

# Laajrak in Lale ñan Etale Kakolle ñan Rijerbal ro rej Lelok Kejbarok Ejab ikijen Ejmour

## 1 Emōj ke kar kakōlkōle kwe kin COVID-19?

<input type="checkbox"/> <b>Aet</b>	<p>Kwōn jab jermal inabōjin mweo imōm mae ien eo kwōmaroñ uwaake “<b>Aet</b>” ñan <b>aoleben</b> naan in kamool kein <b>jilu</b>:</p> <ul style="list-style-type: none"><li>• Emōj an mootlok 10 raan jen kar raan in teej eo am ear positive, ak jen ien eo ear jino walok kakolle ibbōm (men eo wōt ear walok mokta)</li><li>• Emōj an mootlok 24 awa jen ien eo kwar biba (ilo am jab aikuj kōjerbal wūno in biba)</li><li>• Kakolle ko jet am remmanlok</li></ul>
<input type="checkbox"/> <b>Jab</b>	Etal ñan kajitōk 2.

## 2 Ilo awa ko 24 āliktata, ekkar ke wōr jabdewōt laajrakin kakolle kein?

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|--|---|--|--|
| <input type="checkbox"/> Biba                        | <input type="checkbox"/> Bokbok                                   | <input type="checkbox"/> Lab mōk                   | <input type="checkbox"/> Boñ ak toor botim |
| <input type="checkbox"/> Bio/Wūdiddid                | <input type="checkbox"/> Ekāāl im ejjelok nemen ak bwiin jabdewōt | <input type="checkbox"/> Emetak majel ak enbwinnōm | <input type="checkbox"/> Mōlañlōñ ak emmōj |
| <input type="checkbox"/> Kajjinōk ak abañ in emenono | <input type="checkbox"/> Metak bōro                               | <input type="checkbox"/> Metak bar                 | <input type="checkbox"/> Bidodo Loje       |

<input type="checkbox"/> <b>Aet</b>	<p>Ñe ewōr jabdewōt kakolle ko ibbōm, kwōj aikuj rool ñan mweo imōm, jab kebaak ro jet im kūrlok taktō eo am ak jikin ejmour eo ilo bukōn eo am ñan am kenono kin teej.</p> <p>Kwōmaroñ rool in jermal ilo ien eo emōj an mootlok ejab diklok jen 24 awa jen ien eo kwar biba (ilo am jab aikuj kōjerbal uno in biba) im kakollein nañinmij ko am remmanlok.</p>
<input type="checkbox"/> <b>Jab</b>	Etal ñan kajitōk 3.

## 3 Emōj ke am kar kebaak (jab lablok jen 6 ne im jab diklok jen 15 minit) ilo raan ko 14 remootlok juon armij eo emōj kakōlkōle kin COVID-19?

AK

### Emōj ke am kar ito tak inabōjin state eo ñan wūn ko rejab mennin aikuj ilo raan ko 14 remootlok?

<input type="checkbox"/> <b>Aet</b>	<p>Kwōn jab rool in jermal mae ien eo emōj am kadedelok juon ian wāween kein ikijen ien quarantine laajrak:</p> <ul style="list-style-type: none"><li>• Jab diklok jen 14 raan jen ien eo kwar kebaak armij eo āliktata, ak</li><li>• Jab diklok jen 10 raan* jen ien eo kwar kebaak armij āliktata elañe ejellok jabdewōt kakolle ko ibbam, ak</li><li>• Jab diklok jen jiljilimjuon raan* jen ien eo kwar kebaak armij āliktata elañe ejañin wōr jabdewōt kakolle ko ibbōm, im emōj an teej in polymerase chain reaction (PCR) ak antigen ke ekar negative iomwin 48 awa mokta jen an jemlok ien quarantine eo am.</li></ul>
<input type="checkbox"/> <b>Jab</b>	Kwōmaroñ etal in jermal inabōjin mweo imōm.

\* Ñe kwōnaj kelet in kakadulok ien quarantine eo am, ewōr jidik ekōl kwōmaroñ kajeded kij eo ñan ro jet ālikin ien quarantine eo am, im elukkun aurōk bwe kwōn wōnmaanlok ilo am lale kwe make ñe ewōr kakolle ko ibbōm aoleb raan.

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**Maroñ riiti beba in:** Ñan armij ro im elōñ aer utamwe ak armij ro im rejelā juon bar kajin im ejab Kajin Belle, OHA emaroñ lelok melele ko ilo wewein ko jet einwōt ukok ko, jeje kileb, ak jeje ko an ribilo. Kebaak Jikin Melele in Ejmour eo ilo 1-971-673-2411, 711 TTY ak [COVID19.LanguageAccess@dhsosha.state.or.us](mailto:COVID19.LanguageAccess@dhsosha.state.or.us).