

# Clean hands save lives



## Wash your hands.

Use soap and water for at least 20 seconds.



## Can't wash? Use hand sanitizer.

Use hand sanitizer made with at least 60-95% alcohol content.

**Document accessibility:** For individuals with disabilities or individuals who speak a language other than English, OHA can provide information in alternate formats such as translations, large print, or braille. Contact the Health Information Center at 1-971-673-2411, 711 TTY or [COVID19.LanguageAccess@dhsosha.state.or.us](mailto:COVID19.LanguageAccess@dhsosha.state.or.us)