

Rōjañ ikijjien COVID-19 ñan Armej ro me elōñ aer Utaṃwe, Rūtto ro im Armej ro me elōñ Aer Apañ kōn Ājmuur Eṃwilaḷ

Eprōḷ 6, 2020

Ilo raan ko rej kab mootḷok, eṃōj an Oregon loe keej in COVID-19 ippān armej ro ejjab ḷap uwōta jān aer kar keepaak nañinmej in, āinwōt ito-itak ñan jikin ko elap aer jorrāān ak keepaak armej ro eṃōj kaalikkar ewōr nañinmej in ippeir). Meḷeḷein men in ej eṃōj an COVID-19 ajeeded ilo Oregon. Jej aikuji kiltōn me rej kōṃṃmani ilo aolepan jukjukin pād āinwōt kakkobaba kōttoḷok, aṃwin peim im pād wōt ilo ṃweo imōṃ ñe kwō nañinmej, ñan kadikḷok an ajeeded ilo jukjukin pād ko.

Ekkar ñan Jikin Bōk Kajoor loon im Bōbrae Nañinmej (Centers for Disease Control and Prevention (CDC)) eo, enaaj ḷap uwōta in ebbōk nañinmej ekauwōtata ñan rūtto ro im armej ro me elōñ aer apañ ikijjien ājmuur eṃwilaḷ. Apañ ko ikijjien ājmuur reṃwilaḷ im remaroñ kōḷapḷok uwōta in ebbōk COVID-19 ñan armej jekdōṃ joñan iiō rej:



- Nañinmej in menono (lung) ak wōrḷok ebwe ñan eḷap

- Apañ kōn menono (heart) ekauwōtata

- Apañ ko me remaroñ kōṃṃman bwe eṃōjṃo an juon armej make maroñ in bōbrae nañinmej (immunocompromised), kōpooḷ wūnook kōn cancer, kōbaatat, likūt ṃoṃṃṃmeej ak organ ekāāl (transplant), likjab ilo bōbrae nañinmej (immune deficiencies), HIV ak AIDS me ejjab bwe aer bōk kajoor ion, eto wōt aer kōjebali corticosteroids im bar wūno ko me rej kōṃṃṃṃḷok an ānbwinnin maroñ bōbrae.



- Kanooj in tebu (mass in ānbwin laajrak (body mass index [BMI]) me ej 40 ak ḷapḷok).



- Tōñal

- Nañinmej in kidney me ej pād wōt im ro me rej karreo bōtōktōk (ebbōk dialysis)



- Nañinmej in aj.

An OHA rōjañ ej pedped ion men ko me jejeḷā kiiōkiiō kōn an COVID-19 ito-itak im kōn an kauwōtata. Rōjañ in jān OHA ej jipañ ñan kōmeḷeḷeik armej me elōñ aer utaṃwe im ri-kōjparok ro. Ej bar kōpooḷe meḷeḷe ko ñan elōñḷok armej rekkā im elōñ aer aikuji ikijjien kaddeḷoñ im kōṃṃman. Pedpedin aṃ pepe ko am im an ri-kōjparok eo aṃ en meḷan eo aṃ im meḷeḷe ko rejjet.



Menin ijino ilo Oregon

Ilo Maaj 23, 2020, Governor Brown ekar leḷok juon wōtar in pād-wōt-ilo-ṃweo-iṃōṃ ṃan Ri-Oregon ro. Men in ej kōpooḷ ad kilōk peejneḷ ko me jejjab kanooj in aikuḷi bwe jen kadikḷok an COVID-19 ajeeded. ṃe armej rej pād wōt ilōbwileḷ, Oregon ej rōjañe kakkobaba kōttoḷok – kōjparok bwe en wōr 6 ne ikōtaan doon. Riiti aolepan wōtar eo ilo www.oregon.gov/gov/Documents/executive_orders/eo_20-12.pdf.

Jet armej rej atare ro jet ṃan leḷok jipaṃ kōn pāer ak rej aikuḷi in kepaake ṃan jipaṃ. Armej ro me rej leḷok jipaṃ kein ṃan dāpij-mour ren etal wōt ilo aer kōṃṃan āindein. Bōtaab, ri-kōjparok ro ren kōjparok er make ilo aer ḷoore guideline ko ilo

<https://sharedsystems.dhsosha.state.or.us/DHSForms/Served/le2288q.pdf>.

