

Jikin jermal ko Jibañ Rijermal Ro Am Bōke Wā ko an COVID-19

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Jibañ ko ñan aikuj ko ikijen am bōk im lelok melele:

Kein anōk in likūt ilo Email, Kobban melele in likūt ilo letā in nuuj, kobban melele in likūt ilo Social Media

Juon Enaan jen Obij in Ejmour eo an Oregon (OHA)



Obij in Ejmour eo an Oregon (OHA) ej kamooolol eok kin jibañ ko am kin an rijermal ro am kar wā bwe ren maron bōbrae jen COVID-19. Am kobatōk ibbam enaj jibañ mour ko an armij. Enaj tiljok amim lewaj melele ñan kwe ilo amim wōnmaanlok in kadedelok burokraam in wā eo an Oregon.

Jouj im anemkwōj in ukōt kobban melele kein ñan rijermal ro kwōnaj tōbar. Kwōj juon mōttan eo aurōk ilo madmōd eo an state ñan loloorjak ke ejimwe melele ko rej etal ñan rijermal ro kin ia eo remaron etal in wā. Ņe ewōr am kajitōk kin kein jermal in, jouj im kebaak Jikin Melele kin Ejmour eo an OHA ilo COVID.19@dhsosha.state.or.us.

Lale melele ko rekāāl ñan Kein Jermal in Leto Letak Melele ilo <https://govstatus.egov.com/or-oha-covid-resources>.

Mennin Kenono ko / Kōjellā ko Raurōk: Ta eo Rijerbal ro am rej Aikuj Jelā kin Wā ko an COVID-19 ilo Oregon



WŌN ro remaron wā? ŃAAT

Oregon ej kōmmāne wā ko ilo ien ko emōj karōki. Armij ro wōt ilo kumi ko remaron tōbrak remaron bōk wā eo.

▶ Melele kin Kōlaajrak len Wā



IA eo imaron etal in wā?

Armij ro rej jokwe ilo Oregon remaron etal in wā ilo elōñ jikin ko.

▶ Melele kin Jikin Wā

Wā ko reñaj etal ñan rijerbal ilo:

- Jet jikin wā ko
- Jet jikin jokwe ko an rijerbal

Ñan kwalok am kōnaan kōmmāne juon makūtkūt in wā ilo jikin jermal eo am ak jikin jokwe ko an rijerbal, kebaak obj in ejmour eo ilo jukjukinbed eo am. Jouj im jelā ke kin an eiiet wōt wā im armij ro rej lelōk wā ej melelein jet wōt kajitōk ko remaron naj tōbrak.

[Lale melele kin wā eo an COVID-19 kin county.](#)



WĀWEEN am kōmmāne juon ien am etal in wā

Armij in Oregon ro remaron tōbrak ren etal ñan [covidvaccine.oregon.gov](https://www.covidvaccine.oregon.gov) ñan lale melele in wā ilo jukjukinbed ko aer, kadeloñ etam ilo jikin jermal eo an [Get Vaccinated Oregon](#) im lale [jejetin melele ñan county](#). Karōk in ien wā ko rejab maron kōmman kiō ilo [covidvaccine.oregon.gov](https://www.covidvaccine.oregon.gov) bōtab ewōr link ko ñan obj in ejmour ko ian jukjukinbed im jikin wā ko relab ñan am karōk ien am etal.

Armij in Oregon remaron bar ebōk jibañ ilo aer text ORCOVID ñan 898211 (Kajin Belle im Spanish wōt) ak email ORCOVID@211info.org (ewōr jibañ kin kajin). Ñe ejab uwaak kajitōk eo am kin wā eo an COVID-19 ilo website, text, ak kin email, kwōmaron kūrlok 211 ak 1-866-698-6155, im ejellok wonnen am kūrlok im ebellok jen 6 awa jibbon ñan 7 awa jota, aoleb raan, ekoba raan in kakkije ko. Emaron aitōk ien kōttar kin an lab kall ko rej itōk.

Ñan jikin wia uno ko, Armij in Oregon ro remaron tōbrak remaron kaju kōmman ien aer etal ilo website ko aer. Jikin wia uno ko renaj etale am maron tōbrak.

