



# Jachín Le Qas E K'ó Chech, Le u Riqik Le K'ax

Le COVID-19 arré jun yab'il' che le xáq utz, kupoq' b'i u wach chrí taq junam u pa kochoch, on junam ke chacún le winaq. Le a'j choq'é, on le ilol rech taq le nimaq taq corral. Xaq si rajawxic le ki nuk'um le ki nao'j, che u chajixik le rutzil ki wach le a'j chakib'. Choqe' le winaq le ya'om kochoch kumal taq le jawi' le ke chacún wi.

E k'o nik'aj taq winaq, che le máj ki chuq'ab chech le yab'il. Choqe' lawaló ku an chiké.



Le q'axnaq chi 65 (oxk'al jo'ob') ki junab'



Le ki riqom u pujal le u k'olb'al le quxlab', jiq'naq alaj ojab'



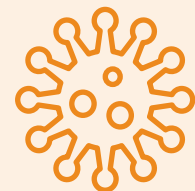
Le to'b'al rib' le b'aqilaj U riqom chi k'ax (anampé ché, jun itzél yab'il chlé u qasam chi le u chuq'ab' le u to'b'al rib le b'aqilaj)



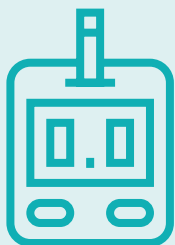
Le ka tz'ape' le kuxlab'



Le ki riqom u pujal le u k'olb'al le quxlab', jiq'naq alaj ojab'



Xaq ne páchin winaq ke yawaj rumal' le COVID-19. Le winaq xaq utz ka ki jab'új le yab'il mastab'a ne, maj ka ki ch'aó. Xa k'u u mak la' cher rajawxic ka an chak pa junamam rech qas maj ka k'ulmatajik.



Le paqál le asukál pa le ki kik'el



Le qas aninaqil ka tenów le kanmá



## Chapob'al kech le a'j chakib'

**K'o rajil xaq oye'naq. Chke le a'aj tikonelab' le xaq si ka ki ya' kan le ki chak xa u mak e yawab'ib' ch'e le COVID-19 o rajawxic ka ki chajij kib.**

Tzukuj la jun k'olb'al jawi' chiri' le ka taq tzij. Choqe' Tzukuj la jachín ka to'w lá rech u tayik le to'bal chiri' taq ka an okem pa we: <https://workerrelief.org/find-a-navigator/>

### **U xaq wuj rech ya'b'al u b'ixik chrij le yab'il coronavirus (k'olb'al. Rech u kunaxik, choqe' u q'atik u wach taq yab'il)**

- Pa kaxlan tzij pa castilla, kaxlan tzij pa inglés:  
<https://www.cdc.gov/coronavirus/2019-ncov/communication/factsheets.html>

### **U xaq wuj rech u q'atik (yab'il) le q'atol tzij rech le utz wachil rech Oregon**

- Pa kaxlan tzij-pa castilla: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/ls2681.pdf>
- Pa kaxlan tzij-inglés: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/le2681.pdf>

### **U xaq wuj rech yao'j u xöl ib' choqe' moloj ib'( katól Tzij rech utzwachil rech Oregon**

- Pa kaxlan tzij-pa castilla: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/ls2268.pdf>
- Pa kaxlan tzij-inglés: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/le2268.pdf>

### **U tz'aqatsab'al chapob'al**

- Pa kaxlan tzij-pa castilla: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/ls2349E.pdf>
- Pa kaxlan tzij-inglés: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/le2349E.pdf>