Kakkobaba kōttoḷok, im barāinwōt ad kilōk jikuuḷ ko im kōjjeṃḷok jarin armej me elōñḷok jān 10 armej, ej katmāne bwe en jipaṃ Ri-Oregon ro ṃan “jipede kōōb eo” (“flatten the curve”). Ad kōṃṃan men kein enaaj kadikḷok wōran armej me renañinmej ilo jabdewōt ien ṃan kapen ke system in ājmuur ko ad renaaj eṃṃan wōt aer jermal.

Kwō maroñ in loe bar meḷeḷe ko kōn kakkobaba kōttoḷok ilo <https://sharedsystems.dhsosha.state.or.us/DHSForms/Served/le2268.pdf>.

Dāpdep ājmuur ānbwin im lōjātāt

Rūtto ro im armej ro me elōñ aṃi apañ reṃwilaḷ koṃi maroñ safe im ājmuur wōt ñe koṃij kōṃṃan kiltōn kōjparok eok make.

Kōjparok āinwōt
aolep raan, innām

bōbrae:



**Kakkobaba
lōbwilej**



**Armej me
renañinmej**



**Tiṃa in
kakkije im
ito-itak**



**Ito-itak me
kwōjjab kanooj
in aikuji**

Kwōnaaj bōlen eñjake inepata eḷapḷok ilo iien jab-jeḷā ko. Kakkobaba kōttoḷok emaroñ kōṃṃan ak kōḷapḷok kajjitōk ko ikijjien ājmuur lōjātāt kōnke edikḷok aṃ jīṃor kōṃṃan men ko ippān armej ro jet. Eḷap aorōkin dāpij aṃ maroñ kōnono ippān ro jet ilo iien in ilo aṃ kōjerbal technology. Men in ej kōpooḷe aṃ jāāk ippān ro jet ilo talboon im video.

Ñe kwōj aikuji jipañ im ejjab idiñ:

- Kōjerbal **Jerata Liaajloḷ Eo Bwil (Disaster Distress Hotline)** eo:

1-800-985-5990

Text TalkWithUs ñan 66746

TTY 1-800-846-8517

TTY kūri 711

Kajin Jipein

1-800-985-5990, innām jipede “2”

Text Hablanos ñan 66746



- Kūri 211 ñan meḷeḷe ko kōn COVID-19, kōpooḷe menin kōjerbal local kōn ājmuur lōjātāt. Ebar lōñ meḷeḷe ko an 211 kōn būrookraaṃ ko ñan jelmāe jinoin aikuji ko āinwōt ṃōñā, ṃōko, kōjparok ājmuur im bar jet, im elōñ ilo aolep county ko.
 - » Kwō bar maroñ text ZIP code eo aṃ ñan 898211.
 - » *Elōñ ri-ukok kōn kajin ilo talboon.*
Elōñ text im email ilo Kajin Pālle im Kajin Jipein.
 - » *TTY kūri 711.*
 - » Etal ñan <https://www.211info.org/contact>.
- Kūri ñan jipañ local kōn ājmuur lōjātāt. Juon laajrak in jipañ ko kōn lōjātāt ilo kajjojo county ilo Oregon ej ḷoor:
www.oregon.gov/oha/HSD/AMH/Pages/CMH-Programs.aspx.

Ilo iien idiñ kwōn kūri 911 wōt.

TA EO KWŌN KŌṀṀMAN ÑE KWŌ NAÑINMEJ

**Kakōḷḷe in COVID-19
moktata rej:**



Piba



Pokpok



Kōjeekḷok

Kūri ri-kōjparok ājmuur eo aṃ ak [local health department](#) if you believe you are sick. Remaroñ jipañ eok ñan:

- Peek ñe kwōj aikuji juon appointment, im
- Plan ñan deḷoñ juon jikin taktō ilo wāween me ej bōbrae aṃ naaj bōlen leḷok ñan ro jet, ñe kwōj etal im deḷoñ.

Ñe ejjeḷok juon aṃ taktō:



- Kūri 211 ñan bōk juon laajrak in jikin taktō me rej epaak eok, ak
- Kūri jikin kōjparok ṃōkaj local eo aṃ ñan kōṃṃan juon appointment.



Ejjab aolep armej me renañinmej im rej aikuji in teej kōn COVID-19. Ri-kōjparok ājmuur local eo aṃ enaaj kile ñe kwōj aikuji in teej.