Bi-Mart: <https://book-ch.appointment-plus.com/ctkqt9ky/#/>

Costco: [costco.com/covid-vaccine.html](https://www.costco.com/covid-vaccine.html)

Health Mart: [healthmartcovidvaccine.com](https://www.healthmartcovidvaccine.com)

Rite-Aid: [riteaid.com/oregon](https://www.riteaid.com/oregon)

Safeway/Albertsons: [safeway.com/pharmacy/covid-19.html](https://www.safeway.com/pharmacy/covid-19.html)

Walgreens: <https://www.walgreens.com/findcare/vaccination/covid-19>

Walmart: <https://www.walmart.com/cp/flu-shots-immunizations/1228302>



ETKE kwōn wā

Wā ko an COVID-19 rej jibañ ad maron rool ñan kōmmani men ko **jej iakwe**. Jej aoleb kōnaan rool ñan mour ko ad mokta. Wā ko remaron jibañ ad rool ñan elōñ men ko elab ad oñ kaki. Ilo ien eo enaj bwe joñan armij renaj wā, jeñaj maron loe armij ro jej iakwe, kōjerammon raan ko raurōk, im rool ñan mour ko ad ekkā.

Jibañ ko jen ad bōke wā eo an COVID-19



Ta eo ij aikuj jelā mokta jen aō etal?

Wā ta eo ij aikuj bōke? Wā eo remaron lewaj. Aoleben wā ko an COVID-19 ewōr kiō ilo Amedka emōj aer kōmelim jen ibben FDA iomwin juon Kōmelim ñan Kōjeral ilo len Idin. Melelein mennin ej emōj aer lukkun teej im kamool ke rej letōk kejbarok im ejejjet aer jeral ñan kadiklok nañinmij kauwōtata, deloñ aujbitol, im mij.

Bōk wā eo ilo ien am maron bōke. Jekdoñ eiēt joñan wā ko kiō, ritol ro an jikin ejmour rej madmōd ñan kōmman bwe en lablok an wōr wā ñan aoleb. Ñan am maron kejbarok kwe make im kabōjrak an ajeeded COVID-19, aurōk bwe kwōn wā ilo ien am maron bōke.

[▶ Kejbarok im Jejjetin an Jeral Wā eo](#)



Ta eo katmāne ālikin am wā

Ālikin am bōk wā eo an COVID, kwōmaron enjaak jet abnōnō ko rej walok ālikin wā.]1|Ālikin am bōke wā eo, emaron wōr jidik metak, būrōrō, ak ebbōj ilo jikin eo rar wākare. Kwōmaron mōk, metak bōram ak majel, biba (ejejā) ak maloñloñ. Melelein mennin ej wā eo ej madmōd ñan kejbarok am ejmour.

[▶ Abnōnō ko rej walok ālikin Wā eo](#)

Ilo ien eo enaj dedelok am bōk aoleb wā ko aikuj, kwōj aikujin bōk joñan kejbarok ko ñan kejbarok kwe make im ro jet kinke COVID-19 ej juon nañinmij ekāāl im ro ewōr aer kabel kin nañinmij in rej wōnmaanlok in bōk melele ko relablok kin nañinmij in.

[▶ Ta eo jej aikuj kōmmane ibben doon](#)

Kajitok ko ekkā kajitōki

Kajitōk ko emaron wōr ibben jikin jermal ko:

Wōn ro rej bōnōbōn einwōt juon rijermal ej madmōd ilo ien ewōr idin jorren?

Jouj im lale [Bija in melele kin kōlaajrakin ien wā eo an OHA](#) ñan juon laajrakin wōn ro remaron tōbrak im ñaat.

Rijermal ro im jikin jermal ko rej ke aikuj lelok kein kamool ke kajojo rijermal ro aer rej rijermal ro rej madmōd ilo ien idin jorren?

Jab. Kim ej ellā ioon an aoleb make kwalok mool. Juon rijermal ej madmōd ilo ien idin jorren ebañ aikuj kwalok kein kamool ke remaron tōbrak, bōtab jikin wā ko remaron kajitōk aer kallimur ilo juon wāween ke rej rijermal rōt ko.

Enaj ke wōr ien wā ilo jikin eo?

Aet, kim ej kōjatdikdik ke jet jikin jermal ko renaj kōmman jikin wā ilo jikin jermal ko ak jikin mōn jokwe ko an rijermal. Mennin enaj aikuj bebe im kōlaajrak ibben obij in ejmour eo an jukjukinbed eo am. Ejab aoleb jikin jermal ko remaron kelet mennin. Bōtab ñan elōñ jikin jermal ko enaj wōr tōkjen mennin, toon wōt an bwe joñan rijermal ro ilo bukōn eo ñan aer madmōde jikin wā eo. Kebaak jikin ejmour eo an jukjukinbed eo am elañe kwōkōnaan kōmmane juon makūtūt in wā.

