

OREGON

School-Based Health Centers 2024 Status Update



About Oregon School-Based Health Centers (SBHCs):

SBHCs are clinics located in schools or on school grounds. They are a vital community resource with a youth-centered model. SBHCs support young people’s health and well-being. Oregon SBHCs provide medical care, behavioral health¹ services and dental care. These easily accessible services support youth to grow, learn and thrive.

SBHCs have existed in Oregon since 1986. They succeed through public-private partnerships between:

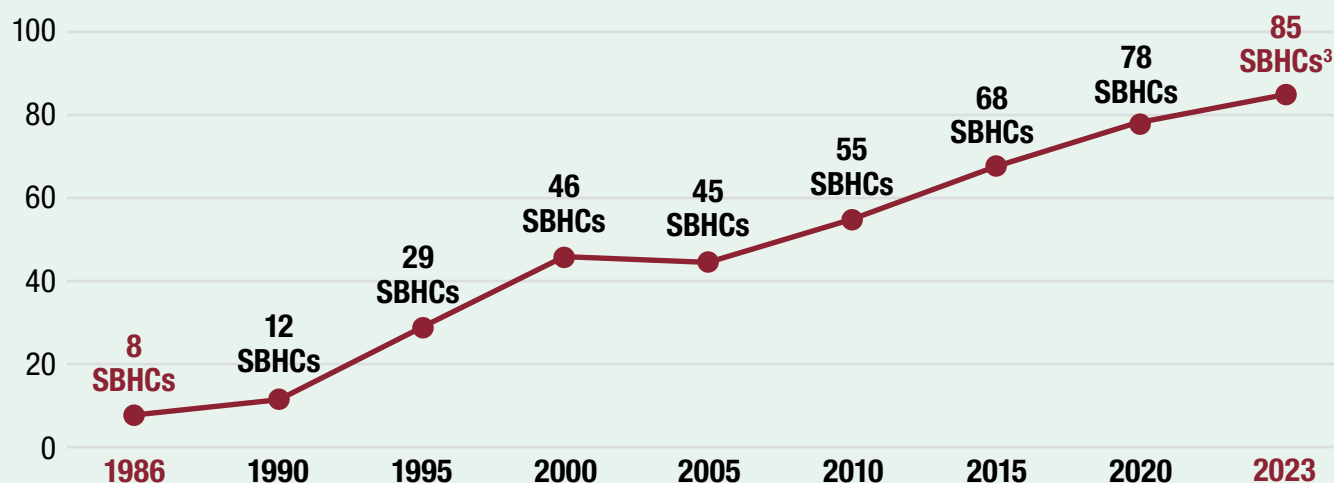
- The Oregon Health Authority – Public Health Division
- School districts and education service districts
- Local public health authorities
- Health care providers
- Parents and caregivers
- Students, and
- Community members.

SBHCs provide services in person. In some cases, they also provide services by phone or video (telehealth). By providing easy access to health care, SBHCs reduce barriers that keep students from seeking the health services they need.

Oregon SBHCs commonly provide²:

- Well-child exams
- Sick visits
- Minor injury treatment
- Vision, dental and other health screenings
- Immunizations
- Substance use screening and assessment
- Mental health counseling
- Reproductive health services
- Prevention and wellness messaging
- Health-related classroom presentations

Number of SBHCs over time (1986-present)



Source: Oregon SBHC State Program Office.

¹ Behavioral health is used in this report to express:

- Mental health
- Substance use treatment, and
- Integrated behavioral health
- Other services designed to support mental or emotional wellness.

² Service provision varies by SBHC.

³ Number as of July 1, 2023.

SBHC fast facts from the 2023–2024 service year

As of July 1, 2023, there are:

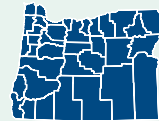
85 State-certified SBHCs in 28 counties

Types of schools



- 53** high schools
- 6** middle schools
- 11** elementary schools
- 15** combined-grade campuses