Elaññe kwō rūtto elōñ aṃ inepata kōn ājmuur, kūri ri-kōjparok ājmuur eo aṃ.

Men ko kwōn kōṃṃan ñe kwōj ḷōṃṃak ke eṃōj aṃ keepaak ñan COVID-19

Ñe kwōj ḷōṃṃak ke eṃōj aṃ keepaak ñan COVID-19, im elōñ aṃ kakōḷḷe, kwōn jab kepaake armej ro jet bwe ren jab nañinmej.

Kūri taktō ak clinic eo aṃ ñan aer kōmeḷeḷeik eok.

Men ko kwōn kōṃṃan ilo iien idiñ

Ñe elōñ idiñ ak reḷap kakōḷḷe ko aṃḷainwōt apañ kōn menono), kūri 911.

Ñe kwō maroñ, kowaḷok ñan 911 im aujpitōl eo kōn jabdewōt iien im kwaar kepaake juon armej me ekar wōr an COVID-19.

Men ko ñan kōṃṃan aolep raan

Aolep armej ren ḷoore kiltōn kein kajjojo raan ñan bōbrae an nañinmej in menono ajeeded.

- En ikut aṃ aṃwin peōṃ im en jab kaduḷok jān 20 jekōn toan. Ñe ejjeḷok, kōjerbal kein karreo pā im ṃanṃan kij me ej 60 bōjjāān arkooḷ.
- Jab jibwe mejem, boṃtiṃ im ḷōñiōṃ kōn peōṃ elaññe kwōjañin aṃwin.
- Jab keepaak armej ro renañinmej.
- Pād wōt ṃweo iṃōṃ ñe kwō nañinmej im bōbrae am keepaak ro jet.
- Kalbubuuk aṃ pokpok ak ṃaje kōn juon peba tissue, innām joḷoke. Ñe ejjeḷok aṃ peba tissue, pinej aṃ pokpok ilo jṃwin peiṃ.
- Karreo im joḷok kij jān men ko im jikin ko ikut aṃ jibwe.
- En ikut aṃ karreoik menin kōjerbal im equipment eo ikijjien wūno ekkar ñan ennaan eo ion product eo.



Wāween kōpojak- eok make ak ri-kōjparok

Koṃiwōj ri-kōjparok ro koṃ maroñ in kōṃṃan kiltōn kiiōkiiō ñan kadikḷok an nañinmej in menono ajeeded. Men in ej kōpooḷe COVID-19 Kōṃṃan iien ñan etale im kōkāāl plan eo aṃ make ikijjien iien idiñ. Emaroñ in kōpooḷ men kein me rej ḷoor:

- Kwōn jeḷā etan wūno ko me kwōj idaak im kōjparok bwe en wōr ejjab dikḷok jān ebwe ñan ruo wiik. Kwōnaaj bōlen maroñ in kōṃṃan āindein ilo aṃ kōnono ippān ri-leḷok-kōjparok eo aṃ kein kajuon ak injūrān koṃbani eo aṃ. Elōñ an jet injūrān koṃbani ko, āinwōt Medicaid wōṃean-ñan-jipañ, ruul ko ikijjien bar-kanne me eṃōj aer kapidodoḷok. Riiti bar meḷeḷe ko ilo <https://dfr.oregon.gov/insure/health/understand/Pages/coronavirus.aspx>.
- Wiakake im kōttōn elōñ menin kōjerbal kōn wūno im ṃōñā me ejaje jorraān ñan kadikḷok aṃ ito-itak ñan iṃōn wia (im keepaak armej).
- Karōk ñan ri-kōjparok im iaḷ ñan pinej-jenkwan.
- Kwōn jeḷā nōṃba ko reaorōk.
 - » Jabdewōt iaan 24/7 eo ko an ri-kōjparok-ājmuur im plan ko kōn ājmuur
 - » Ri-leḷok-kōjparok-ājmuur ilo men ko rejenolok
 - » Nōṃba ko ñan ebbōk jipañ:
 - Doulul ko me rej pedped ilo jukjukin pād ko
 - Ri-leḷok iaḷ
 - Plan ko kōn ājmuur
 - Ri-tōl karejar ikijjien kōjparok
 - Eo ko ñan nōōj
 - Jipañ ko ñan ājmuur ilo talboon
 - » Bōkḷok ṃōñā, wūno im menin kōjerbal.

