



Aug 12, 2020

Oregon Law Enforcement and Public Safety Officers

Law Enforcement Healthcare Exposure, Work Exclusion Guidance Work Exclusion Determinations

In the context of sustained community transmission of COVID-19, all Law-Enforcement Officers (LEO) should self-monitor for illness consistent with COVID-19 and should be screened for fever and symptoms prior to each shift.

- HCP should be excluded from the workplace if they test positive via a COVID-19 viral (nucleic acid or antigen) test or have any of the following symptoms:
 - ◆ Measured temperature >100.0° F or subjective fever
 - ◆ Cough
 - ◆ Shortness of breath
 - ◆ Diarrhea

If any of these signs or symptoms develop, the LEO should not come to work and should notify supervisors and occupational health. If symptoms develop at work, they must withdraw from public interaction immediately, don a facemask (if not already wearing), and notify their supervisor or occupational health services prior to leaving work.

Exclusion of LEO based on exposure

Agencies should exclude or furlough any asymptomatic LEO who has a high-risk exposure, defined as spending more than a cumulative 15 minutes over a period of 24 hours less than 6 feet away from one or more individuals with COVID-19 (within 14 days since last exposure). For example, 10-minute interactions with 2 individuals in a 24-hour period equals a 20-minute cumulative exposure.

The following list describes examples of contact that would be considered high-risk exposures:

- Apprehending or having close physical contact without required PPE (mask, eye protection, gown or other barrier protection such as coveralls, *and* gloves).
- Being in a closed space such as a patrol car without a facemask *and* eye protection
- Being in a closed space such as the back of an ambulance while aerosol-generating procedures* are performed without all elements of full PPE requirements (respirator, eye protection, gown, and gloves).

- If unable to wear a disposable gown or coveralls because it limits access to duty belt and gear, ensure duty belt and gear are disinfected after contact with individual.

In a crisis scenario, the usual standard of care requiring furlough for exposed LEO may not be feasible due to critical LEO staffing shortages. If, despite all other available accommodations (use reserves, mutual aid, hiring from staffing agencies, etc.), available staffing is insufficient to provide needed duties, agencies shall consult with LPHA to determine whether asymptomatic exposed LEO could work during their quarantine period.

LEO education

The following are topic areas to guide education for LEO regarding COVID-19 exposure and symptom monitoring:

- **Provide LEO resources for self-care.** LEOs face tremendous challenges during a crisis like the COVID-19 pandemic. A recent [study](#) documented high levels of depression, anxiety and insomnia among health care professionals potentially exposed to COVID-19. Educate LEO about mental health and self-care resources. Examples:
 - ♦ [CDC guidance for stress and coping](#)
 - ♦ [Disaster distress helpline](#)
 - ♦ [American Medical Association managing mental health during COVID-19](#)
 - ♦ [American Psychiatric Nurses Association guidance for managing stress and self-care](#)
- **Educate all LEOs about the need to self-monitor for symptoms.** Given the potential for community-based exposures or unrecognized occupational exposures, all LEO should be instructed to monitor for fever and other symptoms of COVID-19.
- **Develop plan for what the LEO will do if they become symptomatic:** Points of contact should be established for LEOs if they become ill. Educate LEO to self-isolate in their homes should they become symptomatic. Provide instructions for testing.
- **Discuss why these steps are being taken:** If work exclusion is necessary, use non-punitive language to convey why work exclusions are essential to prevent infection.
- **Discuss when it would be appropriate to return to work.** See “LEO Return-to-Work Considerations” section.

LEO return-to-work considerations

OHA has adopted CDC Return-to-Work guidance for LEO with suspect or confirmed COVID, available [here](#). Except for rare situations, a test-based strategy is no longer recommended to determine when to allow workers to return to work. LEOs who have been sick with COVID-19, by positive test or by clinical diagnosis, may return to work after they isolate for 10 days after symptom onset and 24 hours after symptoms have improved and fever has resolved (without the use of fever-reducing medications).

Key practices for LEOs returning to work include:

- Wear a facemask for source control, especially when LEO cannot maintain six feet from the public and other employees.
- Adhere to hand hygiene, respiratory hygiene and cough etiquette in CDC's interim infection control guidance (e.g., cover nose and mouth when coughing or sneezing, dispose of tissues in waste receptacles)
- Self-monitor for symptoms and seek re-evaluation from occupational health or healthcare provider if respiratory symptoms recur or worsen.

Managing PPE supply issues

See: [Use of Personal Protective Equipment by Healthcare Personnel in Resource-Constrained Settings](#)

Please contact us with any questions or visit healthoregon.org/coronavirus.

