



## Pworousen tes ren COVID-19

Ika pwe mei wor [esisinen COVID-19 reom](#) ika pwe en mei nomw arapakan ngeni emon mei wor ren COVID-19 non ekkewe 14 ran sia tou seni, iwe kopwe tes inamwo ika ifa usun nonomwun omw opposun eppet. **Nomw arapakan ngeni** wewen omw kopwe nomw non ukukun 6 fit unukun emon non 15 minich ika fen nap seni non unusen ewe ran, nge en mei ika kose aea pwonupwonun aaw me pwot ika pwonupwonun won maas.

### Q: Fite niwinin an emon epwe tes ren COVID-19?

- **Ewe Oregon Health Plan (OHP)** – Ika pwe en mei nounou [ewe coverage ren OHP](#), angangen tes ese kamo. Pwan kaeo ngeni pworous ren OHP won [ONE.Oregon.gov](#).
- **Health insurance ren emon me emon ika ren ew mwiich** – Napengeni ekkewe kompenien health insurance mei wor co-payment, co-insurance, me pwan met epwe keimwutiw me non ren ewe angangen tesin COVID-19 ren ekkewe mei wor rer esisinen ewe semwen. Ika mei wor omw kapas eis fan iten omw we health insurance coverage, kokori chon omw we health insurance. No ngeni ewe [page ren tesin COVID-19 ewe Kinikin ren Onnukun Pekin Moni ren Insurance coverage](#) won [dfr.oregon.gov](#) ren sopwosopwun pworous.
- **Angangen tes non community ese kamo** –No ngeni [DoINeedaCovid19Test.com](#) omw kopwe kuta ekkewe fansoun epwe wor angangen tes me non unusen Oregon.

### Q: Uwa fen unus ai opposun eppet, upwe pwan chiwen chok tes?

Ika mwo pwe ese kon fifis an epwe wor case ren ekkewe ra unus ar oppos, ekkewe ir ra unus ar opposun eppet repwe chok pwan tes ika pwe mei wor rer [ekewe esisinen COVID-19](#). Ika pwe en mei pin nomw arapakan ngeni emon mei wor ren COVID-19 non ekkewe 14 ran, kopwe pwan tes. Aramas ra unus ar opposun eppet mei chok pwan tongeni ar repwe ngeni emon ewe virus ina pwata mei namwot ar repwe pwan tes.

### Q: Inet upwe tongeni tes?

Ika pwe kopwe tes ren an wor reom ekkewe esisinen ewe semwen me pwan en mei piin nomw arapakan ngeni emon mei wor ren COVID-19 non ekkewe 14 ran sa tou seni, mei auchea kopwe utiwit 3-5 ran **me murin** ami nomw fengen me mwen omw kopwe tes. Ewe tes esapw kon ngonuk ennetin pwungun ika pwe ke mwuttir chok me

tes. Ika mwo pwe a unus omw opposun eppet, kopwe chok nomwonong non imwom me kosapw kanengeni pwan ekkoch fansoun omw kopwe utiwit.

**Q: Ifa usun ai upwe kuna ekkewe nenien tes?**

- **Mei wor noum insurance?** Kokori noumwe we dokter omw kopwe sinei ekkewe nenien tes mei nomw arapakan ngonuk. Napengeni ekkewe nenien insurance ir mei coverini niwinin ekkewe tes ren COVID-19 ren ekkewe mei wor esisinen semwen rer me ekkewe mei wor monun ewe semwen rer.
- **Nounou ewe map ren kутten ekkewe neni** won <https://govstatus.egov.com/or-oha-covid-19-testing> ren omw kopwe kuta ekekwe nenien tes mei arap ngonuk.
- **Kuta ew angangen tes non community me free.** No ngeni [DoINeedaCovid19Test.com](http://DoINeedaCovid19Test.com) ren omw kopwe kuta non unusen Oregon ekkewe nenien tes. Mei menei kopwe tiki “Register” me pwan fori ew minafon account ika pwe epwe keran iei ewin omw kopwe tota won ei site. Nupwen a foruta omw we account, ka tongeni fori fansoun inet omw appointment ren ew me nein ekkewe neni mei affatetiwi non. Me murin omw ka fiti ewe fansoun tes, ka tongeni pwan tota won omw we account omw kopwe katon sefan pwungun omw tes.
- **Kokori 211** ren aninisin omw kopwe kuna ew nenien tes mei arap ngonuk.

**Fansoun meinisin koko akkoum me mwen kopwe no ngeni ewe nenien tes pwe kopwe sinei ika fite ukukun chon repwe appointment me pwan niwinin.**

**Kose mochen kosapw no ngeni ew nenien emergency ren omw kopwe tes me nukun chok ika pwe ekkewe esisinen ewe semwen a menei omw kopwe muttir no churi dokter ren. Ach kewe putain pekin emergency mei fokkun watte ar nomw non angang weires pwokiten mei chok watteno chon tonong ren COVID-19.**

**Q: Met sokkun pworous rekan angei ren ach sipwe tongeni tes? Ekkena pworous repwe pwan tongeni ngeni pwan emon?**

Ewe chon wisen fori ewe angangen tes epwe angei pwousen omw health me pwan porousen inisum sonuk. Ekkena pworous me pwan met pwungun omw tes ewe Putain Public Health non Oregon epwe angei iwe esapw pwan tongeni tou ngeni ekkoch. Pwungun tes mei positive rekan repotei ngeni public health ren an epwe fis angangen iamwiri sefani.

**Q: Met epwe fis ika pwe uwa tes positive ren COVID-19?**

Noumw we dokter me chon angangen public health repwe pworous ngonuk ren met anen omw kopwe tumwunuw ewe monun samwau an esapw pwan tori chon omw famini me chiechiom. Mei menei pwe kopwe eimwueno pusin inisum seni aramas non ukukun tamen met ourour mei tou seni public health. Ewe [SafeStrongOregon.org](http://SafeStrongOregon.org) website mei wor ekkewe sokkun pworous won non foosun 12 fonu, pachenong sokkun aninis ren pekin imw, mongo, peking pioing, pekin mental health, me pwan aninis ren pekin moni fansoun emon epwe nomwonong chok non imw.

**Toureochun taropwe:** Ren ekkewe ir mei wor tufichingawen an inisir tongeni ika ir mei weires ar repwe fos non foosun ekis me nukun foosun Merika, OHA mei tongeni awora ei pworous non pwan ew sokkun nikinik ren an epwe awewe non foosun ekis, mesemong mesen mak, ika non nikinikin noun mei chuun. Kokori ewe Center ren Porousen Health won 1-971-673-2411, 711 TTY ika [COVID19.LanguageAccess@dhsosha.state.or.us](mailto:COVID19.LanguageAccess@dhsosha.state.or.us).