



## Melele kin teej in COVID-19

Ñe ewōr [kakōlkōlin COVID-19](#) ibbam ak kwar lukkun kebaak juon armij eo ewōr COVID-19 ibben ilo raan ko 14 remootlok, kwoj aikuj teej jekdon jekjekin wā eo am. **Armij eo kwar kebaak** ej melelein kwar bed jiljino ne iomwin 15 minit ak lablok iomwin juon raan, ilo am kar ak jab ekōnak kein kalbubu iturin māj.

### K: Jete naj wonnen juon teej in COVID-19?

- **Oregon Health Plan (OHP)** – Ñe ewōr am [joortoklik in OHP](#), enaj ejellok wonnen teej. Bōke melele ko relablok kin OHP ilo [ONE.Oregon.gov](#).
- **Injuran in taktō an juon make armij im an kumi in armij** – Elon kombani in injuran in taktō ko rej komelim in jolok wonnen ko kwonaam nan takto, im bojjaan in wonnen ko kwoj kolla wonnen takto, im jejetin joñan ko kwoj kolla mokta jen am taktō ñan teej kakōlkōin in COVID-19. Ñe ewōr am kajitok kin joortoklik in injuran in taktō eo am, ekbaak injuran in taktō eo am. Lale [peij in teej eo an COVID-19 kin an obj eo ej kakien jāān ikijen joortoklik in injuran](#) ilo [dfr.oregon.gov](#) ñan melele ko relablok.
- **Makūtkūt in teej ilo jukjukinbed ejellok wonnen** –Lale [DoINeedA Covid19Test.com](#) nan kabōk makūtkūt in teej ko ibelakin Oregon.

### K: Ñe elukkun dedelok aō wā, ij ke aikuj wōt teej?

Ilo an keij ko emoj an armij wā rejab ekkā, armij ro elukkun dedelok aer wā rej aikuj wot teej elañe ewor [kakolkol ko an COVID-19](#). Ñe kwar lukkun kebaak juon eo ewor COVID-19 ibben iloan raan ko 14 remootlok, kwoj aikuj bar boke teej eo. Armij ro elukkun dedelok aer wa remaron wot kaajeeded kij eo nan ro jet innem aurok bwe kwon teej.

### K: Naat eo ij aikuj teej?

Ñe kwoj teej kinke ewor kakolkol ibbam im kwar lukkun kebaak juon eo ewor COVID-19 ilo raan ko 14 remootlok, emmon tata kattar 3-5 raan **alikin** am kar bed iturin mokta jen am boke teej eo. Teej eo ediklok an jejet ñe enaj lukkun mokaj am teej. Jekon elukkun dedelok am wā, kwōj aikuj bed wōt mweo imōm im ejab iturin ro jet ilo am kattar.

### **K: Ewi waween aō maron loe juon jikin teej?**

- **Ewor ke am injuran?** Kebaak taktō eo am ñan bukōt juon jikin teej iturim. Eloñ jikin injuran ko rej kolla wonnen teej in COVID-19 ko ewor kakolkol im jiban in kejbarok ko rej kobalok.
- **Kojobal mab eo kwomaron kabok** ilo <https://govstatus.egov.com/or-oha-covid-19-testing> ñan bukōt juon jikin teej iturim.
- **Kabok makutkut in teej ejellok wonnen ilo jukjukinbed.** Lale [DoINeedaCovid19Test.com](http://DoINeedaCovid19Test.com) ñan kabok makutkut in teej ibelakin Oregon. Kwonaj aikuj jibed “Kadelon etam” im kommane juon akkoun kaal an armij eo ej kojobale elane ej kein kajuon alen am kojobal jikin eo. Ilo ien eo enaj komman akkoun eo am, kwomaron karoke ien am etal ilo juon ian makutkut ko rej kwalok. Alikin am bed ilo makutkut eo am, kwomaron loe akkoun eo am nan etale jemlokin teej ko am.
- **Kūrlok 211** ñan jibañ bukōt juon jikin teej iturim.

**Aoleb ien kall mokta jen am etal nan juon jikin teej nan lale ñe ewōr ien am etal im wonnen.**

**Jouj im jab etal nan juon jikin idin takto nan am teej ijellokun ne kakolkol ko ibbam rej aikuj aer etale ilo ien eo wōt. Obij eo amim rej komadmod idin jorraan ko elukkun lab aer boub kiō kin an lablok COVID-19.**

### **K: Melele ta eo rej aen nan aer bar bōke juon teej? Rej ke lelok melele eo emoj kwalok nan ro jet?**

Armij eo ej lelok teej eo enaj aen melele in taktō im melele ko an armij make jen kwe. Melele eo im jemlok ko an teej eo rej aen jen ibben Obij eo an Public Health an Oregon im rejab ajeeded. Teej ko emoj kamool ewor naninmij eo rej ripoot nan public health nan aer bar lale.

### **K: Ta eo enaj walok elañe teej eo am enaj kwalok ewōr COVID-19?**

Takto eo am im rijerbal ro an jikin ejmour eo an kien renaj lewaj melele ko ikijen am maron kejbarok bwe kwonjab kajeded kij eo ñan baamle eo am im ro mōttam. Kwōnaj aikuj in kōjenolok kwe make jen aoleb armij toan wot an naj melele in kajinet ko an public health lewaj ilo komelele. Ewōr melele ko rekkar nan manit ilo [SafeStrongOregon.org](http://SafeStrongOregon.org) ilo 12 kajin ko, ekoba mennin jiban ko ikijen imon jokwe, mōñā, taktō, taktō in ejmour in komelij, im jiban kin jāān ilo ien jab ito tak.

**Maroñ loe beba in:** Ñan armij ro im elōñ aer utamwe ak armij ro im rejelā juon bar kajin im ejab Kajin Belle, OHA emaroñ lelok melele ko ilo wāween ko jet einwōt ukok ko, jeje kileb, ak jeje ko an ribilo. Kebaak Jikin Melele in Ejmour eo ilo 1-971-673-2411, 711 TTY ak [COVID19.LanguageAccess@dhs.ohio.gov](mailto:COVID19.LanguageAccess@dhs.ohio.gov).