

Your OHP benefits work better together when you are in one CCO:

-  **24-hour emergency care**
-  **Addiction treatment**, to help you quit and get support
-  **Dental care**, such as check-ups, x-rays, fillings, dentures
-  **Durable medical equipment**, for some services not covered by Medicare
-  **Hearing aids** and hearing aid exams
-  **Medical care**, such as doctor visits, shots, lab and x-rays
-  **Mental health care**, such as counseling services
-  **Rides** to get covered health care services
-  **Some drugs** that Medicare Part D does not cover
-  **Vision services** for some medical conditions such as post-cataract surgery
-  **Other care**, such as hospice, home health, hospital care and skilled therapy

Learn more about your OHP benefits at OHP.Oregon.gov.



You can get this document in other languages, large print, braille or a format you prefer. Contact the Oregon Health Plan (OHP) at 1-800-273-0557. We accept all relay calls or you can dial 711 for TTY.

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Do you have the Oregon Health Plan and Medicare?



OHP and Medicare can work together for your health.

Medicare is your main source of health coverage. But the Oregon Health Plan (OHP) covers things that Medicare doesn't, such as dental care, some prescriptions and rides to health care appointments.

You can sign up for one coordinated care organization (CCO) to take care of your OHP medical, dental and mental health services. You don't have to sign up for a CCO, but if you do, it helps your providers work together for your health.

CCOs bring care together with a focus on you.



What is a coordinated care organization (CCO)?



In Oregon, we have coordinated care organizations, or CCOs.

A CCO takes care of **all your OHP** medical, dental and mental health care.

This can make it simpler for you.

- Just call your CCO when you have any type of question. You have **one place to call** for help.
- When all OHP services come through your CCO, your providers can get all your OHP services approved and paid in one place.



- **Everyone works together to give you the best possible health care.** They can share information so that no matter what type of provider you see — for example, a counselor, a doctor, a dentist or a hospital — your CCO knows your health care needs.



- **One-on-one help guides you to the care you need.** CCO care helpers can assist you on the phone or in person. They will answer your questions, help set up appointments and guide you through getting the care you need.



- **Added services help you stay healthy.** CCOs can offer other services. For example, some CCOs offer wellness programs to help you stay active and make healthy eating habits a part of your daily life.



- **Improving your health is important!** CCOs work with you to get the care you need to improve your health. CCOs also help you manage long-term conditions, such as diabetes and high blood pressure.



Sound good? Sign up today. It's easy.

To sign up:

- Contact your local Aging and People with Disabilities (APD) or Area Agency on Aging (AAA) office, or contact your case worker.
- Ask how to get all your OHP benefits through one CCO.



OHP members with Medicare can join a CCO at any time.

- You may already get your OHP dental or mental health care through a CCO. You can sign up to get your OHP medical care through that CCO too.
- You can also choose to get all OHP services through a different CCO, if there is one in your area.

OHP and Medicare can work better together.

You can also ask your local AAA/APD office about other ways to help your OHP and Medicare benefits work better together.

Find a list of local offices at www.oregon.gov/DHS/Offices/Pages/Seniors-Disabilities.aspx.