Ewi wāween an rijermal ko kōmmane ien ko ñan aer etal in wā? Jikin jermal ko remaron ke jibañ?

Jikin jermal ko remaron jibañ ilo aer kwalok ñan rijermal ro aer ia eo ren etal ñane ñan karōke ien wā ko aer.

Armij in Oregon ro remaron tōbrak ren etal ñan covidvaccine.oregon.gov ñan lale melele ko kin wā ko ilo jukjukinbed ko aer, kadeloñ ettaer ilo kein jermal eo an [Get Vaccinated Oregon](#), im lale [jejetin melele ko an county](#). Ejab maron kōmman karōk ien wā kiō ilo covidvaccine.oregon.gov.

Armij in Oregon remaron bar ebōk jibañ ilo aer text ae lok ORCOVID ñan 898211 (Kajin Belle im Spanish wōt) ak email ORCOVID@211info.org (ewōr jibañ ikijen kajin). Ñe ejab uwaak kajitōk eo aer kin wā eo an COVID-19 ilo website eo, text, ak kin email, remaron kūrlok 211 ak 1-866-698-6155 (ejellok wonnen kūrlok), im ebellok jen 6 awa jibbon ñan 7 awa jota, aoleb raan, ekoba raan in kakkije ko. Emaron lab rej kall tōk jen ien ko ekkā. Renaj lewaj bwe kwōn kelet aer bar karool waj kall eo am bwe kwōnjab aikuj kōttar.

Enaj ke wōr kōlaajrak kin wōn ro rej wā mokta ilo kumi ko an rijerbal ro rej madmōd ilo ien idin jorren?

Jino jen Maaj 29, rijerbal in atake ro rej armij ro rar emakūt tōk jen lal ko jet im ewōr ien aer jermal, rijerbal in mōñā in lojet im atake, rijerbal ro rej kōmadmōd mōñā, im ro rej ikun kijeek ilo jikin ko ejellok armij renaj maron tōbrak in bōk wā eo ej bōbrae jen COVID-19. Aoleb rijerbal ro rej madmōd ilo ien idin jorren renaj maron tōbrak ilo Ebrol 19.

Juon rijerbal ej madmōd ilo ien idin jorren ej juon armij eo jermal eo an ej likūt ilo joñan uwōta eo elablok ñan an bōk COVID-19 kinke ejab maron kōmmāni jermal ko an jen mweo imōn ak bar juon jikin ej kadik an maron kebaak armij ro jet rejab jokwe mweo imōn. Jermal eo an rijerbal in ej madmōd ilo ien idin jorren ej aikuj bar:

- Ekūt an kebaak ro jet rejab jokwe mweo mweir (diklok jen jiljino ne); im
- Ekkā (lablok jen 15 minit ñan kajojo armij eo/ro) ej kebaak ibben ro jet im rejab jokwe mweo imōn.

Elañe armij eo enaj ioon laajrak kein, im ekoba ilo laajrakin etan bijnej ko emōj kōjejjēt jen ibben CDC ilo len ko 1b ak 1c, ak rebed ilo laajrakin kombani rōt ko ibben Obij in Ejmour eo an Oregon (OHA), innem emōj loe ke armij eo ej juon rijerbal ej madmōd ilo ien idin jorren.

Kwōmaron loe āt ko ilo laajrak eo an OHA ijin:

<https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/I333527A.pdf>

Laajrakin etan jikin ko elablok an CDC, im ekoba kōmelele ko, kwōmaron loi ijin:

<https://www.cdc.gov/vaccines/covid-19/categories-essential-workers.html>

Armij renaj aikuj lale ñan er make elañe rej juon rijerbal eo ej madmōd ilo ien idin jorren. State eo ejab aikuj kein kamool ke armij eo ej bed iloan jejjēt juon laajrak, bōtab remaron kajitōk ilo jikin wā eo kwōj bed iomwin laajrak ta.

