

Pisekin anen epwe anisi chon angang: Anisi noum kewe chon angang repwe angei ekewe opwosun COVID-19

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Anisinin ren met kopwe aa pwe epwe tongeni eochuono porous: Toropwe seni Email, Masowen Newsletter, Masowen Social media

Ew porous seni ewe Oregon Health Authority



Ewe Oregon Health Authority apasa ar kinisou ngonuk ren omw anisi noum kewe chon angang repwe angei ewe opwosun COVID-19. Omw chiechi ngeni kich epwe anisi manawen ekoch. Sia achocho ne opwonuweta ach wau porous ngonuk pwe sipwe sopweno ne wau ekewe prokramin opwos non Oregon.

Kemi tongeni ekewini ekewe tichikin ren noum kewe chon angang ar repwe angei. En mi auchea ren an ei fonu a achocho ngeni pwe ekewe chon angang repwe angei ekewe auchean porous ren ian repwe angei ewe opwos me ian. Ika mi wor omw kapas eis ren ekei pisekin aninis, kose mochen kopwe no ngeni ewe OHA Health Information Center ren COVID.19@dhsosha.state.or.us.

Chek ren ekoch pisekin anisinin porous ren <https://govstatus.egov.com/or-oha-covid-resources>.

Auchean Fos/Kien Porous Met noum kewe Chon Angang repwe sinei usun ekewe opwosun COVID-19 non Oregon



ION a tongeni angei ewe opwos? INET?

Oregon ra wau ekewe opwos non kinikinin? Ekewe chok ra mumuta are nomw non mwicheich ra tongeni angei ewe opwos.

 **Porousen Ekesiwinin Ewe Opwos**



IAN upwe angei me ian ewe opwos?

Aramas ra nomw non Oregon ra tongeni angei ewe opwos non ekoch neni.

 **Porousen Ian kopwe Angei Me Ian Ewe Opwos**

Ekewe opwos repwe ngeni chon angang ren:

- Ekoch ekewe nenien angang
- Ekoch nenien imwen chon angang

Ach sipwe pwarano ach mochen sipwe efisi ew metoch an epwe pichita ewe ranin ewe opwos won ewe site ren ewe nenien angang ika ewe site ren imwen chon angang, kokori noum we public health authority. Ren chok omw kopwe sinei pwe mi chok kouk ekewe pisek me ekewe chon wau ekewe opwos wewen pwe ekoch chok ekewe ra wanong ar tingor epwe ketiw.

[Katon porousen opwosun COVID-19 seni sopwum.](#)



IFA usun omw kopwe fini meni ran upwe tongeni chuta angei ewe opwos?

Ekewe chon Oregon ra angei ar mumuta ra tongeni no ngeni covidvaccine.oregon.gov to ar repwe cheki porousen ewe opwos non sopwur kewe, register won ewe [Get Vaccinated Oregon tool](#), me cheki ren meni [porousen ewe neni ka nomw ian](#). Ren mwo iei ese mwo mumuta an emon epwe Skeichwonini meni ran epwe chuta won covidvaccine.oregon.gov nge mi wor ekewe links ngeni ekewe public health authorities ikei me mass vaccination sites ren omw fini meni ran kopwe chuta.

Chon Oregon remi pwan tongeni angei aninis seni ar text ORCOVID ngeni 898211 (Fosun Merika me Spanish chok) ika email ORCOVID@211info.org (Ekewe fosun ekis mi kawor). Ika pwe ese ponu omw kewe kapas eis ren porousen ewe opwosun COVID-19 won ewe website, ika text, ika ren email, kemi tongeni kokori 211 ika 1-866-698-6155, ese kamo me mi suk seni kunok onu 6 nesosor ngeni kunok fisu 7 nepwin iteiten ran, pwan pachonong holidays. Epwe wor fansoun omw kopwe aitiwit pokiten akan chomong chon koko.

Ren ekewe nenien safei, ekewe chon organ ra mumuta ar repwe angei ewe opwos remi tongeni fini meni ran repwe tongeni chuta seni ar mina won ekewe website. Ekewe neninen safei repwe katon ika remi mumuta ar repwe angei.