Appendix I

Aerosol-generating procedures* include, but are not limited to:

- Intubation, extubation and related procedures such as manual ventilation (BVM) and open suctioning
- Tracheotomy and tracheostomy procedures (insertion, open suctioning, removal)
- Non-invasive ventilation (NIV) such as bi-level positive airway pressure (BiPAP) and continuous positive airway pressure ventilation (CPAP)
- High-flow nasal oxygen (HFNO), also called high-flow nasal cannula
- Induction of sputum
- Medication administration via continuous nebulizer

*Note: this list is not exhaustive. Please discuss activities not described with your infection preventionist.

Appendix II

Local Public Health Authority Contact Numbers



LOCAL PUBLIC HEALTH AUTHORITY NUMBERS IN OREGON

(updated Feb 2020)

County	General	CD Nurse	CD Fax	Env Health	Animal Bites	After Hours CD
Baker	541-523-8211	General	541-523-8242	General	General	541-523-6415
Benton	541-766-6835	General	541-766-6197	541-766-6841	EH	541-766-6835
Clackamas	503-655-8411	503-655-8411	503-742-5389	503-655-8411	CD	503-655-8411
Clatsop	503-325-8500	General	503-325-8678	General	General	503-791-6646
Columbia	503-397-7247	971-757-4003	503-893-3121	503-397-7247	EH	503-397-7247
				Env Health & Animal Bite Fax 888-204-8568		
Coos	541-266-6700	541-266-6700	541-888-8726	541-266-6720	541-266-6720	541-266-6700
Crook	541-447-5165	General	541-447-3093	541-447-8155	General	541-447-5165
Curry	541-425-7545	541-373-8118	541-425-5557	541-251-7074	EH	541-425-7545
Deschutes	541-322-7400	541-322-7418	541-322-7618	541-388-6566	EH	541-322-7400
Douglas	541-440-3571	541-440-3684	541-464-3914	541-317-3114	EH	541-440-3571
Gilliam*	541-506-2600	General	541-506-2601	541-506-2603	General	541-506-2600
Grant	541-575-0429	General	541-575-3604	General	General	541-575-0429
Harney	541-573-2271	541-573-2271	541-573-8388	541-575-0429	EH	541-573-2271
Hood River	541-386-1115	541-387-7110	541-386-9181	541-387-6885	541-387-7110	541-386-1115
Jackson	541-774-8209	General	541-774-7954	541-774-8206	General	541-774-8209
Jefferson	541-475-4456	General	541-475-0132	General	General	541-475-4456
Josephine	541-474-5325	General	541-474-5353	General	General	541-474-5325
Klamath	541-882-8846	541-882-8846	541-850-5392	541-882-8846	General	541-891-2015
Lake	541-947-6045	General	541-947-4563	General	General	541-947-6045
Lane	541-682-4041	General	541-682-2455	541-682-4480	EH	541-682-4041
Lincoln	541-265-4112	General	541-265-4191	541-265-4127	EH	541-265-4112
Linn	541-967-3888	541-967-3888 x2488	541-924-6911	541-967-3821	EH	541-967-3888
Malheur	541-889-7279	541-889-7279	541-889-8468	541-473-5186	EH	541-889-7279
Marion	503-588-5342	503-588-5621	503-566-2920	503-588-5346	EH	503-588-5342
Morrow	541-676-5421	General	541-676-5652	541-278-6394	General	541-676-5421
Multnomah	503-988-3674	503-988-3406	503-988-3407	503-988-3400	CD	503-988-3406
Polk	503-623-8175	General	503-831-3499	503-623-9237 x1442	EH	503-932-4686
Sherman*	541-506-2600	General	541-506-2601	541-506-2603	General	541-506-2600
Tillamook	503-842-3900	503-842-3912	503-842-3983	503-842-3902	EH	503-842-3900
Umatilla	541-278-5432	General	541-278-5433	General	General	541-314-1634
Union	541-962-8800	541-910-7209	541-963-0520	General	541-910-7209	541-962-8800
Wallowa	971-673-1111	971-673-1111	971-673-1100	971-673-0440	541-426-3131	971-673-1111
Wasco*	541-506-2600	General	541-506-2601	971-673-0440	General	541-506-2600
Washington	503-846-3594	503-846-3594	503-846-3644	503-846-8722	503-846-3594	503-412-2442
Wheeler	541-763-2725	General	541-763-2850	General	General	541-763-2725
Yamhill	503-434-7525	503-434-4715	503-434-7549	General	CD	503-434-7525

*operated jointly as North Central Public Health District

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