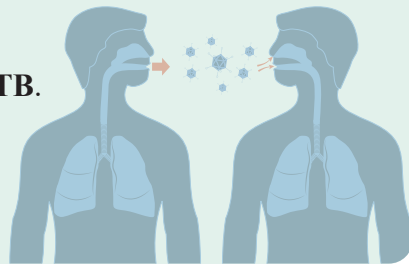


# Nañinmej in TB

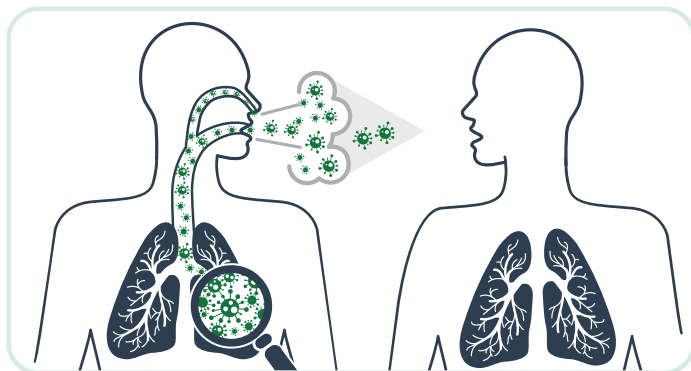
Etale ko aṃ rej kwaḷok bwe kwōj nañinmej in tuberculosis ak **nañinmej in TB**.

- Uno eo emaroñ **kōmour TB**.
- Jet arnej ro rej **nañinmej in TB** im remaroñ ejeededḷok TB ñan arnej ro jet.



## Ewi wāwein in aō bōk TB?

Aolep arnej ro remaroñ bōk TB. Ñe juon arnej eo eaar bōk TB ilo ārrin im ej bokbok ak kōnono, kij ko in TB rej kelok ñan mejatoto. Aolep arnej ro rej epaak remaroñ menono kij ko ilo mejatoto ñan arier. Kwōjjab maroñ bōk TB jān aṃ jibwe pā ko pein arnej ro jet, mōñā, kōnno, nuknuk ko ak men ko jet.



Ke kij ko an TB raar deḷoñ ilo ānbwinnūṃ, raar “kiki”. Kij ko rej “kiki” rejjab maroñ kōṃṃane bwe kwōn nañinmej. Rej ṅa etan men in “**latent TB infection**” ak “**LTBI**” ilo Kajin Iñlij. LTBI emaroñ waḷok juon tore eo edik ak elōñ iiō ko. Kwaar nañinmej in TB ke kij ko raar “ruujḷok” im raar jinoin in koworḷok. Rej ṅa etan men in **nañinmej in TB**.

## Ewi wāwein in an taktō ro etale ñan TB.

Rej etale kilim ak botoktokūṃ ñan lale ñe ewor kij in TB ko rej kiki ilo ānbwinnūṃ.

Rej kōṃṃan x-ray ilo lōbōṃ ñan lale ñe kij ko in TB raar kōjorrān ārrim.

“Sputum” ej melkwarkwar eo ārrim ej jeorḷok ke kwōj bokbok. Rej etale melkwarkwar ñan lale ñe ewor kij ko in TB ilo ārrim.

## Ewi wāwein in an nañinmej in TB jelōti ānbwinnū?

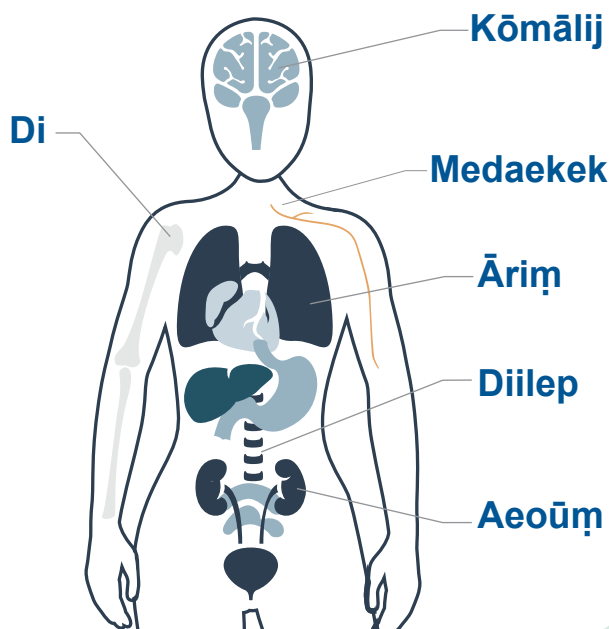
Ekkā an nañinmej in TB jelōti ārrim (TB in āri). TB emaroñ kōjorrān bar jet jikin ko ilo ānbwinnūṃ bareinwōt.