- Kōddeḷḷok plan ko ippān ri-leḷḷok-jipañ ro me ej ikut aer etal ṅan ṃōko iṃōn armej ṅan kadikḷḷok keepaak, ṅan waan joñak:

- » Ri-jipañ eo aṃ make
- » Jipañ in kattar ṅan eok
- » Ājmuur ilo ṃweo iṃōṃ
- » Hospice
- » Ri-koṃjeḷ kōn mour me rej jermal iaier make wot.



- Kwōn meḷeḷe kōn plan ko ikijjen idiñ ilo ṃōko im kwōj etal ie aolep raan ak ej ikut aṃ etal ie, āinwōt:

- » Jikin karreo bōtōktōk (dialysis)
- » Jikin wūnook bōtōktōk
- » Chemotherapy
- » Bar jikin bōk therapy infusion therapy.



Kūrḷok mokta jān aṃ etal bwe kwōn kōnono kōn wāween kōjparok eok make.

Kōjparok ṅan ṃweo im pād wōt ilo ṃweo iṃōṃ

An state eo tōl im policy ko an ikijjen kōjparok-ilo-ṃweo-iṃōṃ im ilo iṃōn jokwe (ṃōko ak iṃōn doulul ko) rej etal wōt im oktak ṅe nañinmej-in-aolep-laḷ in ej wōnṃaanḷok. Elaññe juon uwaan baamle eo aṃ ej pād ilo juon iṃōn kōjparok, kōṃṃan men kein me rej ḷoor:

- Kajjitōk ikut kōn an ri-jokwe ro ājmuur.
- Ḷoore kakien ko ikijjen ri-loḷḷok ro
- Kwōn jeḷā ia eo im kiltōn ṃweo ṅan juon waḷok-eḷap ej waḷok ie.

ṃaaj 17, 2020

Raan Jipañ ṅan Armej (Department of Human Services (DHS)) eo Wōpij in Jipañ kōn Utaṃwe ikijjen Kōddeḷ (Office of Developmental Disabilities Services (ODDS)) kar leḷḷok:

- Policy eo kōn kōjparok foster an rūtto ro, ilo iṃōn jokwe im jipañ ko ilo ṃweo
- Tōl kōn policy ko ikijjen kakien ko kōn ri-loḷḷok ro ṅan 24-awa jikin jokwe im mour kōn jipañ
- Rōjañ kōn kōppeḷaak ṅe ekkar ṅan utaṃwe ko ilo kōddeḷ.

Kallimjek ion: ODDA ejjab kōmālim jabdewōt ri-loḷḷok ṅe rejjab aikuji ṅan:

- 24-awa iṃōn jokwe doulul
- Rūtto kōjparok foster
- Iṃōn mour kōn jipañ
- Mour kōn jiddik jipañ (ṅe ri-leḷḷok eo aṃ ej owner eo ak ej rent ṃweo).

Lale aolepan menin rōjañ ijin: <https://www.oregon.gov/DHS/SENIORS-DISABILITIES/DD/DirectorMessages/In-Home-Res-Covid-DD-Dir-Final.pdf>.

Ñan lale mejele ko ekāāltata, etal ñan DHS ODDS ilo <https://www.oregon.gov/DHS/SENIORS-DISABILITIES/DD/Pages/ODDS-COVID-19-Information.aspx>. Ebbōk email ko kōn mejele ko rekāāl ilaḷ in peij in.

Maaj 10, 2020

OHA Raan Ājmuur Loḃwilej (Public Health Division (PHD)) ekar leḷok COVID-19 rōjañ ñan bōk kajoor ioon nañinmej ñan ri-jerbal ro me rej leḷok kōjparok-ilo-ṃweo ñan eok wōt iaṃ.

Lale aolepan aer rōjañ ijin:

<https://www.oregon.gov/oha/PH/DISEASES/CONDITIONS/DISEASESAZ/Emerging%20Respiratory%20Infections/COVID-19-Interim-Infection-Control-Guidance-Home-Care-Workers.pdf>.

DHS, ilo an kōnono ippān OHA PHD, ekar leḷok policy ko ñan kōjjeṃḷok an ri-jokwe ro ilo ṃōko iṃōn kōjparok-eto (long-term care facilities(LTCF)) keepaak COVID-19. Policy in ej ekkar ñan aolep iṃōn nōḃ ko, jikin kōjparok-jokwe im iṃōn jipañ kōn mour, kōpool ro im elōñ aer jipañ kōn kōjparok ememej.

