

Melele ko ikijen Jerbal ko Ebidodo ñan an Armij ro ilo Oregon im rej uwaan Būlāān in Ejmour ilo Doulu in Rilale ro

Ñe kwōj juōn uwaan Oregon Health Plan (OHP, Būlāān in Ejmour ilo Oregon) im ej pād ilo coordinated care organization (CCO, Doulu in Rilale ro), kwe māroñ in jab bōk mweiuk akō jermal ko im rejjab āinwōt jeramman ko an OHP, im emāroñ in jibāñ eok pād wōt ilo am ejmour im eman lak wōt ejmour eo am. Ej etaer in jermal ko ebidodo aer oktak im rej mōttan juōn būrookraam elaplak etan in jermal ko epāake-ejmour. Jerbal ko ebidodo aer oktak rejjab bellak ñan juōn uwaan OHP im ewōr aer Kaat Bellak OHP.

Kajitōk ko Ekkūt Kajitōk ilo Jerbal ko Ebidodo aer Oktak

Ta in Jerbal ko ebidodo aer oktak?

Jermal ko ebidodo aer oktak ej mweiuk im jermal ko remāroñ in jibāñ eok pād wōt an eman am ejmour akō eman lak wōt ejmour eo am.

- Mweiuk akō jermal kein rejjab kijoñ koba ippān jeramman in Oregon Health Plan eo am.
- Waanjoñak in jermal ko ebidodo aer oktak rej pād ilo peij ruo.

Ewi wāwein ao māroñ in kajitōk jermal ko ebidodo aer oktak ñan io māke akō juōn uwaan baamle?

Ñan kajitōk jermal ko ebidodo, kūrlak eo uwaan CCO jermal nōmba in jermal akō lale bōk in an ro uwaan CCO ñan melele ko relaplak. Nōmba in telebon an ro

JEKJEK KO AN BŪLĀĀN IN EJMOUR ILO OREGON

Naan: Ñe kwōj kajitōk an būlāān eo am etale pepe eo rekar kōmmāne kin juōn jermal in Rilale ro ejmour. Ñe kwōjjab errā ippen pepe eo būlāān ear kōmmāne, kwe māroñ in bar kajitōk kake im lelak bwe ren bar etale pepe eo.

Jeramman ko: Jerbal ko būlāān in ejmour eo am ej kōllāiki.

Coordinated Care Organization (CCO, Doulu in Rilale ro): Juōn CCO ej juōn kumi in rilale ejmour. Rej koba taktō ro, rijerbal ro rej rojāñ, nōōj, taktō in kōmman ñi im ro jōt rej jermal ippān doon ilo jukjukin pād eo am. CCO rej jibāñ kōmman bwe ro uwaan OHP ren pād wōt ilo an eman aer ejmour.

Kaat eo ej Bellak: Ñe juōn uwaan doulu eo ejelak an CCO, ewōr aer kaat bellak. Remāroñ in loe jabdewōt jikin ejmour im ej bōk Būlāān in Ejmour ilo Oregon

Oregon Health Plan (OHP, Būlāān in Ejmour ilo Oregon) Būrookraam in jibāñ ikijen ejmour ilo Oregon. Ej jibāñ armij ro ediik aer jāān ebbōk jibāñ.

Primary Care Provider (PCP, Jikin Taktō eo Am): Rijerbal in ejmour eo ej lale eok. Ej ekkā an armij eo jinion tata kwōj kurlak ñe ewōr am inepāta kin ejmour akō aikuj jibāñ.

uwaan jermal eo rej pād ilo OHP kaat im OHA [CCO](#) peij ao aunlain. Bōk an ro uwaan jermal eo ej pād ilo peij eo aunlain an CCO.

Kwe māroñ in bar kajitōk juōn jermal ebidodo an oktak ippān jikin taktō eo am.

Elmen an kelet ko kōmman an aer tōprak akō jab tōprak jermal ko ebidodo an oktak?

Kelet ko rej kōmman an tōprak akō jab tōprak ikijen kajitōk kin jermal ko ebidodo aer oktak im rej kōmman im pedped ion case jān kajojo CCO. Kwōjjab māroñ in bar kwalok am lōmnak kin juōn jermal eo ebidodo an oktak im ejjab tōprak, akō kwōj māroñ in kwalok am naan in inepāta.

- Bok eo an ro uwaan CCO ewōr an melele kin kwalok inepāta.
- Kwōj māroñ in bar kwalok am naan in inepāta ñan OHP Jermal an Client ilo am kūr lak 800-273-0557 im kanne juōn pepa in kwalok naan in inepāta ilo [OHP Naan in Inepāta ko an Ro Uwaan Doulul eo](#) peij eo aunlain.

Ewōr ke bar waanjoñak ko an jermal ko ebidodo aer oktak?

Ilo ijin ilal ej jōt waanjoñak ko an jermal ko ebidodo aer oktak im juōn CCO ej aikuj in lelak. Ejjab juōn laajrak eo an aolep kain im juōn CCO ej aikuj in lelak.

- Jibāñ ko ilo mōñā, āinwōt bōklok mōñā ko jān mwōn wia, kein jibāñ kōllā onean mōñā, akō mōñā ko rej kōmman ekkar ñan ejmour.
- Jibāñ ko ilo onean an wōr jikin jokwe ilo ien-ekadu, āinwōt onean ko ñan jibāñ ikijen emakūt, jibāñ ikijen reen ñan juōn ien ekadu, akō onean an jinoe an wōr am jarōm akō dān
- Jikin am jokwe akō kakije ilo jidik ien ilo am mour lak jān nañinmej jān ojpital
- Mweiuk ko rej jibāñ mwil ko ilo ejmour, āinwōt juuj in ekjojij akō nuknuk
- Cell phone akō kein jermal ko ñan kōjerbale telehealth akō app in ejmour ko jōt
- Mweiuk ko jōt rej kōmman bwe en eman wōt ejmour eo am, āinwōt juōn air condition akō filter

CCO ko rej ke aikuj in lelak jermal ko ebidodo aer oktak?

Jolōk ñan jermal ko ebidodo aer oktak ej am māke kelet, im CCO ko rejjab aikiuj in lewaj jermal ko ebidodo.

Jikin bōk jibāñ ko jōt

Ñe kwōj pād ilo OHP im ebin am bōk lale, jouj im tōpar tok OHA Ombuds Program (Būrookraam eo an Ombud). Kwōj māroñ in kūr tok im likit juōn naan ñan Ombuds Program ilo 877-642-0450 akō email ñan

oha.ombudsoffice@odhsoha.oregon.gov. Ombud ej rijerbal ro rej jibāñ ro uwaan OHP im renij kōmmāne joñan eo aer eman tata ñan jibāñ eok.

Juōn bar kein jibāñ ñan jermal ko ilo ilo jukjukin pād eo am ej 211 melele. Kūrlak 2-1-1 akō etal ñan 211 Info peij eo aunlain ñan jibāñ.

Kwōmāroñ bōk peba in ilo kajin ko jet, ilo leta ko rekilep, ilo braille ak juōn bar wāwein eo emmanloḷok ippaḷ. Kwōmāroñ kajjitōk bwe juōn ri ukōt en jibāñ eok. Ejeḷak onean jibāñ in. Kūrloḷok 800-699-9075 ak TTY 711. Kōmij uwaaki call in relay ko.