



Telehealth: Visit your doctor without leaving home



What is telehealth?

Telehealth, sometimes called telemedicine, is a way to visit your doctor over video, phone, text, or email.



I don't speak English; can I still use telehealth?

Yes! All doctors can use interpreter services. All doctors who take Medicaid (Oregon Health Plan) **must** provide a free interpreter.



I am Deaf or hard of hearing; can I still use telehealth?

Yes! Most doctors must provide a free American Sign Language (ASL) interpreter.



Do I need special technology to use telehealth?

Maybe. Ask your doctor's office what you need.



What kinds of services can I get with telehealth?

All kinds of services. Call or email your doctor's office to find out what they offer.

You can get this document free of charge in other languages, large print, braille or a format you prefer. Contact Mavel Morales at 1-844-882-7889, 711 TTY or OHA.ADAModifications@dhsosha.state.or.us.