SBHCs by geographic location



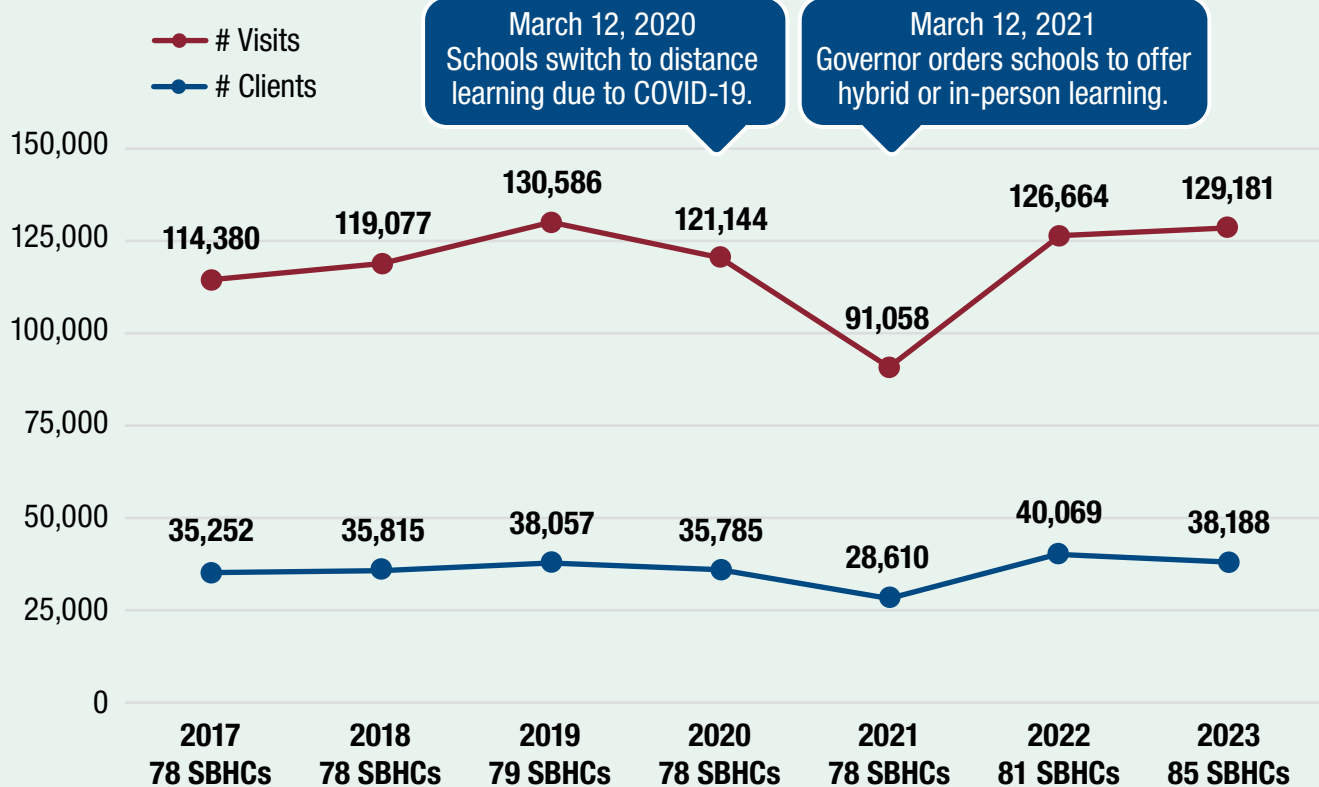
- 39** urban
- 42** rural
- 4** frontier

65% are in primary care health provider shortage areas (HPSAs)

All SBHCs are sponsored by a medical entity:

- 74% are federally qualified health centers (FQHCs)
- 4% are certified rural health clinics (RHCs)
- 42% are state recognized patient-centered primary care homes (PCPCH)

Number of SBHC visits and clients, school years ending 2017–2023



Source: Oregon SBHC encounter data.

SBHCs in the 2022–2023 service year

Unless otherwise noted, all statistics are from Oregon SBHC encounter data⁴ for the 2022-2023 service year (July 1, 2022-June 30, 2023).



SBHCs provided **129,181 visits** for **38,188 clients**



73,832 school-aged youth (5–21 years) had access to an SBHC at their school⁵



95% of SBHCs had a behavioral health provider onsite



11% of SBHCs had a dental provider onsite



The people in this SBHC genuinely care about the students and make them feel welcome. I personally feel like this SBHC is my safe place in this school.

– Student



I seriously don't know what I'd do without having the health center - it's really easily accessible and I appreciate them always having a nonjudgmental space where I can just get the care I need.

– Student



⁴ Oregon-certified SBHCs are required to submit visit and encounter data to the SBHC State Program Office (SPO) at least two times per year.

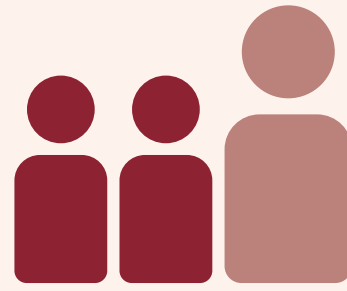
⁵ Oregon Department of Education. Student Enrollment Report 2022 -2023 [Internet]. 2024. Available from: <https://www.oregon.gov/ode/reports-and-data/students/Pages/default.aspx>

SBHCs support access for school-aged youth

State-certified SBHCs are required, at minimum, to serve students at the SBHC host school. However, many SBHCs elect to expand their services to include:

- Students within the district
- Siblings
- Teachers and staff
- Parents and caregivers, and
- The broader community

The decision to serve populations beyond the host school is made locally.







2 out of 3 clients
were between the ages of 5 and 21

- 18% of clients were aged 5–11
- 51% of clients were aged 12–21



The following chart provides summary data on clients and visits for all ages vs. school-aged (5–21 years) clients.

	All ages	School-aged (5–21 years)
 Number of clients	38,188	26,288
 Number of visits	129,181	94,510
 Behavioral health visits	47,229	44,380
 Telehealth visits	12,214	6,981

Source: Oregon SBHC encounter data.