Bi-Mart: <https://book-ch.appointment-plus.com/ctkqt9ky/#/>

Costco: costco.com/covid-vaccine.html

Health Mart: healthmartcovidvaccine.com

Rite-Aid: riteaid.com/oregon

Safeway/Albertsons: safeway.com/pharmacy/covid-19.html

Walgreens: <https://www.walgreens.com/findcare/vaccination/covid-19>

Walmart: <https://www.walmart.com/cp/flu-shots-immunizations/1228302>



PWATA upwe angei ewe opwos?

Opwosun COVID-19 epwe anisi kich ach sipwe angei sefan ekewe metoch sikan sani sipwe fori. Okich meinisin sia mochen sipwe angei sefani manawach me akom. Ekewe opwos epwe tongeni anisi kich ach sipwe angei sefani ekewe metoch sa positi me mochen fori me akom. Ika a naf aramas ra angei ewe opwos, sipwene tongeni no churi ekewe samen tonger, efisi apwapwan holidays, me niwin sefan ngeni manawom me akom.

 **Met upwe angei seni ai angei ewe opwosun COVID-19**



Met mi eoch ai upwe sinei memwen upwe no?

Meni opwos kopwe angei? Ewe ew ra awora. Meinsin ekewe opwosun COVID-19 a wor non U.S me ra mumuta seni ewe U.S. Food me Drug Administration (FDA) seni tumunun ewe weiweitan aan mumuta. Wewen pwe ra fen tesini me a wor ar pwarata pwe mi tumun me eiman an epwe okukunano ewe semwen, chon niuing me mano.

Kopwe chok mwithir angei ewe opwos ika a tori omw fansoun. Ika mwo pisekin ekei opwos remi chok kouk, ekewe chon angangen public health ra angang fan iten ra mochen epwe tour ngeni unusan ewe opwos. Ren omw kopwe epetuk me mina an esap sa fetan monuwen ewe COVID-19, mi auchea kopwe angei ewe opwos ika a tori omw otun kopwene angei.

▶ **Tumunun ewe Opwos me Eimanan**



Met epwene fis murin ewe opwos?

Murin omw ka angei ewe opwosun COVID, kopwe saro mefi ekoch metoch. Murin omw angei ewe opwos, epwe kopwe saro cheuch,par, ika pwota ikeweia ka opwos me ian. Kopwe saro monu, metek mokurom ika metekitek non inisum, pwichikar (ese kan niwen fis ngeni ekoch) ika eningaw. Ei wewen pwe ewe opwos a angang an epwene opochokuna inisum.

▶ **Met sokunn mettoch epwe fis ngonuk?**

Ika ka angei me ru ekewe opwos, kopwe chok sopweno ne tumunuk me awora tamen nefinom ngeni ekoch pokiten COVID-19 ew minafon semwen me ekewe sou tipachem remi chok sopweno ne kaeo usun ei semwen iteitan.

▶ **Met osipwe fori**

Ekewe sokun kapas eis ra chok soun eis

Ekewe kapas eis chon angang repwe eis:

Ion a anea pwe ii emon chon anisi me angang nein chomong aramas akaewin ekewe chon angangen pioing?

Kose mochen kopwe Katon [OHA's vaccine sequencing infographic](#) ren ekewe tetenin ion a mumuta me inet.

Met ekewe chon angang ika chon ngenir ar angang epwe auchea ar repwe watiw ar pisekin pwarata pwe ir ra anisi me angang nein chomong aramas?

Apw. Sia epinukunuk non ewe pungun annuk. Ekewe chon angangen nein chomong aramas ese pwan auchea ar repwe watiw ar pisekin pwarata ren ar repwe tongeni mumuta, nge ekewe chon wau ekewe opwos repwe esinir non ekoch anen pwe ir chon anisi me angang nein chomong aramas.

Epwe tongeni an epwe wor opwos ren nenien angang?

Ewer, sia anean pwe ekoch chon angang repwe tongeni awora ew neninn opwos ren ewe nenien angang ika unukun imwen ekewe chon angang. Ei sipwe saro amwonata ika fos ngeni ekewe chon tumunun public health. Nge esap ngeni unusen chon angang. Nge ren ekewe ekoch repwe weweiti, ika pwe a wor chomong angangen ar repwene tongeni awora ekoch chon angang ar repwe nomw ren ekewe nenien safei. Kokori noum we chon public health authority ika ka mochen awora ew kochufengen.