Kin an lab joñan kajitōk ko kin maron tōbrak eo an juon rijerbal ej madmōd ilo ien idin jorren, OHA ejab maron uwaake jejjēt kajitōk ko kin maron tōbrak eo an rijerbal ro rej madmōd ilo ien idin jorren. OHA enaj wōnmaanlok in jerbale jikin Kajitōk ko Rekūt Kajitōki, innem kwōn beddo lale jikin jibañ in ñan jejjēt uwaak ko.

Kwōmaron loe kajitōk ko rekut ijin:

<https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/I332390u.pdf>

Laajrak ej kajitōk ko kwōmaron loi jen rijerbal ro am:

la eo imaron etal in wā?

Ilo tōrre in, jikin wā ko ekoba obij in ejmour an jukjukinbed im ro mōttaer, jikin wia uno ko, aujbitol ko, makūtkūt in wā ko, im Jikin Ejmour ko Kien eo an Federal ej Killi, im obij in ejmour ko an Bwij. Ak ilo ien in, kin an eiēt joñan wā ko, taktō eo am (obij eo an taktō eo am) emaron naj jab maron in ebōk wā.

Ewi wāween aō lale elañe imaron tōbrak in bōke wā eo?

Etal ñan covidvaccine.oregon.gov im kōjērbal kein jērbal eo an Get Vaccinated Oregon. Emōj kar kōmmāne ñan jibañ am melele elañe kwōmaron tōbrak. Kwōnaj kōnaan kadeloñ etam ñan ebōk melele kāāl kin ien ko kwōmaron wā. Elañe kwōj aikuj jibañ ñan kadeloñ etam, kajitōk an juon armij jibañ eok ñe ejab kūrlok 211.

Ñaat eo imaron wā?

Jino jen Maaj 20, jet rijērbal ro rej madmōd ilo ien idin jorren remaron tōbrak in bōke wā ko an COVID-19. ([Lale juon likiō laajrak in etan wōn ro aoleb remaron tōbrak im ñaat.](#)) Kinke elukkun eiēt wā ko, emaron bōk jet raan ak emaron bar wiik ñan am maron kōmmāne ien am etal in wā. Etto wōt am kōttar. Ebin kōttar, bōtab kim ej kajitōk bwe kwōn jouj im kijēnmij. Jet county ko rej wāiki wōt armij in Oregon ro jet remaron tōbrak im eiēt joñan wā ko an Federal.

Ia eo imaron etal ñane ñan melele ko relablok?

Etal ñan covidvaccine.oregon.gov.

Text ae lok ORCOVID ñan 898211 ñan elo text/SMS kin melele ko rekāāl (Kajin Belle im Spanish wōt).

Email: ORCOVID@211info.org.

Elañe ejab uwaak kajitōk eo am kin wā eo an COVID-19 ilo website eo, ilo text, ak kin email, kūrlok jikin kall eo ilo 211 ak 1-866-698-6155 (ejellok wonnen kūrlok). Ebellok Jen 6 award ribbon ñan 7 awa jota, ekoba ñan 7 awa jota Emaron āitōk ien kōttar kin an lōñ kall ko. Ewōr kelet ñan aer karool waj kall eo am bwe kwōnjab aikuj kōttar. Ewōr wōt kajin Belle im Spanish ilo jikin kall eo. Ewōr ukok ejellok wonnen ñan aoleb kajin ko jet. TTY: TTY: jibed 711 innem kirlok 1-866-698-6155

ID ta eo ij aikuj bōktōk ibba ñan kamool aō maron tōbrak?

Kwōjab aikuj kwalok kein kamool ke kwōmaron tōbrak, bōtab jet jikin wā ko remaron kajitōk am kamool ilo jet wāween ko kwōmaron tōbrak.

Jete naj wonnen?

Ej ke aikuj wōr aō injuran in bōke wā eo? Enaj ejellok wonnen wā eo an COVID-19. Kwōjab aikuj injuran in taktō, bōtab ñe ewōr am injuran, boktok kaat in injuran eo am ñan ien wā eo am. Ñe ewōr am injuran in taktō, jikin wā ko remaron lelok muri ñan kombani in injuran eo ñan wonnen aer kōmadmōd in lewaj wā eo. Melelein mennin ej remaron kajitōk am lelok melele in injuran eo am ilo ien am bōke wā eo an COVID, innem kwōn jouj im boktok kaat in injuran in taktō eo am elañe ewōr am injuran. Jikin wā ko rejab aikuj lewaj wonnen aer wāiki kwe.