The SBHC State Program Office (SPO) recently began collecting data on SBHC client school enrollment. This is not a reporting requirement for state-certified SBHCs, so data are incomplete. However, during the 2022-2023 service year, the SPO received enrollment data from 62 SBHCs. These data revealed the wide reach of SBHCs across communities:

- Youth clients of these **62 SBHCs** came from **724** schools including youth from these schools: Public, virtual, charter, alternative, private, and home.



SBHCs services via telehealth



Telehealth is the use of electronic and telecommunication technologies to deliver health care services to a patient. Telehealth data for SBHCs includes services to clients by health care providers located outside of SBHCs.

Percent of SBHC visits via telehealth (all ages), school years ending 2020-2023

2020: **9%**
 2021: **33%**
 2022: **16%**
 2023: **10%**



Telehealth: Primary care

78% of SBHCs delivered primary care via telehealth

8% of primary care visits were via telehealth



Telehealth: Behavioral health

81% of SBHCs delivered behavioral health via telehealth

12% of behavioral health visits were via telehealth

SBHCs help advance the Oregon Health Authority’s goal of eliminating health inequities by 2030. SBHCs are a trusted source of care for many youth who belong to communities disproportionately affected by health inequities.

In 16 SBHCs more than half of the youth clients were Hispanic or Latino, Latina or Latinx, African American or Black, American Indian or Alaska Native, Asian, Native Hawaiian or other Pacific Islander, or other youth of color.

39% of SBHC school-aged clients identified as youth of color.

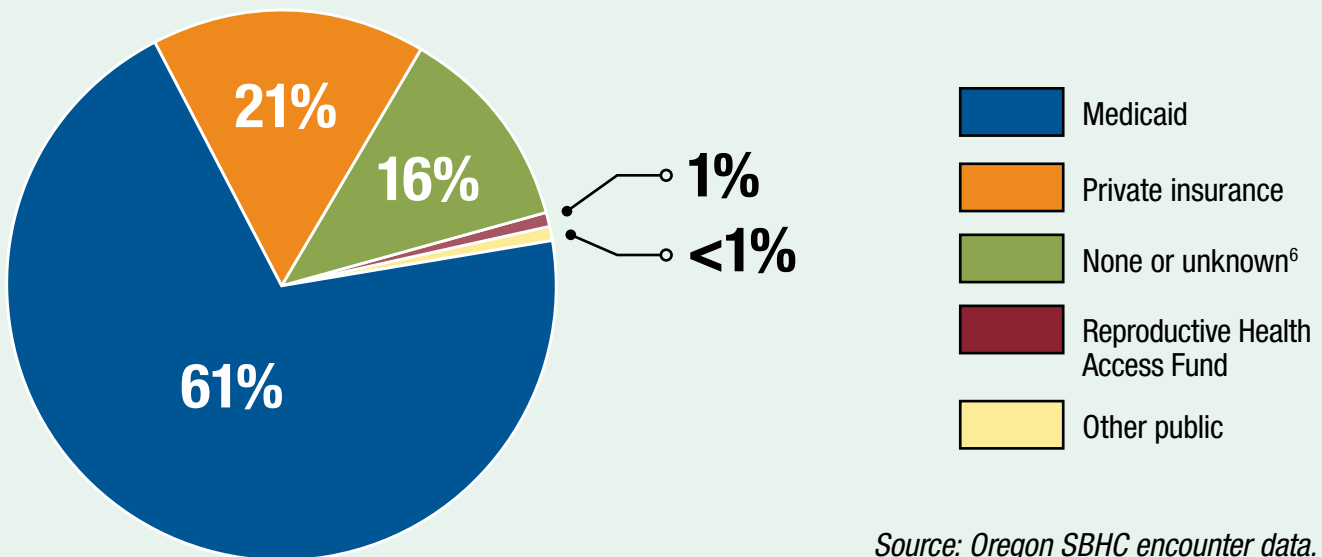
School-aged clients receiving services were:

- 6% African American or Black
- 3% American Indian or Alaska Native
- 4% Asian
- 26% Hispanic or Latino, Latina or Latinx
- 2% Native Hawaiian or other Pacific Islander
- 67% White
- 46% White or non-Hispanic
- 11% unknown race and ethnicity

SBHC school-aged clients reported speaking 71 languages:

- 79% English
- 16% Spanish
- 0.4% Vietnamese
- 0.2% Russian
- 3% Other
- 1% Unknown/declined