Ifa usun an ekewe chon angang repwe fini meni ew ran ar repwe tongeni no angei ewe opwos? Ekewe ra wisen ngenir ar angang remi tongeni aninis?

Ekewe ra wisen ngeni ekewe chon angagn ar ekewe angang remi tongeni aninis ren ar ereni nour kewe chon angagn repwe sinei ian repwe no ian ar repwe skeichwonini inet otun repwe no angei ewe opwos.

Ekewe chon Oregon ra angei ar mumuta ra tongeni no ngeni covidvaccine.oregon.gov to ar repwe cheki porousen ewe opwos non sopwur kewe, register won ewe [Get Vaccinated Oregon](#) tool, me cheki ren meni [porousen ewe neni ka nomw ian](#). Ren mwo iei ese mwo mumuta an emon epwe Skeichwonini inet epwe chuta won covidvaccine.oregon.gov.

Chon Oregon remi pwan tongeni angei aninis seni ar mak ngeni ORCOVID ngeni 898211 (Fosun Merika me Spanish chok) ika email ORCOVID@211info.org (Ekewe fosun ekis mi kawor). Ika pwe ese ponu omw kewe kapas eis ren porousen ewe opwosun COVID-19 won ewe website, ika text, ika ren email, kemi tongeni kokori 211 ika 1-866-698-6155, (ese kamo) me mi suk seni kunok onu 6a.m ngeni 7pm nesosor ngeni kunok fisu nepwin iteiten ran, pwan pachonong holidays. Chon kokon epwe chomong seni akom. Ina repwe ngonuk ekoch anen ika kopwe koko sefan mwen omw chok aitiwit.

Epwe ach sipwe akomwa kewe chon aninis ika angangen nein chomong aramas non ekewe mwicheich?

Poputa seni Mas 29, ekewe chon eto merika me ekewe chon angangen non atake, Chon angang ngeni manen neset me angang nein foun ira, Chon angang non nenien katon mwongo, me chon kunukun epwene mumuta ar repwene angei ewe opwosun COVID-19. Meinin ekewe ra anisi ika ngang nein chomong aramas ra mumut ar repwene angei non Eprein 19.

Ewe chon anisi ika chon angang nein chomong aramas an we angang nge mi efeiengaw pokiten mi tongeni saro mecheres an epwe angei ewe semwen ren COVID-19 pokiten an angang non imw ika ekoch neni me ese kouk ar arokan ngeni aramas me nukun chochon non imwer kewe. An ekewe chon anisi ika angang nein chomong aramas angang mi pwan or:

- Iteitan remi chok arokan ngeni ekoch nge esap ir chochon non imwer kewe (mi kukun seni onu tamen nefiner); me
- Met rekan fofori (esap napeseni 15 engon me nimu emon aramas repwe arokan ngeni ekoch esap chochon non imwer kewe.

Ika emon newe a fori ekei sokun, iwe apwan pachonong non ekewe iteiten nein chon angang ra afat seni CDC non kinikinin 1b ika 1c, ika ra nomw won Oregon Health Authority's (OHA) tetenin ekewe nenien angang, murin ewe aramas a nomw non kinikinin pwe ii emon ekewe ra angang nein chomong aramas.

Kinikinin OHA's remi nomw ikei:

<https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/I273527A.pdf>

CDC's me pwan ekoch kinikin, epwe pwan pachonong wewen, remi nomw ikei:

<https://www.cdc.gov/vaccines/covid-19/categories-essential-workers.html>

Aramas repwe pusin katon ika remi pwan pachonong nein ekewe chon anisi ika angang nein chomong aramas. Ewe sopw ra mochen ekoch toropwen an epwe pwarata pwe emon newe a nomw non ekei kinikin, ika mwo repwe eisinuk ren ewe neni ka opwos ian ika kemi kopwe nomw non ei kinikin.

