

Symptom Screening Checklist for Non-Health Care Staff

1 Have you been diagnosed with COVID-19?

<input type="checkbox"/> Yes	<p>You should not work outside your home unless you can answer “Yes” to all three statements:</p> <ul style="list-style-type: none">• It has been 10 days since the date of your positive test, or since you first had symptoms (whichever is earlier)• It has been 24 hours since you’ve had a fever (without the use of fever-reducing medication)• Your other symptoms are improving.
<input type="checkbox"/> No	Go to question 2.

2 Have you had close contact (within 6 feet for at least 15 minutes) in the last 14 days with someone diagnosed with COVID-19?

OR

Have you traveled outside of the state for non-essential reasons in the last 14 days?

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|-------------------------------------|-----------------------------------------------------------------------|
| <input type="checkbox"/> Yes | <ul style="list-style-type: none">• Go to question 3. |
| <input type="checkbox"/> No | <ul style="list-style-type: none">• Skip to question 4. |

3 Has it been at least 2 weeks since you've completed all required doses for a COVID-19 vaccine?

OR

Have you had COVID-19 in the last 90 days?

<input type="checkbox"/> Yes	<ul style="list-style-type: none">• Go to question 4.
<input type="checkbox"/> No	<p>You should not return to work until you have completed one of the following quarantine options:</p> <ul style="list-style-type: none">• At least 14 days since your last contact, or• At least 10 days* since your last contact if you have not had any symptoms, or• At least seven days* since your last contact if you have not had any symptoms, and you have had a negative result from a polymerase chain reaction (PCR) or antigen test in the 48 hours before you end quarantine.

* If your local public health authority recommends one of these options, please follow their recommendation.

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In the last 24 hours, have you had any of the following symptoms?

- Fever
- Chills
- Shortness of breath or difficulty breathing
- Cough
- Loss of taste or smell
- Sore throat
- Fatigue
- Muscle or body aches
- Headache
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

<input type="checkbox"/> Yes	<p>If you have any of these symptoms, you should go home, avoid contact with others and call your health care provider or county health department to discuss testing.</p> <p>You can return to work when at least 24 hours have passed since you've had a fever (without the use of fever-reducing medication) and your symptoms are improving.</p>
<input type="checkbox"/> No	You can go to work outside your home.

Document accessibility: For individuals with disabilities or individuals who speak a language other than English, OHA can provide information in alternate formats such as translations, large print, or braille. Contact the Health Information Center at 1-971-673-2411, 711 TTY or COVID19.LanguageAccess@dhsosha.state.or.us.