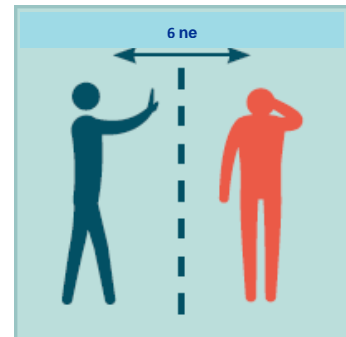


Wāween Kōjparok Eok Make im Jukjukin Pād eo Aṃ ilo lien Kakkobaba Kōttoḷok Ānbwin ak Social

Ta eo kakkobaba kōttoḷok ānbwin ak social?

Wōpija ro kōn ājmuur ḷobwilej rej rōjañ kōn kakkobaba kōttoḷok ānbwin ak social ñan kabbōjrak an juon nañinmej me kwō maroñ in ebbōk, āinwōt COVID-19, ilo an ajeeded. Kilen kōttoḷok ānbwin rej kōpool:

- Kōjjemḷok an jarin armej reḷap kweilok
- Kilōk ṃōko
- Kāānjel ṃakūtkūt ko



Eṃōj an Governor Kate Brown leḷok juon wōtar in kōṃṃan ñan jipañ ilo ad kadikḷok an COVID-19 ajeeded. Wōtar in ej kipele aolep armej ro ilo Oregon bwe ren pād wōt ilo ṃōko ṃweier ijellokun ñan ebbōk men ko me rekanooj in aikuji ṃae kōjjeḷā tokālik.

Enaaj bōlen wōr wūnin aṃ aikuji in moot jān ṃweo iṃōṃ; eñin jet waan joñak:

- Etal ñan iṃōn wia ṃōñā
- Etal kōn juon appointment ippān taktō eo.

Ñe kwōj aikuji in moot jān ṃweo iṃōṃ, kwōn pād wōt ejjab dikḷok jān jiljino ne jān ro jet.

Governor Brown ej bar rōjañ aṃ bōbrae kakkobaba ko social im kōn jukjukin pād elaññe kwōj juon iaan, ak aolepan, men kein ruo ilaḷ:

- Rūttoḷok jān 60 ded
- Elōñ juon menin ājmuur eṃwilaḷ.

Kōttoḷok ānbwin ak social ej juon wāween me eḡōj an science kaḡool nān kadikḷok ad kōjeedede COVID-19 jān armej-nān-armej. Kōn jet ḡakūtkūt in jarin armej im kweilok ko rekkā emaroñ im eḡōj aer:

- Kāānjeḷe
- Kōḡḡan juon schedule ekāāl.
- Kōḡḡane online ak ilo talboon eo.

Menin ej juon kilen bōbrae nān jipañ ilo ad kōjparoke an jukjukin pād eo ājmuur.

Imaroñ kōḡḡan ta nān jipañ ājmuur lōḷātāt eo aō iuḡwin tōre in?

Mijak im inepata rej tūriaḡo ko rekkā me armej rej eñjake iuḡwin tōre in.

Elōñ aorōkin aḡ kōjparoke eok make im ro jet. Kappukot jipañ jān ri-kōjparok ājmuur eo aḡ elaññe aḡ inepata ej bōbrae ḡakūtkūt ko aḡ ilo kajjojo raan.



Jet men ko kwō maroñ kōḡḡan nān jipañ eok make:

- Bōbrae aḡ alwōje lale nuuj ikijien COVID-19. Bōk iien kakkije jān aḡ alwōje, riiti ak roñjake nuuj eo. Aḡ roñjake men ko kōn iien kauwōtata in im loe pija ko ikijien aolep iien emaroñ kaabḡōḡōik eok. Kajjioñ im kōḡḡan juon men eo me ej kaḡōḡōḡōik eok.
- Kōjparoke ānbwinnōḡ.
 - Emmenono ḡwilaḷ
 - Eḷḷok
 - Kōḷḡmānḷokjeḡ
 - Kijeḡ ḡōñā en ājmuur im en wōr elōñ kain ḡōñā ko
 - En makijkij aḡ kōmmālmel
 - En lukkuun in bwe aḡ kiki
 - Bōbrae dān in kadek im wūno ko kajoor im illegal.
- Kōḡḡan iien jeḷate eok make. Kōkeememej eok make ke eñjake kajoor renaaj jako.
- Kōnono ippān ro jet. Kowaḷok inepata ko aḡ im men ko me kwōj eñjake ippān juon jeraḡ ak uwaan baamle eo aḡ. Kōjparoke kadkad ko bwe ren ājmuur wōt.

- Jāāk ippān jukjukin pād eo aṃ (ro iturōṃ, baamle eo, ro jeram, āierḷok wōt) ñe kwō maroñ. Kōnono ippeir ilo aṃ kūri ilo talboon eo, ennaan ko text ak social media ko.
- Dāpij wōt am eñjake kōjatdikdik.
- Ḷōmṇak kōn men ko positive.

Ekōjkan aō naaj kōnono ippēir elaññe iban kakkobaba ippān jukjukin pād eo aō?



Eḷap aorōkin jipañ doon ilo iien inepata ko. Juon wāween ebbōk tūriaṃo kein ej ilo am kōnono ippān armej ro me kwōj kea kōn er im rej kea kōn eok. “Kakkobaba social kōttoḷok” ej lukkuun kōm aṃ dāpij bwe koṃin ettoḷok ilo **ānbwin**. Jemaroñ im jen kōjparoke wāween kakkobaba social ilo tōre in.

Kōttoḷok social ak ānbwin ej aikuj bwe armej ren jab pād ijoko im reban kōjparok bwe en wōr ejjab dikḷok jān jiljino ne ikōtaaer ro jet Am kōjparoke aṃ ettoḷok jān ro jet ej juon wāween eaorōk ñan kōjparok aolepan armej ro ilo jukjukin pād ko ad jān an COVID-19 ajeeded.

Jej aolep pukote wāween kakkobaba im kōnono ippān armej. Eñin jet ḷōmṃak ko:

- Kōjērbal ennaan text: Eḷḷok peōṃ ñan armej meñe ej eok make ak kōṃṃan juon chat group me koṃiwōj emaroñ jīṃor kōnono kōn men ko ippān doon ie.
- Kōjērbal talboon eo āinwōt juon ṃōttan ekkā ilo kadkad ko.
- Ñe kwō maroñ, kajjioñ im kūr kōn video ñe kwōj kōjērbal jipañ ko āinwōt Skype, FaceTime ak WhatsApp.
- Jilkinḷok lōta ak email ñan kowaḷok men ko me kwōj eñjake im kowaḷok ñan armej ke kwōj ḷōmṃak kōn er.
- Kajjitōk kōn ro jet ej et mour im kōn wāween aer kōjparok er make.

Jej aolep jīṃor pād ippān doon ilo men in!

Keememej wōt, virus ko rejaje kalijekḷok. Im jen bar jab. Jabdewōt armej me keepaak COVID-19 emaroñ in bōke —jekdoḷon jowi, ri aelōñ ta, ak laḷ eo ear ejaak jāne.



Kwōmaroñ bōk peba in ilo bar jet kajin, jeje ko reḷap, jeje ko an ri-pilo (braille) ak ilo juon wāween eo kwōkōṃaan. Email ñan Oregon Maroñ kōn Ājmuur (Health Authority) eo Kumi in Mānija kōn Menin Waḷok ko (Incident Management Team) ilo ORESf8.OHALiaison@dhsosha.state.or.us

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