Pokiten akan chomong chon kapas eis ren mumutan ekewe chon anisi ika angang nein chomong aramas, OHA ese tongeni ponuweni meinin ekewe kapas eis ren ika ifa usun ar repwe mumuta pwe ir chon anisi ika angang nein chomong aramas. OHA repwe sopweno ne eis ekewe sokun kapas eis ra chok soun eis (FAQs), ina pwata kopwe katon ekewe metoch omw kopwe sinei ponuwan.

Ewe FAQs repwe nomw ikei:

<https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/I272390u.pdf>

Kewe kapas eis noum kewe chon angang repwe eis?

IAN upwe angei me ian ewe opwos?

Ren mwo iei, ekewe neni ra wau ekewe opwos me ian mi pachonong ach kewe public health authorities ika chiechier kewe, nenien safei, pioing, nenien opwos, Federally Qualified Health Centers, me tribal health authorities. Ren mwo iei mi chok kou ekewe metoch sia aa, noum we chon tumun (an noum we doctor we ofes) eni esap angei ekewe opwos.

Ifa usun ai upwe sinei pwe uwa mumuta ai upwe opwos?

No ngeni covidvaccine.oregon.gov me aa ewe Get Vaccinated Oregon tool. A for pwe epwe anisuk omw kopwe weweiti ika ka mumuta omw kopwene angei. Eni kopwe akom maketiwiw itom me metekan pwe kopwe tongeni angei ekewe porous usun ewe opwos. Ika mochen aninis ren chon repwe anisuk ne maektiwiw itom me metekan, eisini emon epwe anisuk ika kokori 211.

Inet upwe tongeni Angei ewe opwos?

Ren non ei Mas 29, ekoch ekewe chon anisi ika angang ngeni chomong aramas ra mumuta ar repwene angei ekewe opwosun COVID-19. ([Katon ekewe unusen iteiten ion a mumuta an epwe angei ika ian.](#)) Pokiten mi chok nafangaw ekewe opwos, eni kopwe saro aitiwitiw ran ika fen wik omw kopwe tongeni fini meni ran omw kopwene tongeni angei ewe opwos. Epwe tam omw kopwe aitiwitiw. Simi sinei pwe amen echipwang ei men aitiwitiw nge sia mochen tingoreok pwe kopwe chok engino ngeni. Ekoch Fonu remi chok angei opwos ekoch chon Oregon me ewe nenien kotoun ekewe pisekin ewe opwos pwe remi nafangaw.

Ian upwe angei ekoch porous me ian?

No ngeni covidvaccine.oregon.gov.

Text ORCOVID ngeni 898211 omw kopwe angei text/SMS ekoch porous (Ren chok Fosun Merika ika Spanish).

Email ORCOVID@211info.org.

Ika kese mwo angei ponuwen omw we kapas eis ren ewe opwosun COVID-19 won ewe website, seni omw mak, are seni email, kokori ewe call center ren 211 ika 1-866-698-6155 (ese kamo). Mi suk seni kunok onu 6a.m nesosor ngeni kunok fisu 7p.m nepwin iteiten ran, pwan pachonong holidays. Omw fansoun aitiwitiw epwe saro tam pokiten akan chomong chon koko. Mi wor ekoch anen omw kopwe koko sefan mwen omw chok aitiwitiw. Fosun merika ika Spanish ra wor ren ewe call center. Chiaku ese kamo mi or ren meinisin ekewe fosun ekis. TTY: Kokori 711 ika kokori 1-866-698-6155.

Mi auchea ai upwe uwei nei we ID ren ei ai upwe pwarata pwe uwa angei ai mumuta?

Ese kan auchea omw kopwe pwarata pwe ka mumuta, nge ekewe chon wau ekewe opwos repwe eisinuk non ekoch anen ar repwe eisinuk.

Fite mon?

Mi auchea an epwe wor nei insurance ai upwe tongeni angei ewe opwos? Ewe opwosun COVID ese pwan kamo ngonuk. Ese pwan namwot epwe wor noum health insurance. Ika pwe mi wor noum health insurance, ekewe chon awora ewe opwos repwe minanong ewe mon ngeni ewe kompanien insurance pokiten ar ngonuk ewe opwos. Wewen pwe ina repwe eisinuk ren porousen noum we insurance ika ka no angei ewe opwosun COVID, ina pwata kopwe uwei noum ewe health insurance card ika mi wor noum insurance. Ekewe chon wau ewe opwos resap pwan oronuk kopwe moni omw angei ewe opwos.