Ñe ewor nañinmej in TB ilo ārrim, kwomaroñ:

- Bokbok elōñ wiik ko.
- Tḷorḷok bōtōktōkūṃ ilo aṃ bokbok
- Kaaidikdik
- Jab kwole
- Menokadu ilo boñ
- Piba (fever)
- Mōjṅo aolep iien

Ñe kwōj nañinmej ilo bar juon jikin ilo ānbwinnūṃ, kakōḷḷe ko renaaj oktak.

## Jikin ko TB emaroñ waḷok



## Ewi wāwein in aō maroñ kammourur?

Kwōj aikuj kepaake juon taktō im bōk uno in TB ñan mane kij in TB.

Kij in TB ko rej kajuur. Etto mour ko aer. Enaaj emmanłok mour eo am alkin ruo wiik ko raar mootłok jān am jinoin bōk uno. Ñan lale bwe aolep kij ko raar mej, kwōj aikuj bōk uno jijino aelōñ ko ak bwōlen lōñłok.

Eaorōk bwe kwōn kepaake taktō juon kōtaan kajojo aelōñ maē ejemłok am treatment.

## Ta emaroñ wałok ñe ijjab bōk uno?

Kwōj aikuj bōk uno ejejjet ainwōt taktō ej kwałok bwe kwōn boke. Ñe ejjab ejejjet am bōk uno, TB eo am emaroñ kōkajoorłok. Kwomaroñ nañinmej bar juon kōtaan ak kwomaroñ aikuj uno ilo tore eo ettołok.

### Ta mejele DOT?

“DOT” mejele “directly observed therapy” ak “uno epaak an kōjparok”. DOT emejele bwe ri kōjparok ro in ājmour renaaj kepaake eok juon kōtaan kajojo raan im lewaj piil ko in TB. Men in ej wāwein eo emmantata in lale bwe kwon bōk aolep uno ko kwōj aikuj. Ñe ewōr juon problem ilo uno eo liṃōm, remaroñ kōmmane emōkaj.

## Imaroñ ke ejeededłok TB ñan armej ro jet?

Ñe ewōr TB ilo ārrim, kwōj aikuj lale im kōjparok armej ro jet jān kij in TB. Ñe ewōr TB ilo jikin ko jet ilo ānbwinnūm, kij ko in TB rejjab maroñ spread ñan armej ro jet.

Kwōn kajjitōk ippān taktō eo am ak nuuj ñe kwomaroñ ejeededłok TB ñan armej ro jet. Remaroñ uwaake ewi wāwein in am maroñ kōjparok armej ro rej epaak ñan kwe.

Taktō ak nuuj eo enaaj uwaake ñāāt eo kwōmaroñ roołok ñan jerbal, jikuul im makūtūt ko jet.

**Keememej... Remaroñ kammourur TB!**

## Ta ko in bar jeļā?

Kwōn ba ñan taktō ak nuuj ñe kwōj karōk in mootłok. Remaroñ lale bwe kwōn bōk uno in TB eo liṃōm alkin am mootłok.

## Ta eo in jeļā kōn uno in TB?

Uno ko rej emman, ak ewōr problem ilo jet armej. Elukkuun aorōk bwe kwōn ba ñan taktō eo am ñe juon iaan kakōlle kein rej wałok:

- » Emmōj, metak lojiem
- » Jab kwōle
- » Eļļao
- » Mej ko kilim eiiaļo
- » Mij di ko ilo pā ko peim im ne ko neem
- » Mej iturin loñiim
- » Ejjab emman am erre
- » Addeboulul
- » Metak ilo bukwe
- » Piba ilo jilu raan ak lōñłok
- » Lennab ko ilo kilim
- » Toor botōktōkūm ak epidodo jorrān ilo kilim

Kwōn jab idaak pia, ak wain ak jabdewōt dān in kadek ke kwōj bōk uno in TB.

## Jikin kakōlkōl/taktō/nuuj:

Nōm̄ba in telpon: \_\_\_\_\_

## Piil ko in TB ko am rej:

- Bōk isoniazid (INH) \_\_\_\_\_
- Bōk rifampin (RIF) \_\_\_\_\_
- Bōk pyrazinamide (PZA) \_\_\_\_\_
- Bōk ethambutol (EMB) \_\_\_\_\_
- Bōk vitamin B6 \_\_\_\_\_
- Bar juon: \_\_\_\_\_

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