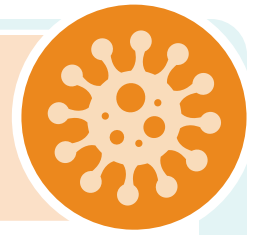


COVID-19 vaccine side effects



After getting a COVID-19 vaccine, you might have side effects. This often means the vaccine is working to keep your body healthy. If you feel okay going about your day, that's okay too! The vaccine is still working, even if you don't have side effects.



Side effects



Sore arm



Tiredness



Headache



Fever or Chills (less common)



Muscle aches
or soreness



Trouble breathing

What to do about it?



Move your arm!
Apply an ice pack.



Rest when needed.



Take it easy, take pain reliever.
If fever is 102° or higher, call a
doctor for advice.



Take a pain reliever if needed.
You can also use a heat pack
or ice pack.



Call 911 for help.

Most of these side effects should go away in a few days.



covidvaccine.oregon.gov



Text ORCOVID to 898211



Call 211