Kapas eis seni ekewe meinapen ekewe opwos

Met epwe fis murin ai angei ewe opwos?

Mi chok auchea kopwe masamas me towaw seni ekoch murin omw ka angei ewe opwos ren mwo iei. Esap mwo wesino tiwenon chok ika a chomong chon angei ewe opwos. Sia sinei pwe ika sa angei ewe opwos epwe anisi an aramas resap semwen. Nge sise mwo sinei ren mwi iei ika emon newe a angei me ru ekewe opwos repwe pwan chok ngeni ekoch ewe semwen ren COVID-19. Sise mochen kopwe ngeni ekoch ewe semwen nge rese mwo angei ewe opwos. Mi auchea kopwe masamas, awora onu 6 tamen nefinom seni ekoch, tonu poum, me kosap awora omw fansoun ne fos ngeni ekoch nge rese nomw reom.

Mi pwan auchea kopwe angei ewe kinikinikin opwos. Ren nape ngeni ekewe sokun opwos, mi auchea omw kopwe angei me ru ekewe opwos. Kopwe angei ewe oruwan opwos unungat 3 ngeni ruwanu 4 wik murin omw ka angei ewe ewin. Mi auchea omw kopwe angei me ru ekewe opwos pwe epwe tongeni wor eimanen ewe opwos. Fos ngeni ion niewe a ngonuk ewe ewin opwos usun inet kopwe pwan angei ewe oruwan. Kopwe angei ewe oruwen kinikin ren chok pwan ewe neni ka angei ewe ewin me ian. Kopwe fori ekei chiwnon chok ika ekewe nurse ika doctor ra oronuk pwe kopwe angei ewe oruwan me ekis.

Epwe ian ika a tori ei ewe semwen ren COVID-19 murin ai angei ewe ewin kinikin?

Ika pwe ka toruk ewe semwen ren COVID, kopwe chok fori met ekewe chon public health ourour me nomw non imwom we non ukukun engon me ruwanu 14 ran ika ka angei ewe ewin opwos.

Epwe inet taman ai upwe katon ren murin ai uwa angei ewe opwos?

Kopwe katon ren engon me nimu 15 ngeni inik 30 minich. Wewen pwe kopwe aiti ian ka angei ewe opwos me ian pwe ekewe chon ngonuk ewe opwos repwe katon en ar repwe sinei ika kemi pochokun.

Met sokunn mettoch epwe fis ngonuk?

Murin omw ka angei ewe opwosun COVID-19, epwene saro cheuch poum. Epwene metek non inisum, metek churaram, monu, metek mokur, fou, ika murinon ka pwichikar. (Ese kan niwen chomong chon pwichikar.) Wewen pwe ewe opwos a angang an epwene opochokuna inisum. Ei esisinen pwe inisum a forata ew anen an epwe pochokun ngeni semwen. Fan ekoch met ekei epwe fis ngonuk epwe awesuk seni omw kopwe fori ekoch metoch non fitu ran. Napengnei met ekei epwe fis ngonuk epwe no sonuk non fitu ran.

Ion upwe kokori ika ka mefi ekei ekoch metocha: ewe nenien opwos ika nei we chon tumun?

Ekewe ekoch metoch ka saro mefi epwe wor murin omw ka angei ewe opwosun COVID-19. Ika pwe ka wor omw kapas eis ren ekewe metoch ka saro mefi murin omw ka no seni ewe nenien opwos, kopwe kokori noum we chon tumun. Ika kemi tongeni no ngeni ekewe chon tumun ika nenien weiweitan osukosuk.

Mi namwot ai upwe chok masamas me towaw seni ekoch?

Mi chok auchea kopwe masamas me towaw seni ekoch murin omw ka angei ewe opwos ren mwo iei. Esap mwo wesino tiwenon chok ika a chomong chon angei ewe opwos. Sia sinei pwe ika sa angei ewe opwos epwe anisi an aramas resap semwen. Nge sise mwo sinei ren mwi iei ika emon newe a angei me ru ekewe opwos repwe pwan chok ngeni ekoch ewe semwen ren COVID-19. Sise mochen kopwe ngeni ekoch ewe semwen nge rese mwo angei ewe opwos. Mi auchea kopwe masamas, awora onu 6 tamen nefinom seni ekoch, tonu poum, me kosap awora omw fansoun ne fos ngeni ekoch nge rese nomw reom.

