Below are answers to frequently asked questions about the Oregon Health Authority’s (OHA) Statewide Reopening Guidance – K-12 School Sports, Limited Return to Play (K-12 School Sports, Limited Return to Play Guidance). OHA provides these FAQs to help the public understand the guidance, to respond to stakeholder questions, and to clarify how the guidance may apply in specific scenarios. These FAQs may be intermittently updated. The FAQ is not intended to take the place of the guidance but rather to interpret, supplement, and help fill in the details of the guidance.

Q1: Are masks required for both indoor and outdoor activities or only required if you can’t stay six (6) feet apart?

A1: Leagues, coaches, players and trainers are required to wear a mask, face covering or face shield, when participating in a sport indoors. Leagues, coaches, players and trainers are required to wear a mask, face covering or face shield, when participating in an outdoor sport when six (6) feet of distance cannot be maintained.

Q2: Are there any exceptions to the mask/face covering requirements for student-athletes who have pre-existing medical conditions?

A2: No. There are limited times when you do not have to wear a mask, face shield or face covering at a location covered by the statewide guidance, including when engaged in an activity that makes wearing a mask, face shield or face covering not feasible, such as when swimming. Schools and school districts should work with their legal counsel to ensure they are complying with the Americans with Disabilities Act and the Individuals with Disabilities Education Act, and otherwise applicable laws.

Q3: Are the county phase guidelines applicable in the K-12 School Sports Guidance?

A3: The K-12 School Sports, Limited Return to Play Guidance is statewide guidance and is for all counties no matter which phase a county is in. The Recreational Sports Guidance is for counties in Phase Two only.

Q4: Do schools need to adhere to the Oregon Department of Education’s Ready Schools, Safe Learners cohort guidelines when it comes to school athletics?

A4: Schools athletics should follow the gathering capacity limits stated in the K-12 School Sports, Limited Return to Play Guidance.
Q5: What is meant by “some version of in-person learning”?

A5: For the purposes of the K-12 School Sports, Limited Return to Play Guidance, some version of in-person learning refers to either on-site or a hybrid version of on-site and distance learning for students.

Q6: Are school full contact team sports allowed to train, condition and practice as long as players do not have any physical contact?

A6: Yes, training and conditioning is allowed as long as players do not have full contact between one another.

Q7: Are multiple sporting events allowed at one sports complex at the same time?

A7: Yes. Complex operators must comply with the guidance for multiple sporting events that is in the K-12 School Sports, Limited Return to Play Guidance.

Q8: What is required for having another sporting event in the same facility as one that has just taken place? Is a 2-hour break required, for example, or are there cleaning requirements?

A8: There is no break required between sporting events; however, sports complex operators must ensure that high-traffic areas such as entrances, exits, check-in tables, restrooms and concession areas, are cleaned and sanitized between games and events.

Q9: Who makes sure that K-12 sports, club sports and youth sports are complying with the guidance, including complying with the prohibition on full contact sports? How do I report a violation?

A9: Complaints about violations of the Governor’s Executive Order 20-27 and Oregon Health Authority Guidance can be directed to the Oregon Occupational Safety and Health (OR-OSHA) or to the Oregon Health Authority at covid19.reopening@dhsoha.state.or.us.

Q10: Why are students allowed to practice and/or compete when students are not back in the classroom?

A10: It is important to continue to encourage students to engage in physical activities for their psychological, emotional, physical and mental well-being. Allowing a small cohort to engage in sporting activities decreases the risk of spreading the coronavirus while fostering/nurturing athletics.

Document accessibility: For individuals with disabilities or individuals who speak a language other than English, OHA can provide information in alternate formats such as translations, large print, or braille. Contact Mavel Morales at 1-844-882-7889, 711 TTY or OHA.ADAModifications@dhsoha.state.or.us.