Kallimjek ioon: Ñan bōbrae an kij ko pād ilo ṃōko, LTCF renaaj kōṃṃani men kein me rej loor:

1. Kabbōjrak an armej me ejjab aikuji itān loḷok.
2. Kōjjeṃḷok ñan ruo wōt armej me ej aikuji ñan juon ri-jokwe ilo jabdewōt iien.
3. Etale 100 bōjjāan in ri-loḷok-aikuji mokta jān aer deḷoñ ṃweo, ekkar ñan kein joñjoñ ikijjen etale.

Loe aolepan policy eo ilo https://content.govdelivery.com/attachments/ORDHS/2020/03/10/file_attachments/1397712/NF-20-67%20Executive%20Letter%20from%20Mike%20McCormick.pdf.

Menin kōjerbal ikijjen COVID-19

- An Jikin bōk Eddo im Bōbrae Nañinmej (Center for Disease Control and Prevention) eo COVID-19 website: <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>
- An Oregon Maroñ kōn Ājmuur (Health Authority) eo COVID-19 website: <http://healthoregon.org/coronavirus>

Menin kōjerbal ko ilo an Oregon Maroñ kōn Ājmuur (Health Authority) web peij eo rej kōpool:

- » Kaddeḷoñ ñan ebbōk email ko kōn mejele ko rekāāl
 - » Pija-in-mejele (infographic) ko im mejele ko ilo elōñ kajin ko
 - » Menin rōjañ rekāāl kōn elōñ jarin armej reotak
 - » Nōṃba ko an keej in COVID-19 ilo Oregon kiiōkiiō
 - » Kajjitōk ko ikut (FAQs):
<https://www.oregon.gov/oha/PH/DISEASES/CONDITIONS/DISEASESAZ/Pages/COVID19-FAQ.aspx>.
- Laajrak in Local Maroñ kōn Ājmuur Loḃwilej (Public Health Authority) eo: www.healthoregon.org/lhddirectory
 - An DHS COVID-19 web peij: <https://www.oregon.gov/DHS/COVID-19/Pages/Home.aspx>
 - An DHS ODDS COVID-19 web peij eo: <https://www.oregon.gov/DHS/SENIORS-DISABILITIES/DD/Pages/ODDS-COVID-19-Information.aspx>

Menin jipañ ko ilo web peij eo an ODDS rej kōpool:

- » Meleḷe ko ñan keej mānija ro
- » Meleḷe ko ri-leḷok ro
- » Kōjjeḷā ko ñan ḷobwilej ekkā, kōpool juon video epidodo me ej kōmmeḷeḷe kōn COVID-19 <https://www.youtube.com/watch?v=MJ8eeC-tVD4&feature=youtu.be>
- » Kaddeḷōñ ñan ebbōk email ko kōn meḷeḷe ko rekāāl
- Ri-Tōl ñan Mour ilo Jukjukin Pād (Administration for Community Living (ACL)) <https://acl.gov/COVID-19>
- An Wōpij in Governor eo web peij kōn COVID-19 <https://www.oregon.gov/gov/pages/index.aspx>

Nan ro uwaan SEIU 503

- Ekkatak kōn ta eo SEIU ej kōṃṃan ñan ro uwaan ijin: https://seiu503.org/member_news/coronavirus-resources-for-seiu-members/

Nan armej rejaronṛon

- Menin kōjberbal ikijjien COVID-19: <https://www.amphl.org/blog/2020/3/15/covid-19-resource-list>

Bok jidikdik ilo kajin epidodo

- Bok jidikdik ilo kajin epidodo kōn Coronavirus, me Jikin Errā laaṃ Make Wōt im Jipañ Technical (Self Advocacy Resource and Technical Assistance Center (SARTAC)) eo ekar kōṃṃane:
 - » <https://selfadvocacyinfo.org/wp-content/uploads/2020/03/Plain-Language-Information-on-Coronavirus.pdf>
 - » Kajin Jipein: <https://selfadvocacyinfo.org/resource/plain-language-information-on-covid-19-spanish-version/>

Ñan baamḷe ko an ajri im jodikdik im elōñ aer aikuj rejenolok

- Rojañ ñan jineir im jemeir im ri-kōjparok ro ñan jipañ baamḷe ko bwe ren mour wōt ippān COVID-19. <https://www.nctsn.org/resources/parent-caregiver-guide-to-helping-families-cope-with-the-coronavirus-disease-2019>

