



# Things to know this week

- 1** Myocarditis is an inflammation of the heart muscle and surrounding tissue. Pericarditis is an inflammation of the lining around the heart.
- 2** They may be rare side effects following mRNA vaccination affecting a small number of people.
- 3** Myocarditis and pericarditis are more likely to occur from a COVID-19 infection than from an mRNA vaccination.
- 4** For young people who develop myocarditis, most cases resolve quickly.
- 5** Vaccination is still the safest and most effective way to protect yourself and your loved ones from COVID-19.

June 28, 2021