Payment source for SBHC school-aged clients at the first visit, 2022-2023

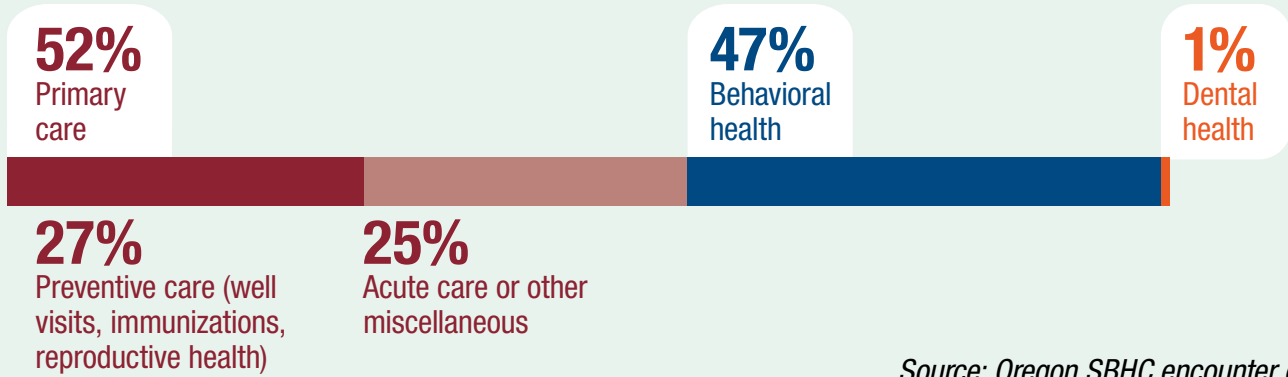


Source: Oregon SBHC encounter data.

⁶ “None or unknown” categories include some clients who have insurance. However, that information is not captured in the data for a few reasons:

- It is not a billable visit
- It is a confidential visit, so insurance is not billed, or
- The student does not know or give evidence of their insurance.

Reasons for SBHC visit among school-aged youth, 2022–2023



Source: Oregon SBHC encounter data

SBHC school-aged clients had 3.6 visits per year on average.



34% of school-aged clients received an immunization.



45% of school-aged clients received a well visit.



69% of SBHCs reported supplying at least one type of contraceptive on-site. Condoms and long-acting reversible contraceptives were the most common forms.



Oral health is an important part of overall health and well-being. SBHCs can help serve as oral health care access points for school-aged youth.



SBHCs that dispense contraceptives are in **22** counties, in both urban and rural areas.

11% of SBHCs have a dental provider onsite.



61% of SBHCs provide long-acting reversible contraceptives (implants and intrauterine device (IUD) or intrauterine system (IUS) onsite.

964 dental visits were provided to **917 school-aged clients.**

Oregon SBHCs support the integration of behavioral health care and primary care. This provides youth the option to access collaborative care all in one place.



SBHCs provided 44,380 behavioral health visits to school-aged clients.

- **5,948** school-aged clients had a behavioral health visits
- SBHC school-aged behavioral health clients had **7.5 visits per year** on average
- **52%** of school-aged behavioral health clients also had a primary care visit at the SBHC
- **25%** of school-aged behavioral health clients also had a well-visit at the SBHC

I would like you to know that it's the best clinic I had ever been to. It was probably the first place that was able to provide me with the mental health care that I needed.

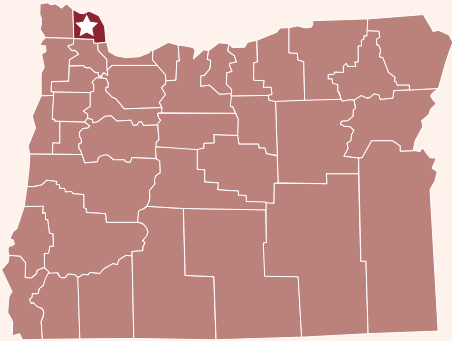
– Student

SBHC trends in number of behavioral health visits and clients, all ages, school years ending 2013–2023



Source: Oregon SBHC encounter data.

SBHC highlight



Columbia Health Services creates a new mental health program at their SBHCs in five Columbia County schools.

Columbia County: Clatskanie School-Based Health Center, Lions Wellness Center, Rainier Health Center, Sacagawea Health Center, Spencer Health and Wellness

Since 2009, Columbia Health Services (CHS) has been providing physical health services to students and community members at school-based health centers (SBHCs) throughout Columbia County. As the SBHC medical sponsor, CHS also partnered with the local community mental health agency. This integrates mental health services and supports onsite at their SBHCs.



CHS has a longstanding investment in student health and community involvement which laid the foundation for CHS to respond to an increasing need for school-based mental health services and supports. In partnership with Columbia Pacific Coordinated Care Organization (CCO), CHS began building a new mental health program in the fall of 2020. CHS leadership worked closely with a consultant to guide program development and design. The CHS Board of Directors and school district superintendents were crucial throughout this process.

CHS, in partnership with Columbia Pacific CCO, implemented the following strategies to support staff recruitment and retention:

- Focusing on local workforce recruitment and development with the support of a dedicated recruiter through Columbia Pacific CCO
- Onboarding and ongoing training for all staff, funded by the CCO, including a path to licensure for masters-level clinicians
- Offering flexible staffing schedules
- Managing caseload sizes to complement diverse needs for school collaboration, and
- Prioritizing a staffing model with varied positions, including community health workers and a data coordinator.

By the end of the 2022–2023 school year, CHS was able to build a mental health team of seven staff, including four clinicians.