Kajitōk ko kin Aer Lewaj Wā eo

Ta eo enaj walok ālikin aō bōke wā eo?

Kwōj aikuj wōt kōnake juon kein kalbubu iturin māj im kattolok kwe jen ro jet jekdoñ emōj am wā ilo ien in. Jebañ rool ñan mokta mae ien eo enaj bwe joñan armij ro renaj wā. Emōj ad jelā ke ilo ad wā ej kejbarok an armij jab nañinmij. Bōtab jejañin de jelā elañe juon armij enaj bōk wā ko ruo ej maron wōt kaajeeded COVID-19. Kim ejab kōnaan bwe kwōn kaajeedede ñan armij ro rejañin wā. Aurōk ad wōnmaanlok in ekōnak kein kalbubu iturin māj, bed 6 ne jen ro jet, kwal beir, im jab bed iturin armij ro jejab jokwe ibbeir.

Kwōmaron bar aikujin bōke ruo wā ko. Ñan elōñ wā ko, kwōmaron aikuji ruo wā. Kwōj bōke wā eo kein karuo 3 ak 4 wiik ālikin am bōke wā eo kein kajuon. Aurōk am bōke wā ko ruo ñan an wā eo maron jeral. Kenono ibben armij eo ear lewaj wā eo ñaat eo kwōmaron bōke wā eo kein karuo. Kwōj aikuj bōke wā eo kein karuo ilo ejjā jikin eo kwar bōke wā eo am kein kajuon. Kōmmane mennin ijellokun ñe nōōj ak taktō eo am enaj ba kwōn bōke wā eo kein karuo ilo bar juon jikin.

Ak ñe inaj kebaak COVID-19 ālikin wā eo aō kein kajuon?

Loor melele in kajinet ko an jikin ejmour im bed mweo imōm iomwin 14 raan jekdoñ ñe kwar bōke wā eo am kein kajuon.

Ewi toon aer naj aikuj lale na ālikin aō wā?

Reñaj lale kwe iomwin 15-30 minit ālikin am wā. Melelein mennin ej kwōnaj aikuj kōttar ilo jikin eo kwar wā bwe rijerbal ro rar lewaj wā ren maron lolorjak emmon am mour.

Ta abnōnō ko remaron walok ālikin wā eo?

Alikin am bōke wā eo an COVID-19, kwōmaron eñjaake an metak beim. Emaron wōr metak in majel ko am, metak mokwōj, mōk, metak bar, biō, ak emaron bar biba. (ejejā biba.) Ej melelein wā eo ej jeral ñan kejbarok am ejmour. Men kein rej kōkkāāle ko rekkā ke enbwinnim ej kōmman an kein bōbrae. Jet ien abnōnō ko ālikin wā remaron kōmman am jab kōmmani makūtkūt ko am ekkā iomwin jet raan. Elōñ ian abnōnō kein rej aikuj jako iomwin jet raan.

Wōn eo ij aikuj kūrlok elañe ewalok abnōnō ko ibban ālikin wā: jikin wā eo ke taktō eo aō?

Ekkā an walok abnōnō ko ālikin ad bōke wā eo an COVID-19. Ñe ewōr am inebata kin jabdewōt abnōnō ko ālikin am emakūt jen jikin wā eo, kwōj aikuj kebaak taktō eo am. Ñe ejab, kwōmaron etal ñan jikin idin taktō ak jikin komadmōd idin jorren.

Inaj ke aikuj wōnmaanlok in ekōnak kein kalbubu māj im kattolok na jen ro jet?

Kwōnaj aikuj wōnmaanlok in ekōnak kein kalbubu māj im kattolok kwe jen ro jet ālikin am wā ilo ien in. Jebañ maron rool ñan mokta mae ien eo enaj bwe joñan armij ro renaj wā. Emōj ad jelā ke ad wā ej kabōjrak an armij naninmij. Bōtab jejañin de jelā elañe juon armij eo emōj an bōk wā ko ruo emaron wōt kaajeeded COVID-19. Kim ejab kōnaan bwe kwōn kaajeedede ñan armij ro rejañin wā. Aurōk ad wōnmaanlok in ekōnak kein kalbubu iturin māj, bed 6 ne ettolok jen ro jet, kwal beir, im jab bed ibben armij ro jejab jokwe ibbeir.

