

Anen tumwunun mongo fansoun osukosuk atapwanapwan

En mi sinei pwe watten puuun konik, kar, sokkun osukosuk watte ika koturun fifi ren watten asepan, snow ika ice mei tongeni angawano tumwunun onomw mongo? An emon epwe sinei an epwe nengeni ika ewe mongo mei tumwun me ifan napanapen anganegn tumwunun ewe mongo mei anisi ne ekisano an epwe sonap mongo me ekisano efeiengawen semwen mei feito seni mongo a ngaw.

Mwitrin tichikin pworous

- Fansoun meinisin anomwu ekkewe futuk, chuko, iik me sokun non nenien apatapat won ika kukun seni 40°F me mongo mei meni epwe founo won ika kukun seni 0°F. Ei epwe weires nupwen epwe kotur fifi.
- Apungano asamen ekkewe nenien apatapat me freezer pun epwe chok tongeni nomwonong paten non. Ewe nenien apatapat mei tongeni apata ekkewe mongo non ukukun 4 awa ika pwe ese suuk ewe asaman.
- Ew freezer mei ur ren masowan mei tongeni epwe chon nomwono patan non ukukun 48 awa (24 awa ika pwe mei esopw chok masowan) ika pwe mei chok apunguno ewe asaman. Kut omw ice mei pwasapwas ika foun ice an epwe apata omw we nenien apatapat nupwen epwe kotur fifi non nakatamen fansoun.
- Ekkewe thermometer ren chekin mongo mei nampa, sikan tiki ika sikan katon chok iei me thermometer ren ekkewe sokun pisekin apatapat ra tongeni anisuk omw kopwe sinei ika ewe mongo mei pung ngeni koukun tumwunun an epwe apatapat. Isoni ekkewe thermometer ren sokkun nenien apatapat non ekkewe nenien apatapat ika freezer fansoun meinisin.
- **Kosapw tongeni kopwe neni och mongo ren omw kopwe cheki ika mei chiwen och!** Kosapw anongonong won nikinikin me pwonen ewe mongo omw kopwe sinei ika pwe ewe mongo mei chiwen och.
- Oturano met masowen non ewe nenien apatapat a nofit fengen me chenun futuk mei amas.
- Aea ekkewe thermometer chekin mongo omw kopwe cheki ewe tempichun ren ewe mongo me mwon omw kopwe kukuw ika mongo. Oturano sokkun mongo ika pwe tempichun a nap seni 40 degree Fahrenheit (40°F).

Ke mochen sinei meni sokkun tichikin mongo kopwe isoni ika oturano?

Nounou ewe FoodSafety.gov taropwen mongo an epwe anisuk

- www.foodsafety.gov/keep/charts/refridg_food.html
- www.fsis.usda.gov/wps/portal/fsis/topics/food-safety-education/get-answers/food-safety-fact-sheets/emergency-preparedness/keeping-food-safe-during-an-emergency/CT_Index

Meni Pekin kopwe kori

Ewe Pekin Tumunun Nonomun Aramas, Kinikinin Moneta ngeni me Ponuweni

- <http://public.health.oregon.gov/Preparedness/CurrentHazards/Pages/index.aspx>

PUTAIN PUBLIC HEALTH

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an OHA Facebook: www.facebook.com/OregonHealthAuthority

an OHA Twitter: www.twitter.com/OHAOregon

Ka tongeni angei ei taropwe non fosun ekkoch fonu, epwe mesemóng, non nikinikin noun mei chuun, ika met sokkun ke mochen. Kokori ewe pekin Tumunun Nonomun Aramas, Kinikinin Moneta ngeni me Angangen Ponueni Osukosuk won nampa 971-673-1315 ika mak ngeni health.security@state.or.us. Kich mei etiwa meinisin chon atoura koko ika ka tongeni kokori 711.