From July 1, 2021, to June 30, 2022, the first service year of implementation, CHS provided mental health services to **74 clients with 532 visits** at three of their five certified SBHCs. In the 2022-2023 service year (July 1, 2022–June 30, 2023), CHS provided mental health services to **183 clients with 984 visits** at all five certified SBHCs.

Through this period of growth, CHS prioritized:

- Building an infrastructure and making a fiscal investment in a mental health program
- Becoming a trusted provider of youth-centered, LGBTQIA2S+ affirming and culturally responsive mental health care
- Collaborating with school districts to support youth suicide prevention through programming and training
- Partnering with other mental health and substance use treatment programs in the community, and
- Expanding youth engagement opportunities.

The successful implementation of a mental health program within Columbia County SBHCs has prompted CHS to nurture partnerships and explore additional avenues to expand mental health access. Current proposals include:

- Increasing mental health services in current SBHCs
- Expanding CHS staffing into other school buildings throughout Columbia County, and
- Opening new SBHCs in surrounding communities.



We have gotten feedback that people are feeling a sense of belonging, compassion, and care when they walk through our doors.

– CHS Mental Health Program Manager



CHS was featured in the 2024 Oregon Department of Education and Oregon Health Authority's [Centering Health and Well-Being in Education](#) for its work related to career technical education (pages. 26-27).



SBHC youth listening sessions

During the 2022-2023 school year, the SPO convened a series of listening sessions with youth with access to an SBHC. These sessions were to hear their thoughts on their health and health care. Nearly 20 youths from across Oregon joined in four separate sessions to share their opinions on:

- General experiences accessing health care
- Experiences and opinions on SBHCs, including barriers to access
- Ways to improve their SBHC experience
- The importance of specific health topics, such as mental health and confidentiality

When asked the following questions, here is what the SPO heard from youth:

What does a positive health care experience look like to you?

- Confidential
- Getting my needs met
- Providers that look like me
- Specific services are available, such as mental health
- Access to follow-up
- Having an “askable adult”
- Accessible
- “An equal in your care”
- Trauma-informed practices
- Privacy and kindness can reduce stigma or embarrassment

What are some barriers to accessing an SBHC?

- Concerns about confidentiality
- No provider available
- Issues with insurance
- Language access
- Can't self-consent for services
- Lack of SBHC awareness and promotion
- Stigma
- Scheduling challenges
- Paperwork
- Fear
- Have care elsewhere
- No barriers!

What would make your SBHC better?

- Expanded hours or availability
- Better school-SBHC integration
- Confidentiality
- Inclusivity
- Increased service availability, such as mental health, harm reduction or gender-affirming treatment
- Physical space improvements
- Trauma-informed space
- Better awareness and promotion
- Increased staffing
- Nothing! They're doing great!

Participants rated all the following as “important” for SBHCs to offer:

- Contraceptives
- Mental health
- Confidential services
- Gender-affirming care
- Culturally responsive care

Having access to contraceptives is important to stay healthy and maintain good reproductive health.

– Student

I feel like it's a safe space for me when I go in there and it's only between me and whoever I'm talking to. So unless I want to share what happened, it's very confidential and I like that also.

– Student

So I just remember [the Nurse Practitioner] being really, really welcoming and warm and just very like, I'm here as your health partner and I actually care about you.

– Student

When I talk to my doctor at the school based health center they will listen and they'll not judge me and they give good advice and they also print it out for me so I can take it home and practice better care with myself.

