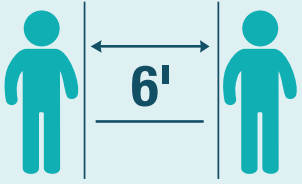




EL COVID-19 A Jun Yab'il Tol Yel

Yin jujunoq anima, chi uj mimeq yab'il x'akal chi yute sb'a jun owal q'a ojob'.
K'a K'am ta junoq' yamb'alil nani.



Jatne jan txolilalti ka maj ach ekay aqoq' yuj COVID-19:

- Seis pies chute a tx'ol yetoq' janoq' tx'a.
- Tx'aj a kab' yetoq' ej' k'al tx'apon jujun 20 segundos.
- majche a ti yet chi k'ajach nukli.
- Q'an sma'q'cheb'al a ti' kaxkal mi tol achach ek' b'ay junoq' maq'anil tol maq'cheb'il, x'ol mimantaq' anima ma b'ay ay kahe' saq' ta tol k'am chi uj jun 6 pies a x'ol yetoq' janxa heb' anima. Q'an sma'q'cheb'al a t'i puxtx'al k'al watx' ta chach mulnaji yetoq' amb'al aq'on kam ak'um.
- Chi uj a cha on ab'ix b'ay: healthoregon.org/masks



¿Maktxel heb' chi uj yekay ajoq'?

- Heb' anima kajan k'al chi mulnaji junej, mulnajwom awnom awtz'un
- Heb' anima ay tx'a 65 años ma ta hay junoq' yab'il ow yin



¿Juan tx'oxb'anil chi ya ta tol ya ay yuj COVID-19?

- Kajaxhnuk
- Yaxh'chew
- Sihel yul a nuq
- Chi pax a kahe ma qam chi sje ihon a kahe
- Sihel a mimanil
- Chi qay schial yul ati ma kamxa chi ab sjabil tzetaq yetal



Tz'et chi yune ta tol ya ay

- Awjan b'ay junoq' ajan aman kuhan ta nanan yeqtoq janoq' tx'oxb'anil yet jun yab'il COVID-19.
- Al b'ay mak ayoq' satak'oq' amankuhan, k'a kam chach toj mulnajil a to kal yet chach watx'i ok'oq'.
- Ta k'am chi uj a mulnaj yuj yahach ay ma maxach heq'ay yuj COVID-19, chi uj aq'anon kolwal b'ay jun stx'olilal mulnajil yib'an heb' mulnajwom yet Oregon b'ay: <http://www.workerrelief.org/>



Ay yalon yet ka watx chi yun yejek'oq'

Heb' yajaw chi sq'an b'ay mulnajwom tol chi ya jun yatut muljanil kal jun na wax kal.

Chi uj ha sayoni, ok'toq b'ay healthoregon.org/coronavirus; ka chach oq'toq b'ay chal "Agricultural Workers and Employers" [Mulnajwom awnom awtz'un kal].