunufichi ekkewe nenien fetanin asepan epwe mwirino. Anapano fetanin asepan ren omw kopwe suki ekkewe asamacho me asam, aea saipo, ika pwan met epwe anisi fetanin asepan. Kosapw suki ekkewe asamwacho me asam ika pwe

epwe efeiengaw ngeni nonomwun pochokunen ekkewe chon angang, chon katon urumwot ika chon urumwot.

- Afataeochu meinisin annuk me porousen ekkewe neni ngeni chon urumot/aramas, semanap me inenap, chon nouni, me chon tumunu me mwen poputan ei fansoun.

Nimenim me Angangen Nieno Paikin:

Kumien urumwot, college/university, kanchi me chon trainini chon urumwot repwe fori ekkei:

- Nimeti me aea nimenimen paikin won pisek aramas mei kan aea fengen. Ei mi pachenong, nge esapw chok ikkei, pisek ren patta me racket. Aea nimenimen nieno paikin mei pachenong non noun [Environmental Protection Agency \(EPA\) taropwen mei punguno](#) fan iten SARS-CoV-2 virus ewe mei forata COVID-19.
- Mei tichik pwe chon angang me chon urumwot repwe aponuweta mokutun nimeoch ren tètènun paaw me aponu mwesi me mwor. Tènu paaw iteiten ngeni sop me konik non ukukun 20 seken, akaewin mwirin atapa pisek mi aea fengen ika fongeti pwotum, mwor, ika mwesi. Kosapw atapa mesom, potum, me awom.
- Ika ese wor sopw me konik, kopwe aea sanitizer mi or 60-95% arukor non. Ténú ngeni unusen poum iwe tófi fengeni tori ar repwe pwasapwas.
- Apochokuna ngeni chon urumwot repwe pusin uwou ar sanitizer repwe pusin aea. Kuumien urumot ir repwe pwan awora nenien tènú paaw me/ika sanitizer.
- Nimeti me enimenimen paikin iteitani ngeni ekkewe neni aramas mi aea, me pwan ekkewe kinikin ia aramas rekan soun attapa non ekewe kinikin ian chon angang, chon urumot me chon katon ir mi pwan tonong non.
- Tumwunuw pwe ekkewe nenien ngaseno repwe nimeoch me enimenimen paikin me mwen me murin ekkewe kumien urumwot me/ika fan ruu non ew raan.

Towaw fesen me Chochoon:

Kumien urumwot, college/university, kanchi me chon trainini chon urumwot repwe fori ekkei:

- Eukuku chochon aramas repwe fiti ekkewe urumwot an ekkewe sukun K-12 ngeni an epwe 100 aramas repwe nomw non ika 250 aramas repwe nomw nukun, esapw nap seni 250 chon nomw non me nukun; ika ewe ukukun aramas, mei pachenong chon angang, anongonong won ukukun aramas repwe tongeni nomw non ewe neni (square fit/chochon), ika meni mei chokukun. Opwonueta ewe ukukun onuw (6) fit towawen nefinen aramas. Apwonun aaw me pwot, appetin maas, ika apwonun maas epwe aea pachengeni towaw fesen.
- Fori me apochokuna kokotun euku ukkukun chon katon repwe tonong non ewe neni pwe meinisin chon angang, volunteer, contractor me chon katon repwe tongeni awora ukkukun onuw (6) fit towawen nefiner.
- Awora emon chon tumun epwe wisen nenengeni chon katon urumwot pwe repwe awora onuw (6) fit nefiner, pachenong me non ekkewe nenien tonong, tou, imwen ngaseno me pwan ekkoch neeni ia aramas ir mi kan repwe iechufengen ia.

