

Kejbarok mōñā ilo ien ewōr idiñ jorren

Kwar ke jelā ke juon ibwijlelep, kijeek, ak jorren an aoleben aelōñ in ak an ejellok jarom jen kōto ko relab, snow, ak ice emaroñ jelōte aṃ kejbarok mōñā ko mweo imōm? Jelā wewein aṃ kile elañe ejab jorren mōñā im wewein kejbaroki enaj jibañ kadiklok aṃ jolok mōñā im kadiklok uwōta in aṃ bōk nañinmij jen mōñā.

Melele mool ko remōkaj

- Aoleb ien likūt jalele kanniek, bao, ek im leb iloan aij book ñe ilo 40°F ak diklok im mōñā kwōj ilo 0°F ak diklok. Emaroñ bin men in ilo ien an kun jarom.
- Kejbarok an kilōk kejem ko an aij book im jikin kwōj eo ñan joñan wōt aṃ maroñ bwe ren mōlo wōt. Aij book eo enaj kejbarok an mōñā ko mōlo tarrin 4 awa elañe ejab bello.
- Jikin kakwōj eo obrak enaj debij mōlo eo tarrin 48 awa (24 awa elañe ejab bool kobban) elañe enaj kilōk wōt kejem eo. Ebōk aij ko rejab kōmman jen dān (dry ice) ak block ñan kejbarok an mōlo wōt aij book eo aṃ ilo ien an kun jarom iomwin ien aitok.
- Kein lale joñan mōlo ko rej digital, kwōj jibed ak ej kaju riit im kein bōk joñan mōlo ilo kein jermal ko enaj jibañ aṃ jelā elañe mōñā ko rebed ilo joñan mōlo ko reban jorren. Kejbarok kein lale joñan mōlo ilo kein jermal ko iloan aij book ak jikin kakwōj eo ilo aoleb ien.
- **Jab edjoñ mōñā ñan lale elañe ejorren!** Kwōban bedbed ion aṃ lale ak bwin ñan aṃ lale elañe mōñā eo ejorren.
- Aoleb ien jolok jabdewōt men ko kobban aij book eo im rar bed iturin dān in kanniek ko rejañin kōmat.
- Kōjermal juon kein bōk joñan mōlo in mōñā ñan lale joñan mōlo in mōñā eo mokta jen aṃ kōmate ak mōñā. Jolok jabdewōt mōñā joñan mōlo eo an enaj lablok jen 40 tiikri Fahrenheit (40°F).

Kwōkōnaan ke jelā jejetin mōñā ko kwōn likūt ak jolok?

Kōjermal FoodSafety.gov laajrakin mōñā ko ñan kajinet eok

- www.foodsafety.gov/keep/charts/refridg_food.html
- www.fsis.usda.gov/wps/portal/food-safety-education/get-answers/food-safety-fact-sheets/emergency-preparedness/keeping-food-safe-during-an-emergency/CT_Index

Melele ñan kebaak ilo burokraam

Kejbarok Ejmour, Bojak, im Kōmadmōd būrookraam eo

- <http://public.health.oregon.gov/Preparedness/CurrentHazards/Pages/index.aspx>

RA IN EJMOURIN LOBELEJ

Kejbarok Ejmour, Bojak, im Kōmadmōd

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Jerbal in Jibañ an OHA kin Aebōj in Idaak:

healthoregon.org/dwp

Facebook eo an OHA:

www.facebook.com/OregonHealthAuthority

Twitter eo an OHA: www.twitter.com/OHAOregon

Kwōmaroñ bōk beba in ilo bar jet kajin, jeje ko relab, jeje ko an ribilo ak ilo juon wewein eo kwōkōñaan. Kebaak jikin Kejbarok Ejmour, Bojak, im Kōmadmōd ilo 971-673-1315 ak email health.security@state.or.us. Kimij ebōk aolep kall ko rej itok ilo jeje ak kwōmaroñ kūrlok 711.