Nan rūtto im armej me elōñ apañ kōn ājmuur me ej pād wōt

- Kajjitōk im uwaak ko ikut kōn COVID-19 ñan rūtto ro im armej ro me elōñ aer apañ kōn ājmuur im ej pād wōt: <https://acl.gov/sites/default/files/common/AOA%20-%20Alliance%20for%20Aging%20Rsch%20-%20Nat%20Fdn%20for%20ID%20-%20203-12-20.pdf>

Ñan armej ro me rej mour wōt im elōñ aer HIV

- Kajjitōk ko Ikut: Coronavirus (COVID-19) im HIV:
 - » <https://www.oregon.gov/oha/PH/DISEASES/CONDITIONS/HIVSTDVIRALHEPATITIS/HIVCARETREATMENT/CAREASIST/Documents/FAQ-covid-19-and-hiv.pdf>
- Kajin Jipein:
 - » <https://www.oregon.gov/oha/PH/DISEASES/CONDITIONS/HIVSTDVIRALHEPATITIS/HIVCARETREATMENT/CAREASIST/Documents/FAQ-covid-19-and-hiv%20SP.pdf>

Kakien eo kōn Ri-Amedka ro me elōñ Aer Utaṃwe (Americans with Disabilities Act (ADA))

- Kajjitōk im Uwaak ko kōn ADA eo, Kakien kōn Kōmour (Rehabilitation Act) eo, im COVID-19:
<https://content.govdelivery.com/accounts/USEEOC/bulletins/281dd9d>
- Kōn kajjitōk im inepata ko kōn men ko ekkar ñan ADA im kaddeḷoñ ñan loe ikijjen COVID-19:
 - » Jikin ADA Northwest
 - ADA Eo Bwil: 1-800-949-4232
 - nwadactr@uw.edu

Jipañ kōn ṃōñā

- Oregon Pāāñ in ṃōñā (Food Bank) ko rej pād ilo:
<https://www.oregonfoodbank.org/find-help/find-food/>
- Jikin ellolo kijen ajri ṃōñā ilo Oregon iuṃwin iien ikkiil kōn COVID-19:
https://docs.google.com/spreadsheets/d/e/2PACX-1vQdNuwGk2d3GnFHMqWP5EOM4C9sTKriEoTXNlbCFjJuxHIOz8wKv89L-dtDAOf4IWcj8QM82L-mOW3/pubhtml?gid=1537028636&single=true&widget=true&headers=false&urp=gmail_li nk
- Būrookraaṃ Koba ñan Jipañ kōn Ōn (Supplemental Nutrition Assistance Program (SNAP))
 - » Kūrḷok ak email ñan juon DHS wōpij ñan ebbōk juon peba in apply. Loe local wōpij eo aṃ ilo
<https://www.oregon.gov/DHS/Offices/Pages/Self-Sufficiency.aspx>.
 - » Kwō bar maroñ kaddeḷoñ online ilo
<https://apps.state.or.us/onlineApplication/>.
- Koba Menin Kōjberbal ikijjen Rüttoḷok im Utaṃwe (Aging and Disability Resource Connection (ADRC)) an Oregon: <https://www.adrcoforegon.org/consite/index.php>

Kajjitōk, ennaan im inepata ko

Kwō maroñ jilkinḷok kajjitōk, ennaan im inepata ko kōn menin rōjañ kein ak kōn COVID-19 im armej ro me elōñ aer utaṃwe ñan oregon.masscare@dhsosha.state.or.us.

Kwō maroñ jilkinḷok ennaan ak inepata ko kōn state policy ko ikijjien COVID-19 im eṃōj an Governor Kate Brown leḷok, ñan Jipañ ñan Ro Doon (Constituent Services) ilo Wōpij eo an Governor eo ilo 503-378-4582. Kwō bar maroñ kōjeral juon form online ñan submiti. Etal ñan:

<https://www.oregon.gov/gov/pages/request-assistance.aspx>.

Keememej wōt

Kōmij kaṃṃoolol Wōpij in Governor eo ilo California kōn Jipañ ko Idiñ (California Governor's Office of Emergency Services) kōn aer ajeṃtok menin rōjañ ko aer.

Koṃjeḷ in Rōjañ kōn Bōk Eddoin Utaṃwe ilo Idiñ (Disability Emergency Management Advisory Council (DEMAC)) eo ilo Oregon Koṃṃool wōt!