



teej in COVID-19 ilo imōn jokwe

Kein teej in COVID-19 kōmman ilo imōn jokwe im kwōmaron make wia (OTC) kwōmaron make wia im kwōjab aikuj peba jen taktō. Kwōmaron make wia ilo jikin wūno, imōn wia, ak online, bōtab remaron eiēt.

Ilo ien am kōjērbal juon teej ej kōmman ilōan mweo imōm

Obij eo ej bōk eddon kejbarok im bōbrae nañinmij (Centers for Disease Control and Prevention, CDC) ej rōjañ teej in kakōlkōl ñan armij ro ewōr aer [kakōlkōlin COVID-19](#), ak rar lukkun kebaak juon eo ewōr COVID-19 ibben, jekdon ñe rar wā ak jab.

- Ien teej eo emmontata alikin am kar maron kebaak COVID-19 ej 5 – 7 raan alikin am kar kebaak juon armij eo ewōr nañinmij eo ibben.
- Jabdewōt armij eo enaj wōr [kakōlkōl ko rej einwōt COVID-19 ibben](#) rej aikuj kabōk teej in COVID-19 jekdoñ emōj ak rejañin wā.

Ewi wāween am kōjērbal teej eo ej kōmman ilo imōn jokwe

Lukkun kōjejjēt am loor kōmelele ko im kōmmane buñten ko ilo wāween ko emōj laajrak. Kein teej ko emaron lewaj mennin jibañ ko jet, einwōt melele in kajinet ko emōkaj am lale ak bido kin kōmelele ko, ñan jibañ an jimwe am kōmmane teej eo.

Ewōr ke jet kain teej ko rej kōmman ilo imōn jokwe/OTC remmonlok jen ro jet?

Ñe ejimwe am kōjērbali, aoleb teej in kakōlkōl COVID-19 ilo imōn jokwe/OTC im emōj kōmelim ien in jen ibben Obij eo an Amedka ej bōk eddon kakien mōñā im wūno (FDA) rej einwōt juon.

Injuran in taktō ej ke kolla wonnen teej ko rej kōmman ilo imōn jokwe?

Oregon Health Authority im doulul ko rej kōlaajrak kejbarok ilo Oregon rej kolla wonnen mweiuk ko rej kōmman ilo imōn jokwe/OTC (lok ñan emen teej kajojo allon) ilo an ejellok peba jen taktō ak kōmelim moktalok ñan Oregon Health Plan im ro uwaan CAWEM.

Bebe in injuran ko an Medicare im an ro jet remaron jab kolla wonnen mweiuk ko an imōn jokwe/OTC, bōtab rej aikuj kolla wonnen teej in COVID-19 ko taktō eo enaj wōtari.

Ñe ewōr juon am [akkoun eo ejenolok](#) ñan wonnen taktō, kwōmaron naj kōjerbal akkoun eo ñan kolla wonnen mweiuk in COVID-19 ko rej kōmman ilo imōn jokwe/OTC.

Ta eo kwōn kōmmane ñe teej eo kwōj kōmmane mweo imōm enaj kwalok ewōr nañinmij

Kebaak taktō eo am kin jemlok in teej eo ej kwalok ewōr am nañinmij, im kebaak er ilo ien am nañinmij. Ñe nañinmij eo am enaj kauwōtata, bukōtlok taktō.

[Kōjenolok kwe make](#) jab diklok jen 5 raan alikin an teej kwalok ewōr am nañinmij ak jen ien eo ear jino walok kakōlkōl ko am. Kōjenolok kwe make:

- Emōj an ejellok am piba ejab diklok jen 24 awa ilo am jab kōjerbal wūno in piba IM
- Emōj an emmanlok kakōlkōlin nañinmij ko jet.

Alikin 5 raan in ien kōjenolok, kwōj aikuj ekōnak kein kalbubu iturin māj ñan bar 5 raan ilo ien am bed iturin ro jet.

Ejejā teej ko ebōd aer kwalok ejellok nañinmij. Kwōjab aikuj kamool in teej alikin juon teej ej kwalok ewōr nañinmij im kwar kōmmane ilo imōn jokwe.

Ñe teej eo am enaj kwalok ejellok nañinmij bōtab ewōr kakōlkōl ko einwōt COVID, kebaak taktō eo am bwe jemlok ko rej kwalok ejellok nañinmij ejab melelein ejellok am nañinmij in COVID-19. Ekkā an walok jemlok ko ebōd aer kwalok ejellok nañinmij.

Bōk melele ko relablok kin teej in COVID-19

[Lale website eo an CDC](#) ñan melele ko relablok im bukōt bideo ko kin wāween an jimwe am kōmmane juon teej ilo imōn jokwe.

Lale website eo an FDA ñan bukōt teej kwōmaron kōmmane mweo imōm im kein aen jenkwān in kobban enbwin emōj kōmelim ilo imōn jokwe/OTC reej teej in [antigen](#) im [molecular](#) . Kwōmaron bar juon juon teej ej kōmman iloan em emōj kōmelim im kein aen jenkwān in kobban enbwin ewōr kin peba jen taktō.

Jikin ko

<https://www.fda.gov/news-events/press-announcements/coronavirus-covid-19-update-fda-authorizes-additional-otc-home-test-increase-access-rapid-testing>

<https://www.fda.gov/consumers/consumer-updates/coronavirus-disease-2019-testing-basics>

<https://www.cdc.gov/coronavirus/2019-ncov/testing/self-testing.html>

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html>

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/testing-international-air-travelers.html>

<https://www.nytimes.com/2021/10/07/well/live/covid-rapid-at-home-test.html?referringSource=articleShare>

Maroñ loe beba in: Ñan armij ro im elōñ aer utamwe ak armij ro im rejelā juon bar kajin im ejab Kajin Belle, OHA emaroñ lelok melele ko ilo wāween ko jet einwōt ukok ko, jeje kileb, ak jeje ko an ripilo. Kebaak Jikin Bōk Melele kin COVID-19 ilo 1-971-673-2411, 711 TTY ak COVID19.LanguageAccess@dhsosha.state.or.us.