– Student

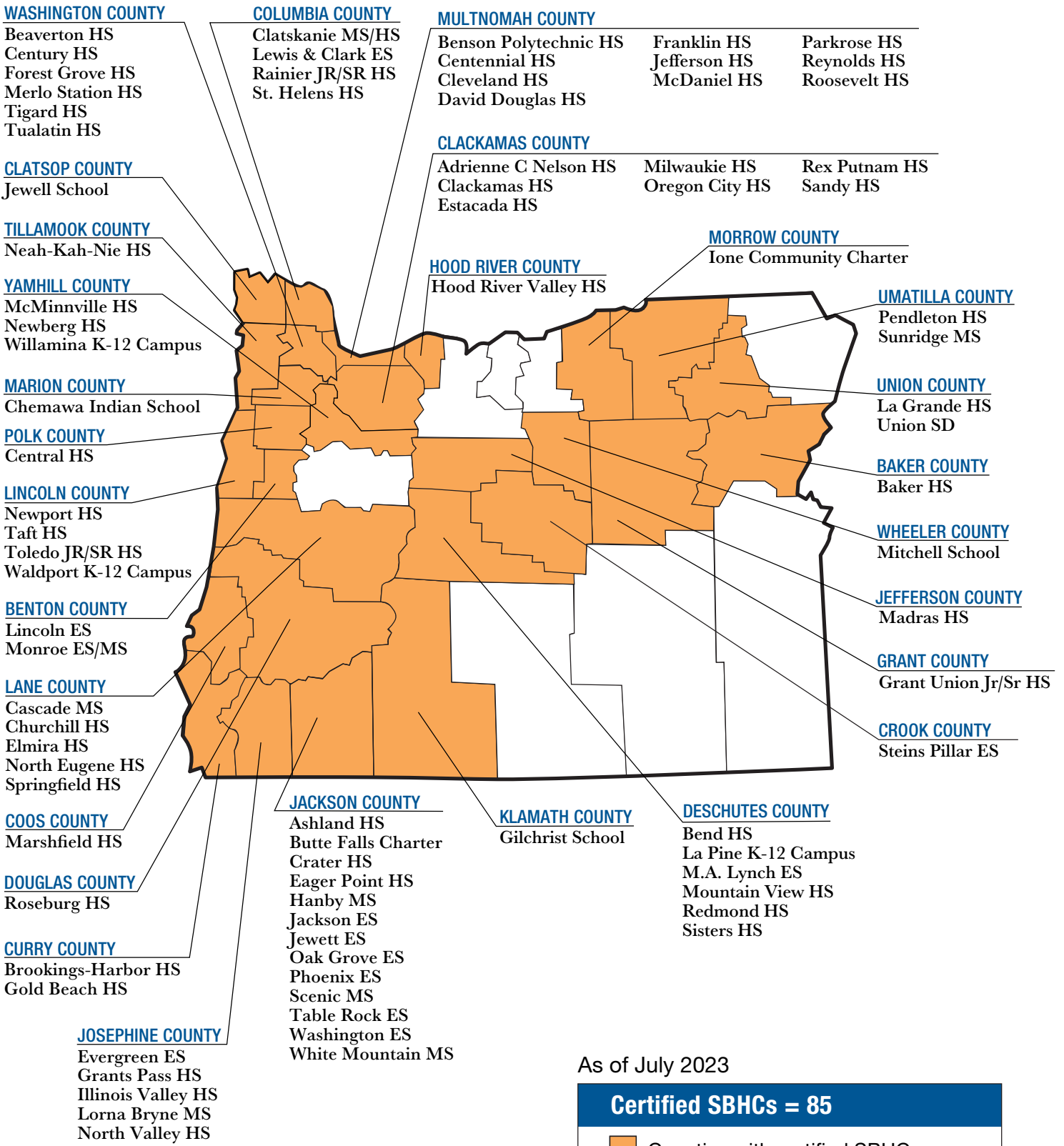
These listening session findings were not exhaustive. They also do not represent the needs and opinions of all Oregon youth. However, the views of those who took part are consistent with other SPO research on youth health needs and health care experiences.

SPO will consider the listening session findings as the program works to revise the [SBHC Standards for Certification, Version 4](#) during the 2023-2024 school year. These standards, last updated in 2016, outline the minimum operating requirements for state-certified SBHCs. In preparation, SPO has spent the last several years:

- Collecting background information, and
- Talking with partners.

SPO expects that SBHC Standards for Certification, Version 5 will go into effect in mid-2026.

Oregon School-Based Health Centers 2022–2023



SBHC medical sponsor list, 2023-24

County	SBHC school name	SBHC medical sponsor
Baker	Baker High School	Baker County Health Department
Benton	Lincoln Elementary School*	Community Health Centers of Benton and Linn Counties†
Benton	Monroe Grade School*	Community Health Centers of Benton and Linn Counties†
Clackamas	Adrienne C Nelson High School	Clackamas County Health Centers†
Clackamas	Clackamas High School	Clackamas County Health Centers†
Clackamas	Estacada High School*	Orchid Health
Clackamas	Milwaukie High School*	Outside In†
Clackamas	Oregon City High School	Clackamas County Health Centers†
Clackamas	Rex Putnam High School	Clackamas County Health Centers†
Clackamas	Sandy High School	Orchid Health
Clatsop	Jewell School	Columbia Health Services
Columbia	Clatskanie MS/HS	Columbia Health Services
Columbia	Lewis & Clark Elementary School*	Columbia Health Services
Columbia	Rainier Jr/Sr High School*	Columbia Health Services
Columbia	St. Helens High School	Columbia Health Services
Coos	Marshfield High School*	Waterfall Community Health Center†
Crook	Steins Pillar Elementary School*	Mosaic Community Health†
Curry	Brookings-Harbor High School	Coast Community Health Center†
Curry	Gold Beach High School	Coast Community Health Center†
Deschutes	Bend Senior High School*	Mosaic Community Health†
Deschutes	LaPine K-12 School*	La Pine Community Health Center†
Deschutes	M.A. Lynch Elementary School	Mosaic Community Health†
Deschutes	Mountain View High School	Mosaic Community Health†
Deschutes	Redmond High School	Mosaic Community Health†
Deschutes	Sisters High School	Mosaic Community Health†
Douglas	Roseburg High School	Aviva Health†
Grant	Grant-Union Jr/Sr High School	Grant County Health Department
Hood River	Hood River Valley High School	One Community Health†
Jackson*	Ashland High School	La Clinica†
Jackson*	Butte Falls Charter School*	Rogue Community Health†
Jackson*	Crater High School*	La Clinica†
Jackson*	Eagle Point High School*	Rogue Community Health†
Jackson*	Hanby Middle School	La Clinica†
Jackson*	Jackson Elementary School*	La Clinica†
Jackson*	Jewett Elementary School*	La Clinica†
Jackson*	Oak Grove Elementary School*	La Clinica†
Jackson*	Phoenix Elementary School*	La Clinica†

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* Recognized as an Oregon Patient-Centered Primary Care Home.=

† Indicates School-Based Health Center is a federally qualified health center site.