- Sopweenó towaw fesen mi namot ngeni ekkewe aramas [mi fen or pwan ekkoch ar semwen](#). Ekkei mwichen aramas mi mecheres an epwe pochokun ngenir semwenin COVID-19.
- Apochokuna meinisin non ewe neenien urumot, pachenong chon urumot, kanchi, ampai, volunteer me independent contractors, repwe awora onu (6) fiit towaw fesen seni emon esapw chon non imwan, akaewin me non ekkewe nenien chommongun aramas.
- Nupwen chommong urumot epwe fis non ew chok nenien urumot ika imwen urumot, leagues, kanchi me chon kait taiso repwe:
 - Chon urumwot me chon katon ekkewe urumwot resapw aea fengen neeni, pachenong nge esapw pwan kisi seni ekkewe imwen ngaseno, nenien fetan, me nenien kamo.
 - Nimeti me sanitize ekkewe kinikin aramas mi sou attapa, ren sukkun asam, nefinen ekkewe urumot ika mokutukut.
 - Nimeti me sanitize ekkewe neni mi chommong chon fetan ei, ren nenien tonong, tou, chepenin check-in, imwen ngaseno me nenien amomo mongo me uun, nefinen ekewe urumot me mokutukut.
 - Ika ew kuumi me chon katon ewe urumot repwe aea fengen imwen ngaseno, fetan non asamen tonong/tou mei suuk, mei eoch, nimeti iteitan me sanitizini ekkewe neni chomong ir mei atapa ren kamochun asam me kokusun konik.
 - Ren napeon eochun, chon amokutu peikin urumot repwe fori ekkei:
 - Fori an esapw chok nonnopok kunokun wareto me ar repwe no fesen ren chon angang, chon fiti urumot me chon katon pun epwe eukuku ar repwe etiepach fengen non ekkewe asamen tonong, tou me imwen ngaseno iwe repwe fiti ourour ren towaw fesenin nefinen aramas.
 - Eimufeseni asamen tonong/tou ren chon angang, chon fiti urumwot me chon katon.
- Awora ew nenien meinap me kanchi, ika rese kaeo/urumwot, pwe epwe sowosopw ewe angangen towaw fesen.

Kaeo me Urumwot:

Ren napeon eochun, kuumien urumot, college/university, kanchi me chon trainini chon urumot repwe:

- Fori met epwe fokkun kukkun ika ukukeoch an chon fiti/chon urumwot kinefengen fansoun ar urumwot. Ei mi pachenong ar resapw kapong fengen, pisifengen peur, kumuch/epinipinin peur, fan mwarir me apwapwa fengen non emwicheich.
- Atowawa feseni ekewe pisekin urumwot pwe epwe anisi an ekkewe chon urumwot resapw kinefengen nefiner.

