

# Mobile Response and Stabilization Services

Mobile Response and Stabilization Services (MRSS) provide support to youth and their families in situations of stress or crisis, and stay involved until supports are in place.



01

## Call or text 988

Youth, family, or community contacts 988 for support.



02

## Discuss

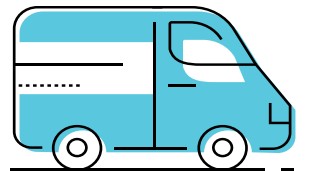
Some concerns may be solved by phone. Youth and family decide what they think would help most.



03

## Mobile Team

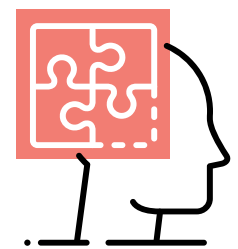
If requested, a trained team of two people will be sent for in-person support. The team can provide assessment, screening, safety planning, and decide next steps.



04

## Stabilization

The team can stay involved for up to 8 weeks to ensure stability and connection to community resources.



For more information, scan QR code or call 988

Oregon  
**Health**  
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**988** SUICIDE & CRISIS  
LIFELINE

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