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County	SBHC school name	SBHC medical sponsor
Jackson	Scenic Middle School*	La Clinica†
Jackson	Table Rock Elementary School*	Rogue Community Health†
Jackson	Washington Elementary School*	La Clinica†
Jackson	White Mountain Middle School*	Rogue Community Health†
Jefferson	Madras High School	Mosaic Community Health†
Josephine	Evergreen Elementary School	Siskiyou Community Health Center†
Josephine	Grants Pass High School	Siskiyou Community Health Center†
Josephine	Illinois Valley High School	Siskiyou Community Health Center†
Josephine	Lorna Byrne Middle School	Siskiyou Community Health Center†
Josephine	North Valley High School	Siskiyou Community Health Center†
Klamath	Gilchrist School*	La Pine Community Health Center†
Lane	Cascade Middle School	Bethel Health Center/PeaceHealth Medical Group
Lane	Churchill High School	PeaceHealth Medical Group
Lane	Elmira High School*	Orchid Health
Lane	North Eugene High School	PeaceHealth Medical Group
Lane	Springfield High School	Community Health Centers of Lane County†
Lincoln	Newport High School*	Lincoln County Health & Human Services†
Lincoln	Taft High School	Lincoln County Health & Human Services†
Lincoln	Toledo Jr/Sr High School	Lincoln County Health & Human Services†
Lincoln	Waldport K-12 Campus	Lincoln County Health & Human Services†
Marion	Chemawa Indian School	Indian Health Services
Morrow	Ione Community Charter School*	Morrow County Health District
Multnomah	Benson High School	OHSU Family Medicine Richmond†
Multnomah	Centennial High School*	Multnomah County Health Department†
Multnomah	Cleveland High School*	Multnomah County Health Department†
Multnomah	David Douglas High School*	Multnomah County Health Department†
Multnomah	Franklin High School*	Multnomah County Health Department†
Multnomah	Jefferson High School*	Multnomah County Health Department†
Multnomah	McDaniel High School*	Multnomah County Health Department†
Multnomah	Parkrose High School*	Multnomah County Health Department†
Multnomah	Reynolds High School*	Multnomah County Health Department†
Multnomah	Roosevelt High School*	Multnomah County Health Department†
Polk	Central High School*	Salem Health
Tillamook	Neah-Kah-Nie High School	Nehalem Bay Health Center†
Umatilla	Pendleton High School	Umatilla County Public Health
Umatilla	Sunridge Middle School	Umatilla County Public Health
Union	La Grande High School	Center for Human Development, Inc.

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County	SBHC school name	SBHC medical sponsor
Union	Union SD	Center for Human Development, Inc.
Washington	Beaverton High School	Virginia Garcia Memorial Health Center†
Washington	Century High School	Virginia Garcia Memorial Health Center†
Washington	Forest Grove High School	Virginia Garcia Memorial Health Center†
Washington	Merlo Station High School	Neighborhood Health Center†
Washington	Tigard High School	Virginia Garcia Memorial Health Center†
Washington	Tualatin High School	Neighborhood Health Center†
Wheeler	Mitchell School	Asher Community Health Center†
Yamhill	McMinnville High School	Sunrise Family Clinic
Yamhill	Newberg High School	Providence Health and Services
Yamhill	Willamina K-12 Campus*	Virginia Garcia Memorial Health Center†

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SBHC mental health agency list, 2023-24