- Pesei ngeni chon urumwot repwe pusin uwou ar pisekin urumwot ika mi tawe. Esapw wor ika eukuku aea fengen pisekin urumwot, ika epwe tufich.
 - Ekkoch sokkun pisekin urumot esapw naf ngeni chon urumwot meinisin. Nupwen mei auchea an chon urumwot repwe aea fengen ekkoch sokkun pisekin urumwot, iwe meinisin pisek me neni aramas ir mei aea fengen epwe nimenim me aea nimenimen nieno paikin iteitan, ren an epwe eoch ngeni ewe sokkun urumwot (awewe, nefinen chon urumot, set, fansoun, ika urumwot). Aea nimenimen nieno paikin mei pachenong non noun [Environmental Protection Agency \(EPA\) taropwen mei punguno](#) fan iten SARS-CoV-2 virus ewe mei forata COVID-19. Ese mo wor pisekin nimenim mei mak COVID-19, nge mei wor pisekin nimenim mei afat ika porousan epwe nom won ar website ren usun aean me ochun aean nieno ewe coronavirus mei fetan seni aramas.
 - Nimeti meinisin pisek mei pachengeni won mokur, won maas me paaw epwe tumun nimeniman.
- Pesei ngeni chon urumwot me/ika chon ar famini pwe repwe nimeti me aea nimenimen nieno paikin won ekkewe pisek mwirin ar aea, ika epwe tufich.
- Mut ngeni chok ekkewe chon trainini chon urumwot, kanchi me chon fiti urumwot repwe fiti kaeo fan iten epwe naf me tumunun towaw fesen pwe esapw wor ar repwe mwicheich fengen.
- Train ika urumwot nukun ika epwe tumwunuw fisiochun, nupwen esapw atai ekkoch annuk. Awora fansoun nefinen atun kaeo me mwirin an fis urumwot fan iten meinisin aramas seni ew kinikinin kaeo repwe tou seni ewe neni me mwen ew kumi repwe tonong. Ei mei euku chufengen non asamen tonong, tou me imwen ngaseno nge mei wor fansoun enimenima paikin non ekkewe neni/pisekin urumwot.
- Tichiki ngeni aramas repwe tonong non nenien tonong mei afat me tou non nenien tou mei afat. Kosapw epeti nenien tou fansoun kar. Aea sain an epwe aiti ngeni aramas ew-chok nenien fetan. Akota epwe wor kunokun wareto ngeni ewe neni an epwe euku chomong aramas ar resapw warepokuto me no fesen non chok ew kunok.
- Utiwit nukun ewe neni (awewe, non taraku) tori ewe kunokun kaeo ika fansoun urumwot. Ei mei awora fansoun an aramas repwe tou seni ewe neni me mwen ekkoch repwe tonong me pwan euku chufengen. Pesei ekkewe chon urumwot me ar famini pwe repwe pwan fori usun chok.
- Ren sopesopun eureuren ekkewe pool, kopwe katon ewe [Tichikin Ourouren Nenien Tuken, ekkewe Spa Pool mei License me Nenien Urumwot](#).

Sai:

Sai nukun state mei tongeni anapano fetanin ei monun semwen. Saitam non awa, pachenong sai mwoch, non me ren pwisin ir, epwe pwan tongeni ekis achèu. Ina ew eurek, me fatanin watten feiengawen chèunon, epwe tongeni napeno chèunon non nenien witiwit me non ewe kasoro.

Kumien urumwot, college/university, kanchi, chon urumwot me chon trainini chon urumwot repwe fori ekkei:

- Eukuku ar repwe nomw ren ekkewe chon sai me nukun non ewe nenien witiwit:
 - Meinsin chon ewe mwichen sai pachenong ewe chon angang, chon urumwot, kanchi me chon unteng, ika won efoch bus me nefon chitosa, repwe aea pwonupwonun aaw me pwot, eppetin maas, ika pwonupwonun maas repwe towaw fesen non ukkukun (3) fit nefinen ekkewe pasise chon fiti ewe sai.
- Eukuku mwichen sai ngei chon ekkewe ami mi pin kinefengen (awewe. pushin chienomw chon omw we kumi).
- Sai non asepan
 - Nupwen mi tawe, ekieki ekkewe sepenin mei saata nap seni sein uou pisek non asepan. Sein uou pisek non asepan repwe nom won ekkewe wa epwe nimenim me tumun me apochokun non pekin unusen tichikin tukutuk.
 - Repwe uou sanitizer epwe wor 60-95% arukor non_fansoun meinsin me aea iteitan.
 - Aea pwonupwonun aaw me pwot or eppetin maas fansoun meinsin me euku fansoun atietiw atun mongo ika uun.
 - Euku sai won ewe efoch sepenin mei pwan wor ew kumi mei fiti.
- Maketiw iten chochon ew me ew mwichen sai pachenong ewe chon unteng, ewe pilot me chon angang pwan afatatiw ranin me kunokun ewe sai me ewe nampan taraku/license, ika mei tufich.
- Mut ngeni ekkewe chon unteng ar repwe uwei fitu mwichen sai ika pwe repwe aea pwonupwonun aaw me pwot me sanizeini pour me mwan ika murin ar uwei ew me ew mwich. Ekkewe toraku repwe nimenim nefinen ew me ew mwichen sai fiti ngeni met [kapsen ourour ren sein uwou aramas](#).
- Kaeo ngeni ne epeti COVID-19 ne fori mokutun epet mwirin omw niwin sefan ngeni Oregon seni ekkoch state. Mokutun nimeoch pachenong nimochun paaw, towaw fesen, me aea pwonupwonun aaw me pwot ika epetin won maas, me tumunu chon angang meinsin me chon sukun repwe fiti tumunun nimenimen pwisin-emon/repotei esisinen COVID-19.
- Fiti ekkewe tetenin tumun fansoun niwinsefan ngeni ew nenien urumwot mwirin sai nukun state:
 - Nupwen omw mefi [esisinen COVID-19](#), kokori ewe pioing ika tokter omw kopwe tes.
 - Angang fengen me ewe Local Public Health Authority ika kopwe koko fan iten contact tracing.
 - Aea pwonupwonun aaw me pwot ika epetin won maas fiti me an [Kapsen Ourour fan iten Pwonupwonun Aaw me Pwot, Eppetin Maas, Pwonupwonun Maas non unusen ei State](#).

