

# Symptom Screening Checklist for Non-Health Care Staff

## 1 Have you:

- Been in close contact (within 6 feet for at least 15 minutes) in the last 14 days with someone diagnosed with COVID-19, or
- Had a health department contact you and, if so, are you still within your quarantine period?

**Yes**

You should not be at work. You can return to work 14 days after the last time you had close contact with someone with COVID-19, if you are well.

**No**

You can work if you do not have symptoms.

## 2 Since you last worked, have you had any of these symptoms?

- |                                 |  |  |                                      |
|---------------------------------|--|--|--------------------------------------|
| <input type="checkbox"/> Fever  | <input type="checkbox"/> Shortness of breath or difficulty breathing | <input type="checkbox"/> New loss of sense of taste or smell | <input type="checkbox"/> Sore throat |
| <input type="checkbox"/> Chills | <input type="checkbox"/> New cough                                   | <input type="checkbox"/> Muscle pain                         |                                      |

If you have any of these symptoms, you should go home, stay away from other people and call your health care provider.

## 3 If you have been diagnosed with COVID-19 you can return to work when you can answer yes to all three of these questions:

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Has it been at least 10 days since you first had symptoms? | <input type="checkbox"/> Has it been at least 24 hours since you've had a fever (without using fever reducing medicine)? | <input type="checkbox"/> Have your other symptoms improved? |
|---|--|---|

## If you have had a negative COVID-19 test, answer these questions:

Have you been exposed to someone who has COVID-19?

**Yes**

- You should not work unless you can answer **yes** to **all three** of these questions:
  - » Has it been at least 10 days since you first had symptoms?
  - » Has it been at least 24 hours since you've had a fever (without using fever reducing medicine)?
  - » Have your other symptoms improved?

**No**

- You can work if you are not experiencing symptoms.
- If you have symptoms, you can not work until 24 hours after the symptoms have resolved.