County	SBHC school name	Medical sponsor
Baker*	Baker High School	New Directions
Benton*	Lincoln Elementary School	Community Health Centers of Benton and Linn Counties
Benton*	Monroe Grade School	Community Health Centers of Benton and Linn Counties
Clackamas*	Adrienne C Nelson High School	Clackamas County Health Centers
Clackamas*	Clackamas High School	Clackamas County Health Centers
Clackamas*	Estacada High School	Orchid Health, Trillium Family Services
Clackamas*	Milwaukie High School	Outside In, Trillium Family Services
Clackamas*	Oregon City High School	Clackamas County Health Centers
Clackamas*	Rex Putnam High School	Clackamas County Health Centers, Trillium Family Services
Clackamas*	Sandy High School	Orchid Health
Clatsop	Jewell School	Columbia Health Services
Columbia*	Clatskanie MS/HS	Columbia Health Services
Columbia*	Lewis & Clark Elementary School	Columbia Health Services
Columbia*	Rainier Jr/Sr High School	Columbia Health Services
Columbia*	St. Helens High School	Columbia Health Services
Coos*	Marshfield High School	Waterfall Community Health Center
Crook*	Steins Pillar Elementary School	BestCare Treatment Services, Mosaic Community Health
Curry	Brookings-Harbor High School	Coast Community Health Center
Curry	Gold Beach High School	Coast Community Health Center
Deschutes*	Bend Senior High School	Deschutes County Behavioral Health, Mosaic Community Health
Deschutes*	LaPine K-12 School	Deschutes County Behavioral Health
Deschutes*	M.A. Lynch Elementary School	Deschutes County Behavioral Health, Mosaic Community Health
Deschutes*	Mountain View High School	Deschutes County Behavioral Health, Mosaic Community Health
Deschutes*	Redmond High School	Deschutes County Behavioral Health, Mosaic Community Health
Deschutes*	Sisters High School	Deschutes County Behavioral Health
Douglas*	Roseburg High School	Adapt Integrated Health Care
Grant*	Grant-Union Jr/Sr High School	Community Counseling Solutions
Hood River*	Hood River Valley High School	One Community Health
Jackson*	Ashland High School	La Clinica
Jackson*	Butte Falls Charter School	Rogue Community Health
Jackson*	Crater High School	La Clinica
Jackson*	Eagle Point High School	Rogue Community Health
Jackson*	Hanby Middle School	La Clinica
Jackson*	Jackson Elementary School	La Clinica
Jackson*	Jewett Elementary School	La Clinica
Jackson*	Oak Grove Elementary School	La Clinica
Jackson*	Phoenix Elementary School	La Clinica

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* The medical sponsor or mental health agency receives Mental Health Expansion Grant (MHEG) funding. Agencies may distribute MHEG funding throughout their SBHCs as needed so not all SBHCs listed here necessarily receive MHEG funding.

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County	SBHC school name	Medical sponsor
Jackson*	Scenic Middle School	La Clinica
Jackson*	Table Rock Elementary School	Rogue Community Health
Jackson*	Washington Elementary School	La Clinica
Jackson*	White Mountain Middle School	Rogue Community Health
Jefferson*	Madras High School	Mosaic Community Health
Josephine*	Evergreen Elementary School	Options of Southern Oregon
Josephine*	Grants Pass High School	Options of Southern Oregon
Josephine*	Illinois Valley High School	Options of Southern Oregon
Josephine*	Lorna Byrne Middle School	Options of Southern Oregon
Josephine*	North Valley High School	Options of Southern Oregon
Klamath*	Gilchrist School	Deschutes County Behavioral Health
Lane*	Cascade Middle School	Bethel Health Center
Lane*	Churchill High School	Lane County Behavioral Health
Lane*	Elmira High School	Orchid Health
Lane*	North Eugene High School	Lane County Behavioral Health
Lane*	Springfield High School*	Lane County Behavioral Health
Lincoln*	Newport High School*	Lincoln County Health & Human Services
Lincoln*	Taft High School	Lincoln County Health & Human Services
Lincoln*	Toledo Jr/Sr High School	Lincoln County Health & Human Services
Lincoln*	Waldport K-12 Campus	Lincoln County Health & Human Services
Marion*	Chemawa Indian School	Indian Health Services
Morrow*	Ione Community Charter School	Community Counseling Solutions
Multnomah	Benson High School	Multnomah County Health Department
Multnomah*	Centennial High School	Multnomah County Health Department
Multnomah*	Cleveland High School	Multnomah County Health Department
Multnomah*	David Douglas High School	Multnomah County Health Department
Multnomah*	Franklin High School	Multnomah County Health Department
Multnomah*	Jefferson High School	Multnomah County Health Department
Multnomah*	McDaniel High School	Multnomah County Health Department
Multnomah*	Parkrose High School	Multnomah County Health Department
Multnomah*	Reynolds High School	Multnomah County Health Department
Multnomah*	Roosevelt High School	Multnomah County Health Department
Polk*	Central High School	Polk County Behavioral Health
Tillamook*	Neah-Kah-Nie High School	Nehalem Bay Health Center
Umatilla*	Pendleton High School	Community Counseling Solutions

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Umatilla*	Sunridge Middle School	Community Counseling Solutions
Union*	La Grande High School	Center for Human Development, Inc.
Union*	Union SD	Center for Human Development, Inc.
Washington*	Beaverton High School	Lifeworks NW
Washington*	Century High School	Lifeworks NW
Washington*	Forest Grove High School	Lifeworks NW
Washington*	Merlo Station High School	Neighborhood Health Center
Washington*	Tigard High School	Lifeworks NW
Washington*	Tualatin High School	Neighborhood Health Center, Morrison Child & Family Services
Wheeler*	Mitchell School	Community Counseling Solutions
Yamhill*	McMinnville High School	Yamhill County Family and Youth Services
Yamhill	Newberg High School	Providence Health & Services
Yamhill*	Willamina K-12 Campus	Yamhill County Family and Youth Services

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PUBLIC HEALTH DIVISION
School-Based Health Center Program
800 NE Oregon St., Suite 805
Portland, OR 97232
503-798-2852
SBHC.program@odhsoha.oregon.gov

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