Ren ekoch kapas eis ren ewe opwosun COVID-19 vaccine, katon ach ewe [Ekewe sokun kapas eis ra chok soun eis](#).

Ifa usun omw kopwe anisi an epwe wor ekewe nenien opwos me/ ika fori ew emwicheich

Uwouto chok aninis ren ekewe nenine opwos/ika omw ewe mwicheichen neninen opwos/your

Ew metoch a amangano an chon Oregon repwe mwitir ne angei ewe opwos pokiten mi chokukun ekewe aramas ra kefinita pwe repwe wisen wau ekwe opwos. Nge ewe eochun porouse, pwe mi wor ekewe aramas ra kefinita ar repwe fori ekei, ren ekewe emergency medical technicians (EMTs), ekewe ra asosono nge ir chon angangen healthcare, me ekewe chon angangen healthcare me akom ekewe ra siwini ar angang. Rese mwo chok era pwe repwe aninis.

Kemi tongeni uwounong chon aninis seni omw kokori ekewe chon angang, ar kewe famine me ekoch network, me noum kewe chon eto kamo. Kopwe aa ewe mesen ma a nomw fan ekewe email me/ka wata won social media:

Ekewe chon aninis repwe wisen wau ekewe opwos.

Ika pwe ka fen kaeo me akom ifa usun kopwe aa ewe opwos, [maketiw itom me sopwum] pwe sia mochen omw aninis.

Ekewe chon aninis repwe aninis ne wau ekewe opwosun COVID-19 ngeni ekewe chochon non ei neni

Register omw kopwe aninis <https://serv-or.org>.

Amwonata ew ran omw kopwe chon emweni ewe nenien angei opwos

Sia anean pwe ekoch chon angang repwe tongeni awora ew neninn opwos ren ewe nenien angang ika unukun imwen ekewe chon angang. Ei sipwe saro amwonata ika fos ngeni ekewe chon tumunun public health. Nge esap ngeni unusen chon angang. Nge ekoch chon angang resap weweiti, pwe ika chok a naf ekewe opwos repwe kotou ren ekewe neninen safei non ekewe nen repwe ochomongu ekewe chon aninis. **Kemi tongnei kokori ekewe ewe local public health authority (LPHA) ika pwe ka mochen kopwe efisi ew ranin epwe wor opwos.**

Ekoch Pwan Pekin Aninis

Pachonong ekewe toropwe won minen OHA, sia peseok kopwe katon ewe CDC pekin mokutukutun aninis ika iteiten porous. Ra awora ekoch ekewe metoch ese kamo me ekoch aninis ren ekewe business non ach kei neni, ra fokun tipachem non met ekewe ra fori, health me communications. Ekewe toropwe repwe nomw ikei:

- [CDC A Pusin Foruno Kokotun Ewe Opwosun COVID-19 Ren Ekewe Chon Angang](#)
- [Mwichen Kokotun Pekin health COVID-19 Aninisin Eochunon Porous ren ekewe Business](#)
 - [Aninisin Eochunon Porous ren ekewe Business](#)
 - [Kien aninisin porouse ren Chon Angang](#)
 - [Porousen Emwen ngeni ekewe Mangagers](#)
 - [Aninisin ekewe kukun sitowa ika neni ngeni COVID-19 Vaccines](#)
 - [An ekewe chon ekiek me mak, ifa usun an epwe emweni, Hispanic, American Indian me Alaska Native Communities](#)
 - [Ekoch Chok Awewe ren Aninisin Eochunon Porous Ren Ekewe Chon Angang](#)
 - [Pisekisekin Social Media](#)
 - [Ew chok awewe ren ifa usun kopwe mak](#)



**Aninisin ren met kopwe aa pwe epwe tongeni eochuono porous:
Toropwe seni Email, Masowen Newsletter, Masowen Social media**