Ñan kajitōk ko relablok kin wā eo an COVID-19, lale [Kajitōk ko Rekut](#).

Wāween am jibañ makūtkūt in wā ko ilo jukjukinbed im/ak kōmmane juon makūtkūt in wā

Kabōk rijibañ ñan aoleb makūtkūt in wā ko ilo jukjukinbed/ makūtkūt in wā eo am

Juon abañ eo elabtata ej kōmōkaj ad waiki armij in Oregon ej kin an eiiet armij ro emōj kile aer maron lelok wā. Enaan eo emmon ej, ewōr armij ro emōj kile aer maron kōmmane mennin, einwōt rijerbal kabel in taktō ko ilo ien idin (EMT), rijerbal in taktō ro emōj aer retire, im rijerbal in ejmour ro kar moktalok im emōj aer jañiji jermal ko aer. Ejañin kajitōk lok ibbeir bwe ren letōk jibañ ko aer.

Kwōmaron jibañ boktōk rijibañ rein ilo am kūrlok jikin jermal ko aer, baamle ko aer im doulul ko rej kobalok ie, im riwia ak armij ro kwōj lelok jibañ ñan er. Kōjermal text eo ilal ilo email ko im/ak melele ko kwōj kwalok ilo social media:

Aikuj rijibañ ro ñan lelok wā ko

Elañe ewōr am iminene im katak ko maanlok kin jermal kabel in lelok wā, [kadeloñ etan county] aikuji jibañ eo am.

Lelok ien ko am ñan jibañ wāiki armij in jukjukinbed eo ad bwe renjab nañinmij kin COVID-19 Kadeloñ etam ñan am lelok jibañ ilo <https://serv-or.org>.

Kōmmane juon makūtkūt in wā

Kim ej kōjatdikdik ke jet jikin jermal ko renaj kōmman jikin wā ilo jikin jermal ko aer ak jikin jokwe ko an rijerbal. Mennin enaj aikuj bebe im kolaajrak ibben obj in ejmour eo ilo jukjukinbed eo am. Ejab aoleb jikin jermal emaron kelet mennin. Bōtab ñan jet jikin jermal ko relab, enaj wōr tōkjen, toon wōt an bwe joñan wā im rijerbal in jikin ejmour ilo bukun eo ñan aer madmōd ilo jikin taktō eo. **Kebaak obj in ejmour eo ilo jukjukinbed eo am (LPHA) elañe ewōr am kōnaan in kōmmane juon makūtkūt in lelok wā.**

Kein jiban ko ikijen mōn jokwe

Im kobalok ilo ad kōjērbal kein jērbal ko jej anōki ilo kein jērbal eo an OHA ijin, kim ej rōjañ am beddo lale jibañ ko emōj kōkkāāl jen CDC im Douluul eo ej Kōmadmōd Ejmour. Rej lewaj kein jērbal im jibañ ko ejellok wonneir ñan jukjukinbed eo an bijnej ko, im ear kōmman jen ibben ro ewōr aer kabel kin bijnej, ejmour, im an leto letak melele. Kwōmaron loe melele ko ijin:

- [Melele ko emōj Ukōti jen CDC kin Kobban Melele ko an Wā eo an COVID-19 ñan rijērbal ro Rej Madmōd ilo len Idin Jorren](#)
- [Douluul in Kōmadmōd Ejmour an Jibañ kin Melele ko ikijen COVID-19 ñan Bijnej ko](#)
 - [Melele in Kajinet kin Leto Letak in Melele an Bijnej ko](#)
 - [Enaan ko Raurōk ñan Rijērbal ro](#)
 - [Melele in Kajinet kin Wāween Kenono an Manija ro](#)
 - [Melele in Kajinet an Bijnej Jidik ko ñan Wā ko an COVID-19](#)
 - [Melele kin Armij ro ñan Rōjañ im Melele in Kajinet ikijen lelok Melele ñan armij in RiKilmej, Hispanic, im Jukjukinbed ko an American Indian im Molin Armij in Alaska](#)
 - [Jaambol in Bebe in Leto Letak Meleel an Rijērbal](#)
 - [Kein Jērbal eo an Social Media](#)
 - [Jaambol in Majej ko ilo Text](#)



Jibañ ko ñan aikuj ko ikijen am bōk im lelok melele:
Kein anōk in likūt ilo Email, Kobban melele in likūt ilo letā in nuuj, kobban melele in likūt ilo Social Media