Ren napenon eochun, kumien urumot, college/university, kanchi me chon trainini chon urumot repwe:

- Euku ar churi ekkoch non ukkukun 10 raan mwirin ar sai.

- Achocho sai me urumwot non ewe chok ew raan pwe esapw wor nomono nepwin, ren tufichin. Ren nomono nepwin ika sai non chok ewe-raan, mei each amonata mongo me aninis non ekkewe ruumw. Ika pwe feino chok non kafie ew anen kut mongo, iwe mei each epwe chok take-out mongo ika kut non ekkewe nenien mongo nukun.

Pac-12 Urumwot mei Watte

Pac-12 Urumot mei Watte mei aneanei repwe urumot non ewe State of Oregon repwe awora nour taropwe ngeni Oregon Health Authority (OHA) me ewe ofesin Kepina ar repwe fiti train, akamis me urumot epwe aponuweta ekkewe ourour seni public health me ourouren an ewe county we phase. Training, akamis me urumot rese tongeni epwe fis tori an epwe punguno ewe taropwe meren ewe ofesin Kepina me OHA.

Pac-12 Urumot mei Watte mei fis me kaeo non ewe State of Oregon mei tongeni epwe fis nge esapw pwan wor ekkewe orouren urumot epwe katou, pachenong ewe Unusen State Collegiate, Semi-Professional, me an Kukkun Urumwoten Akamis, Oureuren Keukun Niwinsefan ngeni Urumwot. Pac-12 Urumot mei Watte kumien urumwot repwe fiti ekkewe annuk mei for seni ewe kumien ekemisen urumwot me kaeo, urumot, contact tracing, me tes, fansoun imuno me pwan ekkoch neni mei nom non ei kinikin, pachenong ekkewe annuk seni ewe OHA me ofesin Kepina. Pac-12 Urumot mei Watte mei fis non Oregon repwe aponuweta an [OHA we Ourouren Suuksefan non Phase Ruu – Neni me Amokutun Mokutukut](#).

Pwan Ekkoch Nongonong:

- [Ekewe sain ka tongeni pacheta](#)
- [Kapasen Ourour fan iten Pwonupwonun Aaw me Pwot, Eppetin Maas, Pwonupwonun Maas non unusen ei State](#)
- [An CDC Eureur ngeni Souemwen non Nenien Kunow me Imwen Urumwot](#)

Toureochun taropwe: Ren ekkewe aramas mi wor osupwangen an inisir tongeni ika ekkewe rese sinei fosun Merika, OHA mi tongeni awora taropwe non ew sokkun nikinik ar repwe weweiti, aweve ren fosun ekis, epwe mesemong ekkewe mak, ika non nikinikin noun mei chuun. Kokkori Mavel Morales won nampa 1-844-882-7889, 711 TTY ika mak ngeni won OHA.ADAModifications@dhsosha.state.or.us.